



Wilderness Hiking Course



Grades 6–12 and Adults Upcoming Courses

Class at Balboa Campus Hike at Mission Trails

Saturday, Oct. 5, 2024

Instructor: Myra Callen

Saturday, Oct. 26, 2024

Instructor: Anna Iadevaia

Sunday, Nov. 3, 2024

Instructor: Josie Burye

Sunday, Nov. 10, 2024

Instructor: Stacey Jaramillo

Sunday, Dec. 8, 2024

Instructor: Kevin Hill

Saturday, Feb. 8, 2025

Instructor: Lisa Sanchez

Sunday, Mar. 9, 2025

Instructor: Val Ross

Take the first step in your wilderness adventure! Designed for individuals, our three-step progression safely takes Girl Scouts and adults out of the campground and into the woods. Wilderness Hiking covers outdoor skills and knowledge and is a prerequisite for the Basic Backpacking course and Advanced Backpacking trips. Spend your morning in the classroom and your afternoon on the trail learning about safety, proper gear and equipment, the Leave No Trace ethic, and building independence in Girl Scouts. This class lays a strong foundation for more extraordinary adventures.

Cost: Registration is \$35/individual and includes course materials and a “10 Essentials” starter kit. Refunds are available only when Girl Scouts San Diego cancels event. Financial assistance is available.

Meetings: There is a classroom portion at the Balboa Campus, and then we move to Mission Trails for a short hike. Total time of course is roughly eight hours.

To register, visit sdgirlscouts.org/events and use the search term “backpacking.” Please register at least one month before course.

Questions? Contact Kelly Nelson at 619-610-0831 or knelson@sdgirlscouts.org



Basic Backpacking Course

Grades 7-12 and Adults Upcoming Courses

Anza Borrego

Trip Dates: Feb 15-16, 2025
Instructor: Anna Iadevaia
Class: Jan. 11, 2025, Calexico
Hike: Jan. 25, 2025, Culp Valley
Pack Check: Feb. 1, 2025, TBD

Aqua Caliente Creek on the PCT

Trip Dates: Feb. 22-23, 2025
Instructor: Josie Burye
Class*: Feb. 1, 2025, 8:30 a.m.-4:30 p.m.
Hike: Feb. 2, 2025, 8 a.m.-1 p.m., Blue Sky
Meeting*: Feb. 9, 2025, 3-5 p.m.
Pack Check*: Feb. 19, 2025, 5-9 p.m.

Lake Morena County Park to Boulder Oaks

Trip Dates: Mar. 29-30, 2025
Instructor: Marilyn Sedlund
Class*: Mar. 8, 2025, 8 a.m.-5 p.m.
Hike: Mar. 9, 2025, 9:30 a.m.-1:30 p.m.,
Black Mountain Via Miners Ridge Loop
Meeting*: Mar. 13, 2025, 7-8:30 p.m.
Pack Check*: Mar. 25, 2025, 6-8:30 p.m.

Eagle Rock

Trip Dates: Apr. 26-27, 2025
Instructor: Val Ross and Kevin Hill
Class*: Apr. 5, 2025 8 a.m.-5 p.m.
Hike: Apr. 6, 2025, 8:30 a.m.-3:30 p.m.,
Mt. Laguna,
Meeting*: Apr. 10, 2025, 6:30-9 p.m.
Pack Check*: Apr. 23, 2025, 6-9 p.m.
Pack Check*: Apr. 24, 2025, 6-9 p.m.

Granite Springs

Trip Dates: May 3-4, 2025
Instructor: Lisa Sanchez
Class*: Apr. 12, 2025, 8 a.m.-5p.m.
Hike: Apr. 13, 2025, Hollenbeck
Meeting*: Apr. 24, 2025, 6-9 p.m.
Pack Check*: Apr. 30, 2025, 6-9 p.m.

*Classes, meetings, and pack checks at Balboa Campus



The second part of our three-step wilderness progression, designed for individuals, teaches everything you need to know to begin a multi-night outdoor adventure. Gain the knowledge you'll need to make important decisions about gear, clothing, and trip planning, then hit the trail to practice and hone your skills.

Cost: Registration is \$40/individual and covers insurance and permits. Backpackers also need to contribute toward transportation, food, and equipment rental/purchase expenses.

Prerequisite: Successful completion of Girl Scouts San Diego's Wilderness Hiking Course.

Meetings: Pre-trip planning meetings include any shown plus other dates TBD.

Class and day hike: Participants must complete all segments of training (class, day hike, pre-trip meeting, pack checks, & the trip) to earn Basic Backpacking credit.

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Advanced Backpacking Course



Grades 8–12 and Adults Upcoming Courses

Piute Pass

Trip Dates:	June 25-July 2, 2025
Instructor:	Lisa Sanchez & Erika Scarbrough
Planning meeting*:	TBD
Planning Meeting*:	TBD
Hike:	TBD
Pack Check*:	TBD

Minarets

Trip Dates:	July 14-18, 2025
Instructor:	Kevin Hill & Lisa Sanchez
Planning meeting*:	TBD
Planning Meeting*:	TBD
Hike:	TBD
Pack Check*:	TBD

Evolution Basin

Trip Dates:	Aug. 4-12, 2025
Instructor:	Val Ross
Planning meeting*:	Jan. 30, 2025- 7-9 p.m.
Planning meeting*:	Mar. 27, 2025 7-9 p.m.
Hike:	May 4, 2025, 8:30 a.m.-4 p.m. Mt. Laguna
Pack Check*:	July 31, 2025 7-9 p.m.

*Classes, meetings, and pack checks at Balboa Campus

Explore the wonders of the wilds with the third step in our wilderness training. This program, designed for individuals, safely takes Girl Scouts and adults on unforgettable adventures. Enjoy the majesty of nature, along with the camaraderie of fellow backpacking enthusiasts while building higher-level skills. As an advanced backpacker, take an active role in the trip planning process, making decisions as a group and mapping out your adventures.

Cost: Registration is \$40/individual and covers insurance and permits. Backpackers also need to contribute toward transportation, food, and equipment rental/purchase expenses. Financial assistance is available.

Prerequisite: Successful completion of Girl Scouts San Diego's Wilderness Hiking Course and Basic Backpacking Course.

Meetings: Pre-trip planning meetings include any shown plus other dates TBD. For the safety of everyone, all participants must attend all pre-trip dates in order to attend the trip.

To register, visit sdgirlscouts.org/events and use the search term "backpacking." Please register at least one month before course.

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