



# Basic Backpacking Course



## Grades 7-12 and Adults\*

\*Adults must complete a Live Scan and a background check before the trip.

## Upcoming Courses

### PCT Eagle Rock

Trip Dates: April 11-12, 2026  
Instructor: Val Ross  
Class\*: March 21, 8:15 a.m.-5 p.m.  
Hike: March 22, 8:30 a.m.-3:30 p.m.  
Meeting\*: March 25, 6:30-9 p.m.  
Pack Check\*: April 8, 6-9 p.m.

### Granite Springs

Trip Dates: May 2-3, 2026  
Instructor: Lisa Sanchez  
Class\*: April 18, 8:15 a.m.-4:30 p.m.  
Hike: April 19, 8:30 a.m.-2 p.m.  
Meeting\*: April 23, 6:30-9 p.m.  
Pack Check\*: April 28, 5-9 p.m.

### Calexico - San Jacinto

Trip Dates: June 27-28, 2026  
Instructor: Anna Iadevaia  
Class: June 6 in Calexico  
Class: June 13 in Dyer Springs  
Pack Check: June 20, 6-9 p.m.

### Location TBD

Trip Dates: May 30-31, 2026  
Instructor: Marilyn Sedlund  
Class\*: May 9, 8 a.m.-noon  
Hike: May 16, 8 a.m.-noon, Mission Trails  
Pack Check\*: May 25, 5 p.m.-9 p.m.

The second part of our three-step wilderness progression, designed for individuals, teaches everything you need to know to begin a multi-night outdoor adventure. Gain the knowledge you'll need to make important decisions about gear, clothing, and trip planning, then hit the trail to practice and hone your skills.

**Cost:** Registration is \$40/individual and covers insurance and permits. Backpackers also need to contribute toward transportation, food, and equipment rental/purchase expenses.

**Prerequisite:** Successful completion of Girl Scouts San Diego's Wilderness Hiking Course.

**Meetings:** Pre-trip planning meetings include any shown plus other dates TBD.

**Class and day hike:** Participants must complete all segments of training (class, day hike, pre-trip meeting, pack checks, and the trip) to earn Basic Backpacking credit.

\*Classes, meetings, and pack checks at Balboa Campus

Scan the QR code to register or visit [sdgirlscouts.org/events](https://sdgirlscouts.org/events).  
Please register at least one month before course.

Questions? Contact Kelly Matias at 619-610-0831 or [kmatias@sdgirlscouts.org](mailto:kmatias@sdgirlscouts.org)

