## Progression in Girl Scouting

<table>
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<th>Why do it?</th>
<th>Examples</th>
<th>Required skills and ability</th>
<th>Training &amp; paperwork needed</th>
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| **Field Trip:** any trip outside the normal meeting place and time. Also called a short trip or day trip. Start with 1-2 hour trips; may be as long as all day. Daisies and older. | - Walk in a neighborhood park  
- Visit a museum, civic building, monument, etc.  
- Tour fire or police station, store, bank, or library  
- Soup kitchen or park cleanup  
- Girl Scout or other event  
- Pumpkin patch, parade, zoo  
- Adventure: kayaking, swimming, hiking, bicycling (approval required)  
- Cookout in a park (approval required) | - Able to listen, follow rules  
- Able to use buddy system  
- Appropriate public behavior  
- Able to perform any specific skills (as in adventure example)  
- Interest in the subject | - All adults are registered and background-checked  
- At least one adult has:  
  - Core Leadership Training  
  - First Aid/CPR/AED  
- Permission slips signed by parents, sample sent to AC  
- Health Histories and Parent-Guardian Info sheets on hand  
- Safety Activity Checkpoints are followed, including special training such as lifeguard if appropriate  
- Activity Approval is obtained if activities require it (Appendix) |

### Overnights or Weekends: 1-2 nights in a lodge, cabin, tent, hostel or hotel. Start with 1 night close by, move farther and longer. Daisies and older, depending on activities planned and trip length.

#### All of the above, plus:
- Develop independence  
- Added complexity of skills above  
- Added planning experience  
- Wider options due to distance possible

#### Any of the above, but in more SoCal cities or parks!
- Overnights in the neighborhood  
- Encampments  
- Adventure weekends  
- Independent troop camping  
- Kern River for rafting  
- Los Angeles fashion district  
- College visits on central coast  
- Catalina

#### All of the above, plus:
- Able to spend overnight away from home  
- Can take care of hair, teeth, getting dressed, etc.  
- Can pack, carry and keep track of own gear  
- Has endurance for longer days  
- Understands what to do if separated from group

#### All of the above, plus:
- Activity Approval (required for all overnights); see form for info  
- Appropriate training for the type of overnight (table, p6)  
- All chaperones complete at least Basic Overnights online  
- Let’s Cook Out training if outdoor cooking  
- Extended Event Insurance if outside council boundaries

### Advanced Domestic Travel: 3+ nights away, outside California OR using air travel. Includes road trips (travel camping) and adventure trips. Juniors and older, depending on trip length.

#### All of the above, plus:
- Drama and fun of a big adventure  
- Experience new vibe or pace  
- See significant sites  
- Possible new culture  
- Try new forms of transportation

#### Air travel:
- San Francisco (for bridging or just to visit), Seattle or Portland  
- Savannah (Juliette Low birthplace)  
- New York, Boston, Washington  
- Hawaii or Alaska

#### All of the above, plus:
- Polite behavior on public transportation  
- Ability to handle own money  
- Flexibility (things will change!)  
- Girls have taken GS Travel or Cultural Kitchen with Hosteling International (recommended)

#### All of the above, plus:
- Troop Tripping Workshop training  
- Extended Event Insurance  
- If 30 minutes away from EMS, Wilderness First Aid or higher

#### Above, plus:
- Get off the beaten track  
- Access locations without public transportation  
- Slow down the clock

#### Road trips:
- Yosemite, Sequoia, Tahoe, etc  
- Grand Canyon, Bryce, Zion  
- California coast, Sacramento, San Francisco

#### Above, plus:
- Able to spend extended periods in the car

#### Above, plus:
- Evaluate need for relief drivers and Wilderness First Aid or higher