

# Progression in Girl Scouting

Why do it?	Examples	Required skills and ability	Training & paperwork needed
<p><b>Field Trip:</b> any trip outside the normal meeting place and time. Also called a short trip or day trip. Start with 1-2 hour trips; may be as long as all day. Daisies and older.</p>			
<ul style="list-style-type: none"> <li>• Chance to use the buddy system</li> <li>• Connect with the community</li> <li>• Learn something new</li> <li>• Complete a badge or Journey requirement</li> <li>• Basic planning skills and decision-making</li> <li>• Fun!</li> </ul>	<ul style="list-style-type: none"> <li>• Walk in a neighborhood park</li> <li>• Visit a museum, civic building, monument, etc.</li> <li>• Tour fire or police station, store, bank, or library</li> <li>• Soup kitchen or park cleanup</li> <li>• Girl Scout or other event</li> <li>• Pumpkin patch, parade, zoo</li> <li>• Adventure: kayaking, swimming, hiking, bicycling (approval required)</li> <li>• Cookout in a park (approval required)</li> </ul>	<ul style="list-style-type: none"> <li>• Able to listen, follow rules</li> <li>• Able to use buddy system</li> <li>• Appropriate public behavior</li> <li>• Able to perform any specific skills (as in adventure example)</li> <li>• Interest in the subject</li> </ul>	<ul style="list-style-type: none"> <li>• All adults are registered and background-checked</li> <li>• At least one adult has:               <ul style="list-style-type: none"> <li>◦ <i>Core Leadership Training</i></li> <li>◦ <i>First Aid/CPR/AED</i></li> </ul> </li> <li>• Permission slips signed by parents, sample sent to AC</li> <li>• Health Histories and Parent-Guardian Info sheets on hand</li> <li>• Safety Activity Checkpoints are followed, including special training such as lifeguard if appropriate</li> <li>• Activity Approval is obtained if activities require it (Appendix)</li> </ul>
<p><b>Overnights or Weekends:</b> 1-2 nights in a lodge, cabin, tent, hostel or hotel. Start with 1 night close by, move farther and longer. Daisies and older, depending on activities planned and trip length.</p>			
<p><b>All of the above, plus:</b></p> <ul style="list-style-type: none"> <li>• Develop independence</li> <li>• Added complexity of skills above</li> <li>• Added planning experience</li> <li>• Wider options due to distance possible</li> </ul>	<ul style="list-style-type: none"> <li>• Any of the above, but in more SoCal cities or parks!</li> <li>• Overnights in the neighborhood</li> <li>• Encampments</li> <li>• Adventure weekends</li> <li>• Independent troop camping</li> <li>• Kern River for rafting</li> <li>• Los Angeles fashion district</li> <li>• College visits on central coast</li> <li>• Catalina</li> </ul>	<p><b>All of the above, plus:</b></p> <ul style="list-style-type: none"> <li>• Able to spend overnight away from home</li> <li>• Can take care of hair, teeth, getting dressed, etc.</li> <li>• Can pack, carry and keep track of own gear</li> <li>• Has endurance for longer days</li> <li>• Understands what to do if separated from group</li> </ul>	<p><b>All of the above, plus:</b></p> <ul style="list-style-type: none"> <li>• Activity Approval (required for all overnights); see form for info</li> <li>• Appropriate training for the type of overnight (table, p 6)</li> <li>• All chaperones complete at least <i>Basic Overnights</i> online</li> <li>• <i>Let's Cook Out</i> training if outdoor cooking</li> <li>• Extended Event Insurance if outside council boundaries</li> </ul>
<p><b>Advanced Domestic Travel:</b> 3+ nights away, outside California OR using air travel. Includes road trips (travel camping) and adventure trips. Juniors and older, depending on trip length.</p>			
<p><b>All of the above, plus:</b></p> <ul style="list-style-type: none"> <li>• Drama and fun of a big adventure</li> <li>• Experience new vibe or pace</li> <li>• See significant sites</li> <li>• Possible new culture</li> <li>• Try new forms of transportation</li> </ul>	<p><b>Air travel:</b></p> <ul style="list-style-type: none"> <li>• San Francisco (for bridging or just to visit), Seattle or Portland</li> <li>• Savannah (Juliette Low birthplace)</li> <li>• New York, Boston, Washington</li> <li>• Hawaii or Alaska</li> </ul>	<p><b>All of the above, plus:</b></p> <ul style="list-style-type: none"> <li>• Polite behavior on public transportation</li> <li>• Ability to handle own money</li> <li>• Flexibility (things <i>will</i> change!)</li> <li>• Girls have taken <i>GS Travel</i> or <i>Cultural Kitchen</i> with Hosteling International (recommended)</li> </ul>	<p><b>All of the above, plus:</b></p> <ul style="list-style-type: none"> <li>• <i>Troop Tripping Workshop</i> training</li> <li>• Extended Event Insurance</li> <li>• If 30 minutes away from EMS, <i>Wilderness First Aid</i> or higher</li> </ul>
<p><b>Above, plus:</b></p> <ul style="list-style-type: none"> <li>• Get off the beaten track</li> <li>• Access locations without public transportation</li> <li>• Slow down the clock</li> </ul>	<p><b>Road trips:</b></p> <ul style="list-style-type: none"> <li>• Yosemite, Sequoia, Tahoe, etc.</li> <li>• Grand Canyon, Bryce, Zion</li> <li>• California coast, Sacramento, San Francisco</li> </ul>	<p><b>Above, plus:</b></p> <ul style="list-style-type: none"> <li>• Able to spend extended periods in the car</li> </ul>	<p><b>Above, plus:</b></p> <ul style="list-style-type: none"> <li>• Evaluate need for relief drivers and <i>Wilderness First Aid</i> or higher</li> </ul>