



Advanced Backpacking Course



Grades 8-12 and Adults*

*Adults must complete a Live Scan and a background check before the trip.

Upcoming Courses

Location TBD

Trip Dates: July 6-12, 2026
Instructor: Lisa Sanchez
Meeting: TBD
Hike: TBD
Pack Check: TBD

Aloha Lake

Trip Dates: July 20-26, 2026
Instructor: Marilyn Sedlund, Myra Callen
Meeting: TBD
Hike: TBD
Pack Check: TBD

Mt. Whitney

Trip Dates: July 29-Aug. 8, 2026
Instructor: Val Ross
Meeting: Feb. 5, 2026, 7-9 p.m.
Hike: TBD
Pack Check: April 14, 2026 7-9 p.m.
Shakedown: June 12-14, 2026
Pack Check: July 27, 2026 7-9 p.m.

Explore the wonders of the wilds with the third step in our wilderness training. This program, designed for individuals, safely takes Girl Scouts and adults on unforgettable adventures. Enjoy the majesty of nature, along with the camaraderie of fellow backpacking enthusiasts while building higher-level skills. As an advanced backpacker, take an active role in the trip planning process, making decisions as a group and mapping out your adventures.

Cost: Registration is \$40/individual and covers insurance and permits. Backpackers also need to contribute toward transportation, food, and equipment rental/purchase expenses. Financial assistance is available.

Prerequisite: Successful completion of Girl Scouts San Diego's Wilderness Hiking Course and Basic Backpacking Course.

Meetings: Pre-trip planning meetings include any shown plus other dates TBD. For the safety of everyone, all participants must attend all pre-trip dates and complete First Aid and CPR Training in order to attend the trip.

Scan the QR code to register or visit sdgirlscouts.org/events.
Please register at least one month before course.

Questions? Contact Kelly Matias at 619-610-0831 or kmatias@sdgirlscouts.org

