

Cadette Journey Guide

Outdoors

Cadette Outdoor Journey

1. The Purpose of the Outdoor Journey

- i** Explore the world around you and become an environmental steward through the *Outdoor Journey*! Through investigation of your community you will identify needs and create a plan for sustainable change.

2. Take Action Project

- i** To complete the *Outdoor Journey*, finish the Journey using Volunteer Tool-Kit (VTK) and complete a take action project. Earn the Night Owl, Outdoor Primitive Camper, and Trailblazing badges.

You may choose to clean up a community lot and add a recycling system or trash can to the area, or teach leave no trace to younger girls.

3. Night Owl, Outdoor Primitive Camper, Trailblazing, and other Awards

- i** To complete the Journey you must earn the Night Owl, Outdoor Primitive Camper, and Trailblazing badges.
 - **Night Owl:** Take a field trip to explore the night, tour your world after dark, meet people who work night hours, explore nature at night, and host an Extreme Nighttime Party.
 - **Outdoor Primitive Camper:** Plan a primitive camping trip, prepare your gear, make a camp meal, learn a new primitive camping skill, and go camping!
 - **Trailblazing:** Start planning your adventure, get your body and teamwork skills ready, create your menu, gain some trailblazing know-how, and head out on the trail.

You can also earn other optional badges.

- **Archery:** get to know archery equipment, learn about archery safety, practice archery before you go to a range, shoot on an archery range, and create an archery challenge.
- **Outdoor Art Apprentice:** explore art outdoors, make something, get to know (and create!) sounds of nature, be a nature photographer, and design with nature.
- **Trees:** try some unbe-leaf-ably fun tree games, dig into the amazing science of trees, make a creative project starring trees, explore the connection between people and trees, and help trees thrive!

4. Field Trip Ideas

- i** Expand your community by going on outdoor adventures throughout the Journey! Take time to review the Leave No Trace guidelines.

5. Outdoor Journey Ending

- i** Once you have completed the *Outdoor Journey*, badges, and your take action project you have completed the Cadette *Outdoor Journey*. Congratulations! Take time to celebrate this accomplishment and discuss with a friend what you've learned.