

## Outdoor Skills Weekend 2023 Sessions

Please note: session availability and participant capacity is subject to change.

# Friday Night

#### Let's Tent

Explore troop tent camping, complete with campfire program, stargazing, lashing, and trail sign activities. Ask questions and learn about safety issues, environmental considerations, and proper equipment. Prerequisites: Basic Overnights, Let's Camp, Let's Have a Campfire, and Let's Cook courses.

# Saturday Session A

### **Archery Fun**

Try your hand at hitting the bullseye and learn basic archery techniques with no pressure. This class isn't a certification. It's just for fun!

### **Badge Crafts for Younger Girl Scouts**

Badges are integral to Girl Scouting. Get crafty and take the lessons back to your troop to spruce up their uniforms with new badges.

#### **Compass Games for Older Girl Scouts**

Feeling disoriented? Lost your way? Learn the basics of an outdoor essential: the compass. Includes fun games to bring back to your older Girl Scouts so they can learn too!

#### Coo Coo Canoe

Dip in your oars with weekend buddies old and new while sampling basic canoeing techniques on Winacka's Upper Lake. All skill levels welcome.

### **Embroider your Own Patch**

Embroidery is an entertaining and creative outlet for troops. Learn basic stitches while creating cute and funny badges.

#### **Flower Pounding**

Try your hand and hammer at transferring the beauty of flowers to your own fabric swatch. You'll take home a lovely piece of art imbued with the colors of camp.

### **Forestry Management**

Learn about the current forestry project underway at Winacka.

#### Go Fish!

Cast a line and reel in a big one while you relax in a serene natural setting. This class will introduce you to basic gear, equipment, safety, and techniques.

#### Hatchets & Slingshots, Oh My!

No need to bury the hatchet when you can learn to throw one like a pro. A bit of practice and you may just surprise yourself with a bullseye! Give it a (sling)shot—No experience is necessary.

### Let's Camp

Learn about outdoor program delivery and how to choose and reserve property, manage safety, involve girls in no-cook meal preparation, and build troop skills, teamwork, and memories. After this session, you'll be qualified to take girls cabin camping at our mountain properties and other campsites.

### **Trashy Foods**

Cooking in a trash can? Yes! Discover other novel approaches to camp cooking and clean-up for more advanced troops. Lunch will be the fruit of your labor! This is a combined session A/B. Do not select an option for Session B.

#### Walking Tour of Camp Winacka

Bring your boots and explore Winacka. Discover archaeological secrets, fascinating flora and fauna, facilities, and the magic of Girl Scout camp!

# Saturday Session B

### **Archery Fun**

Try your hand at hitting the bullseye and learn basic archery techniques—with no pressure. This class isn't a certification. It's just for fun!

### **Compass Games for Younger Girl Scouts**

Feeling disoriented? Lost your way? Learn the basics of an outdoor essential: the compass. Plus, play some fun games that you can bring back to your Girl Scouts, too!

#### **Connecting with Mandalas**

Mandalas' circular patterns remind us that everything is connected. Come connect with your peers while learning to make your own Mandala.

#### Coo Coo Canoe

Dip in your oars with weekend buddies old and new while sampling basic canoeing techniques on Winacka's Upper Lake. All skill levels welcome.

#### Go Fish!

Cast a line and reel in a big one while you relax in a serene natural setting. This class will introduce you to basic gear, equipment, safety, and techniques.

### Hatchets & Slingshots, Oh my!

No need to bury the hatchet when you can learn to throw one like a pro. A bit of practice and you may just surprise yourself with a bullseye! Give it a (sling)shot—No experience is necessary.

### **How to Host Wide Games**

Take the challenge! Perfect for any multi-level troop gathering or encampment, wide games are a series of activities that teach new skills on a rotational basis. Learn how to develop your own wide games in this interactive session.

#### **Knives & Knots**

Don't let knotty knots get you tied up and frustrated! Discover cool knots you can use in your daily life as well as knots you can teach girls so they can string their own dunk lines and more.

### **Mealtime Magic**

Practice making meals a fun and exciting time for your troop to bond.

#### Leave No Trace

Learn the principles of "Leave No Trace," and walk away with activities and resources for how to instill these principles at all age levels.

