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FOR IMMEDIATE RELEASE

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Gold Award Girl Scout Receives Rare Medal of Honor, Takes Actions to Save Classmate's Life
Four Girl Scouts from San Diego and Imperial counties have earned this prestigious honor in the last decade.

San Diego, CA — On Wednesday, Aug. 7, **Girl Scouts San Diego** (GSSD) honored **Gold Award Girl Scout** Angela King (grade 12) with the prestigious Medal of Honor for her courage and action during an emergency on an 8th grade class trip.

When her classmate experienced a choking incident in the airport, Angela initiated the Heimlich maneuver to dislodge the food from the girl's throat. Having learned first aid skills in school and through hands-on trainings offered in Girl Scouts, Angela was the first person to take action that day while fellow students and adults stood by. Angela's efforts successfully saved her classmate's life.

"It is an honor to receive this award, but I don't do anything for validation," said Angela. "It's empowering to have these skills because I know I'll be equipped and prepared for anything that could happen, and I don't have to be scared. I hope this can inspire others to know that helping people is never something to take for granted. When you have the chance to help someone, always take the opportunity, even if you don't get the Medal of Honor."

The rare Girl Scouts of the USA Medal of Honor—one of the highest honors in Girl Scouting—is presented to young leaders who have shown heroism and sound judgment in an emergency to save a life without risk to their own life. **Angela is one of only fifteen Girl Scouts nationwide to be awarded this honor so far in 2024 and the fourth from San Diego and Imperial counties in the last decade.**

"Angela's responsible and courageous actions in a moment of crisis highlight the core values that we strive to instill in all our members," said Carol Dedrich, CEO of Girl Scouts San Diego. "We are proud to honor Angela with this award, celebrating her heroic deed and her ongoing commitment to making a positive impact in her community. Her story serves as a powerful example of how Girl Scouts prepares girls to lead, and a reminder of the difference one person can make."

To learn more about Girl Scouts San Diego and its leadership programs, visit sdgirlscouts.org.

About Girl Scouts San Diego

Girl Scouts of the USA is the nation's preeminent leadership development organization for girls, with a mission of building girls of courage, confidence, and character, who make the world a better place. As one of 111 councils, **Girl Scouts San Diego** provides year-round activities and volunteer training for more than 24,000 girls and adults in San Diego and Imperial counties.

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