



# Short and Snappy

Learning Opportunity for Volunteers

## What is a Short and Snappy?

- These short trainings can be provided at a service unit meeting.
- Any interested volunteer may lead a Short and Snappy.
- Short and Snappys are usually 10-45 minutes in length.

## What you'll need

- Short and Snappy outline
- My Promise, My Faith handout
- *Girl's Guide to Girl Scouting* (if available)

## Things to remember

- Stay within the allotted time.
- If you don't know the answer, seek the correct answer from the appropriate support person.

## Questions? Comments?

Contact [training@sdgirlscouts.org](mailto:training@sdgirlscouts.org)

[www.sdgirlscouts.org](http://www.sdgirlscouts.org)

## My Promise, My Faith Pin

20 minutes

Girl Scouts' My Promise, My Faith pin invites girls in grades K-12 to experience a faith journey through exploration of the Girl Scout Law and teachings of their faith. Visit [sdgirlscouts.org/religious-recognitions](http://sdgirlscouts.org/religious-recognitions).

The My Promise, My Faith award complements existing religious recognitions and allows all girls to further strengthen the connection between their faith and Girl Scouts. A girl does this by carefully examining any line from the Girl Scout Law and directly tying it to tenets of her faith. Specific requirements for this award are included in *The Girl's Guide to Girl Scouting*.

There are five steps to earning the My Promise, My Faith award. The steps are the same for each program age level; each girl will carry them out in an age-appropriate way. Girls can earn this national pin each year. If a girl earns this pin more than once, she should choose a different line from the Law each time.

These examples show how girls of different ages might approach the same line:

### **Friendly and Helpful – Daisies-Juniors**

What's one new way you can be friendly and helpful at home? At school? On the playground?

### **Friendly and Helpful – Cadettes-Ambassadors**

On a scale of 1-10, how friendly and helpful are you with your parents? Siblings? Friends? Classmates? Others at your place of worship? What could you do to be a role model for others who want to develop this value? Who could be a role model for you?

### **Courageous and Strong – Daisies-Juniors**

Think of situations when you've had to show courage or be strong. Maybe your friends were gossiping about another girl and you chose whether to join in or ask them to stop. Maybe everyone at school was ignoring another kid, and you chose whether to ignore her, too, or ask her to sit with you at lunch. Or maybe you chose whether or not to speak up for what you believe in when all your classmates disagreed with

you. With a friend, come up with an example, talk about what you would do, and make up a skit.

### **Courageous and Strong – Cadettes-Ambassadors**

Talk to a friend about how she helped someone else or contributed to the greater good by demonstrating courage and strength. (Maybe she stood up for someone who was being bullied or spoke out about an issue she cared deeply about.) In return, share something you did that was courageous and strong. What do these examples teach you about courage and strength in daily life?

### **Respect Myself and Others – Daisies-Juniors**

Write down something you like about yourself. Are you good at math, or drawing, or a game? Are you quiet, or funny, or cheerful? Now write down something you like about a friend. Does she or he have a good imagination, or always include others, or say things to encourage you? Think about how you and your friend are the same, and how you are different.

### **Respect Myself and Others – Cadettes-Ambassadors**

Think about people in your life you love and respect. What have your personal role models taught you about respecting yourself and others? What do you think is the best example of this value? What are things you already do that give you self-respect, and what would you like to start doing?

Find more information, including younger and older girl resource activity booklets to download, at [girlscouts.org/program/basics/faith/](http://girlscouts.org/program/basics/faith/). The colorful booklets contain creative, fun ways for girls to earn the My Promise, My Faith pin.

## **FAQ**

**Is Girl Scouts teaching religion through My Promise, My Faith?** No. Girl Scouts is a secular organization. Because the Promise and Law are in alignment with what many faith organizations teach, My Promise, My Faith and the Girl Scout Leadership Experience provide girls an opportunity to strengthen their faith journey as they grow their leadership skills.

Girl Scouts of the USA makes no attempt to define or interpret the word “God” in the Girl Scout Promise. It looks to individual members to establish for themselves the nature of their spiritual beliefs. When making the Girl Scout Promise, individuals may substitute wording appropriate to their own spiritual beliefs for the word “God.” This disclaimer appears in the National Leadership Journey adult guides, but not in the girls’ books. It’s included here to remind you, as a volunteer, that it’s your responsibility to be sensitive to the spiritual beliefs of the girls in your group and make sure that everyone in the group feels comfortable and included in Girl Scouts. Please feel free to share this information with girls’ families.

**How does My Promise, My Faith relate to the other religious recognitions Girl Scouts can earn?** My Promise, My Faith complements faith-based religious recognitions, which are developed by various faith groups. A girl can choose to earn one or both awards, in any order, at her program age level. Find more information about religious recognitions at [praypub.org/partner\\_gsusa.htm](http://praypub.org/partner_gsusa.htm) or by contacting faith organizations.

**How often can a girl earn the My Promise, My Faith award?** Every year she is a Girl Scout. She should select a different line of the Law each year, although she may choose to repeat a line at a higher program level as long as the specific activities she does reflect a different level of understanding of the Law or her faith. A girl does not have to have earned the award at a younger program age level to begin earning it, nor is she required to earn it every year.

**Where are the pins worn?** This award is worn on the sash or vest, below the bridging patch award. See *The Girl’s Guide to Girl Scouting* for the layout. Additional religious recognitions can be worn alongside the My Promise, My Faith pin or anywhere below it.

**How much time does a girl have to complete the award?** Girls can complete the requirements any time during the membership year.

**When is it appropriate to present the award?** This award can be presented any time after she has completed the requirements. Consider presenting it in a special ceremony or Court of Awards. Also, many faith organizations acknowledge religious recognitions earned by girls in their faith community on Girl Scout Sunday or Girl Scout Sabbath, during Girl Scout Week. My Promise, My Faith can be incorporated into these ceremonies.

**Can a Girl Scout do this outside of her regular troop meetings?** Yes. Parents and family are encouraged to get involved.

# My Promise, My Faith

*The new Girl Scouts My Promise, My Faith pin invites girls in grades K-12 to experience a faith journey through exploration of the Girl Scout Law and teachings from their faith. Girls can earn this national pin each year.*

**Steps to earn the pin:**

- 1. Choose one line from the Girl Scout Law.** Find a story, song, or poem from your faith with the same ideas. Talk with your family or friends about what that line of the Law and the story, song, or poem have in common.
- 2. Find a woman in your own or another faith community.** Ask her how she tries to use that line of the Law in her life.
- 3. Gather three inspirational quotes** by women that fit with that line of the Girl Scout Law. Put them where you can see them every day!
- 4. Make something to remind you of what you've learned.** It might be a drawing, painting, or poster. You could also make up a story or a skit.
- 5. Keep the connection strong.** Find out if your faith community offers a recognition program for Girl Scouts. Talk with your friends, family, or a group in your faith community about what you've learned about your faith and Girl Scouting. Ask them to help you live the Law and your faith. Maybe you can show them what you just made or perform your skit!

**Adult volunteers from faith organizations partner with girls by:**

- Linking the national pin into their faith's religious recognitions
- Guiding girls through their personal faith journey
- Helping girls strengthen their understanding of their faith

Contact your local Girl Scouts council for more information. To find your nearest Girl Scout council go to [www.girlscouts.org/councilfinder](http://www.girlscouts.org/councilfinder).



Go to [www.praypub.org/partner\\_gsusa.htm](http://www.praypub.org/partner_gsusa.htm) to find out about religious recognitions offered by different faith communities.