### Low Ropes Challenge

Take the challenge! Our certified staff will lead an action-packed Challenge Course session that engages your group in problem solving, communication, and team building activities.

### **Outdoor Photography for Older Girls**

Discover #gsoutdoors and be part of the largest Girl Scout photo collage in the world. See how you can optimize your photography using tools you already have (like your phone) combined with proper light capture, framing, and editing.

# Saturday Session C

#### **Archery Fun**

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### Build Your Own: Box Oven

Think a campfire or camp stove is the only way to feast in the great outdoors? Think again! Have a blast learning how to make a box oven.

#### Coo Coo Canoe

Dip in your oars with weekend buddies old and new while sampling basic canoeing techniques on Winacka's Upper Lake. All skill levels welcome.

### Flower Pounding

Try your hand and hammer at transferring the beauty of flowers to your own fabric swatch. You'll take home a lovely piece of art imbued with the colors of camp.

### **Camp Traditions**

Traditions foster a sense of community and belonging. Learn some Girl Scout camp traditions to bring back to your troop.

### Let's Camp

Learn about outdoor program delivery and how to choose and reserve property, manage safety, involve girls in no-cook meal preparation, and build troop skills, teamwork, and memories. After this session, you'll be qualified to take girls cabin camping at our mountain properties and other campsites.

#### **Outdoor Games**

Games bring the fun and can help solve troop challenges, too. Join this session to play and learn how games can build inclusion and strengthen communication and troop bonds.

#### **Survival Skills 101**

Lashing, starting fires with flint and steel, water safety, making tents, and more! Learn the skills that can make all the difference when camping in the great outdoors.

### **Troop Hiking Activities**

Take a 1-mile hike around Camp Winacka. Learn activities you can do while hiking with your troop.

### Wrapped Rocks

Wrapped rocks have a long and rich history. Learn to make your own as gifts for friends or family, to commemorate a special occasion, or to remember loved ones.

# Saturday Session D

#### **Archery Fun**

Try your hand at hitting the bullseye and learn basic archery techniques—with no pressure. This class isn't a certification. It's just for fun!

#### **Camp Songs**

Learn some Girl Scout tunes and fill the forest with music. Even practice a new song to lead at the Saturday night campfire!

#### Coo Coo Canoe

Dip in your oars with weekend buddies old and new while sampling basic canoeing techniques on Winacka's Upper Lake. All skill levels welcome.

#### Go Fish!

Cast a line and reel in a big one while you relax in a serene natural setting. This class will introduce you to basic gear, equipment, safety, and techniques.

#### Low Ropes Challenge

Take the challenge! Our certified staff will lead an action-packed Challenge Course session that engages your group in problem solving, communication, and team building activities.

### Foil Me Up

Learn the secrets of making foil packet meals that will have campers coming back for more. Pro-tip: Foil packet meals make an easy athome-dinner too.

### **Multi-level Camping**

Camping is for any Girl Scout, at any age. Even for all different ages together! Learn tips and tricks to make your multi-level camping trip a success.

### **Orienteering 101**

Find your way like a pro! Orienteering is a fun sport that combines speed with map and compass skills—like a fast-paced treasure hunt. Not to worry though, you'll be "walking" through the steps to engage your Girl Scouts in a course that's just been developed for Winacka!

#### Pine Needle Basket Weaving

A-tisket, a-tasket, weave your own pine needle basket. What will you store in it? Wisdom and longevity, of course. The majestic pine is a symbol of both.

#### Shepherd's Stove

Learn what a Shepherd's Stove is and how you can use one on you next camping trip.

### **Space Badge Crafts for All Ages**

Take one small step for yourself, one giant leap for your troop by learning about different space badge crafts.

### Tales of Camp Survival

Inclement weather! Wildlife ate your food! What are you going to do? Join this session to learn what others have done in similar unexpected camping moments.

### Watercolor by the Lake

Learn tips on painting with watercolors while having a relaxing session by the lake.

# Saturday Late Night (Optional)

### Night Hike

For our night owls, take a guided hike at Camp Winacka and enjoy the quiet night air and starry skies.

### Stargazing

Take in the night sky and see up close views of the bright stars of Julian with our smart telescope, Unistellar eVscope.