

## Junior Journey Guide

Outdoors

### Junior Outdoor Journey

#### 1. The Purpose of the Outdoor Journey

- i** This Journey encourages you to go into your ‘stretch-zone’. Explore the world around you in different ways. Find and take on new challenges as you gain the skills to be outdoor adventurers and stewards!

#### 2. Take Action Project

- i** To complete the *Junior Outdoor Journey*, finish the Journey using Volunteer Tool-Kit (VTK) and complete a take action project. Earn the, Junior Animal Habitats, Junior Camper and Junior Eco-Camper badges.

**NOTE**—What separates a community service project from a take action project? Here is a break down. Instead of just identifying a problem and fundraising or collecting for it, take a deep look into the root of the issue. Connect in with the community and ask questions. What did you see when you were outside? Why are things the way they are? What do you want to change? Work with friends or by yourself.

Let’s take action.

**Examples:**

- Clean up trash at a park and make a log of how much and what you picked up.
- Learn how to read trail signs, then teach someone.
- Find out what outdoor etiquette is and then share what you learned with your Girl Scout troop or friends.

#### 3. Junior—Animal Habitats, Camper, Eco-Camper, Flowers, Gardener, Geochacher, Horseback Riding and Art Explorer Badges

- i** To complete this Journey you need to earn the Junior Animal Habitats, Junior Camper, and Junior Eco-Camper badges.

You can also earn optional badges Junior Flowers, Junior Gardener, Junior Geochacher, Junior Horseback Riding, and Junior Outdoor Art Explorer.

- **Junior Animal Habitats:** Find out about wildlife, investigate an animal habitat, create an animal house, explore endangered habitats and help protect them.

- **Junior Camper:** Start planning your adventure, gain a new camping skill, find your inner camp chef, and try a new activity.
- **Junior Eco-Camper:** Learn the Leave No Trace Seven Principles, plan meals with the environment in mind, prepare a minimal impact campsite, have fun with Leave No Trace, and take a conservation hike.
- **Junior Flowers:** Uncover the science of one flower, look at the leaves, find out how flowers help people, have fun with flowers, notice differences, and share with a friend.
- **Junior Gardener:** Visit a garden, explore garden design, learn how to choose garden plants, experiment with seeds, and grow your own.
- **Junior Geochacher:** Prepare for your adventure, learn to use a GPS receiver, make a trade item, go on a geocaching adventure, and take part in a bug's travels!
- **Junior Horseback Riding:** Know the basics of horseback riding, take care of a horse and learn about safety, prepare for your ride, practice, and go for a ride.
- **Junior Outdoor Art Explorer:** Explore outdoor art, make something, find music in nature, be a nature photographer, and design with nature!

## 4. Field Trip Ideas

**i** It's time to explore the *Outdoor* world.

**Examples:**

- Visit a community garden.
- Sign up for a creek or beach cleanup.
- Find trails with the highest or lowest elevation in your area. Hike them.

## 5. Outdoor Journey Ending

**i** You did it! You completed the *Junior Outdoor Journey*. You finished a take action project, earned the Junior Animal Habitats, Junior Camper, and Junior Eco-Camper badges and hopefully the optional awards too.

Take time to celebrate and share what you accomplished with your friends and your family. Congratulations!