

# 2020 TRAINING CALENDAR



## Archery Instructor Training

Meet the Girl Scout standard for archery instructor certification. Leaders, assistant leaders, and interested adults (18 years and older) are welcome. Archery instructors can lead archery for their troop, an encampment, and/or assist in leading an archery workshop. Certification is valid for three years.  
8:30 a.m.-5 p.m.; \$40.  
Balboa: 5/2, 8/1, 10/17  
Escondido: 2/22, 6/20, 9/19



## Basic Water Rescue

Gain the knowledge and skills necessary to prevent, recognize, and respond to aquatic emergencies with this hands-on Red Cross course. Note: This class does not replace the need for a lifeguard if noted in Girl Scouts' Safety Activity Checkpoints. Visit [sdgirlscouts.org/events](http://sdgirlscouts.org/events) for upcoming dates or email [training@sdgirlscouts.org](mailto:training@sdgirlscouts.org) for more information.



## Blasting Into Brownies

Explore traditional fun and games along with innovative program options. 6-8:30 p.m.; \$5.  
Balboa: 3/24, 4/16, 6/4, 10/13  
Escondido: 2/27, 5/12, 9/10, 11/4  
Carlsbad: 1/21, 6/2  
**Prerequisites:** Getting Started with Your Troop and Intro to Girl Scouts



## Cruising into Cadettes

Gain insight on best practices for working with a middle-school-age troop. 6:30-9 p.m.; \$5.  
Balboa: 4/23, 5/5, 8/11, 9/15, 11/9  
Escondido: 9/21  
**Prerequisites:** Getting Started with Your Troop and Intro to Girl Scouts



## Diving into Daisies

Find out how to best lead our youngest Girl Scouts. 6-8:30 p.m.; \$5.  
Balboa: 1/15, 3/11, 5/14, 9/21, 10/14  
Escondido: 9/16, 11/19  
Carlsbad: 11/5  
**Prerequisites:** Getting Started with Your Troop and Intro to Girl Scouts



## GoGold Workshop

Visit [sdgirlscouts.org/events](http://sdgirlscouts.org/events) for upcoming dates or email [goldaward@sdgirlscouts.org](mailto:goldaward@sdgirlscouts.org) for more information. Workshop for girls is optional.



## Intro to Girl Scouts

Gain tips and best practices for leading a troop of any level. Part of the New Leader Learning Path, this course is required for all troop leaders, and strongly recommended for co-leaders. También disponible en español, cuando se solicita. 6-9 p.m. unless otherwise noted; \$5.  
Balboa: 1/14, 3/31, 9/15, 10/8, 10/28, 12/9  
Escondido: 3/17, 4/30, 6/3, 9/2, 10/20, 11/12  
Carlsbad: 1/23, 9/23  
**Prerequisite:** Getting Started with Your Troop Milestones 1-3



## First Aid/CPR/AED

Girl Scouts San Diego uses certification programs developed by American Safety and Health Institute (ASHI) in compliance with G2015 global guidelines that meet Girl Scouts of the USA standards. Videos deliver consistent content, with written tests and hands-on practice confirming learners have achieved skills needed to help those in need.

We offer Pediatric First Aid/CPR/AED, which is child-centered but includes adult and infant certification. Classes are available for adults and girls in grades 6 and up. There are multiple options for this training:

**Standard Class:** An instructor will guide you through videos, hands-on skills practice, and a written, open-book test in this two-year certification course. Best option for beginners. Five hour course; \$45 for members.

**Blended Class:** Watch videos at home or on your mobile device in advance. Then, attend an instructor-led, hands-on skills session to earn your two-year certification. Two to three hour online class plus a two and a half hour in-person class; \$45 for members.\*

Our classes meet Girl Scout requirements for first aiders who are within 30 minutes of emergency medical services (EMS). Wilderness First Aid or Wilderness First Responder certification is needed for outings more than 30 minutes from EMS.

\* Note for those who need First Aid/CPR/AED for work or other agency compliance: Due to the abbreviated class time, this option may not fulfill time-based requirements. Check with the agency requiring the training.

Find dates and locations of classes online at [sdgirlscouts.org/events](http://sdgirlscouts.org/events)



## Just for Juniors

Juniors are ready for new adventures and responsibilities! Get comfortable with the amazing new opportunities this level brings. 6-8:30 p.m.; \$5.  
Balboa: 3/18, 6/11  
Escondido: 6/23, 10/8  
Carlsbad: 10/29  
**Prerequisites:** Getting Started with Your Troop and Intro to Girl Scouts



## Leader-Daughter Training

This event is open to girls in grades K-8 and accompanying adult leaders (who are required to attend/register). Leaders and their daughters can learn useful tools, skills, and strategies to take back to their troop. Themes vary; 6-8 p.m.; \$5 per participant.  
Balboa: 3/25, 9/8  
Escondido: 4/9, 7/23, 11/18  
Carlsbad: 5/20, 11/3



### Lifeguard Certification

This 30-hour lifeguarding class includes first aid, professional-level CPR, and AED in a single, two-year certificate for those who successfully complete the course. This is an in-the-water course. Come prepared to get wet! Visit [sdgirlscouts.org/events](http://sdgirlscouts.org/events) for upcoming dates or email [training@sdgirlscouts.org](mailto:training@sdgirlscouts.org) for more information.

McGrath Family YMCA: 1/17-1/19

**Prerequisite:** Rigorous swim test, home study

### Ready, Set, LEAD!

New to troop volunteering, or just need some extra help to get the most out of your troop meetings? At Ready, Set, LEAD! you'll learn group management tips and tricks for working with girls, plus songs, games, and attention-getters to keep your girls focused and engaged. Visit [sdgirlscouts.org/events](http://sdgirlscouts.org/events) for times; \$5.

Balboa: 1/25, 3/28, 5/23, 6/6, 7/8, 8/15

Escondido: 1/15, 4/8

Carlsbad: 2/8

**Prerequisites:** Getting Started with Your Troop



### San Francisco Bridging Workshop

Make bridging from Juniors to Cadettes with Girl Scouts of Northern California a meaningful, girl-led adventure. Note: Troop Tripping is required training prior to any advanced domestic or international travel. 6:30-8:30 p.m.; \$5.

Balboa: 8/19, 9/1

Escondido: 9/15



### STEM Training

Want to teach STEM to your girls? Learn tools, tips, and resources you need to confidently lead girls in STEM activities and badges. Weekends 9 a.m.-1 p.m.; weekdays 6-9 p.m.; \$5.

Balboa: 4/15, 8/6, 11/7

Carlsbad: 3/14, 6/1



### Senior/Ambassador Roundtable

Network with other leaders on tips for engaging older girls during this busy and critical life stage. 6:30-8:30 p.m.; \$5.

Balboa: 4/21, 5/19, 10/19



**Prerequisites:** Getting Started with Your Troop and Intro to Girl Scouts

### Training of Trainers

Are you passionate about the outdoors? Leadership development? Do you want to help grow the next generation of strong girls and women? If this sounds like you, consider becoming a Girl Scout trainer! 9 a.m.-5 p.m.; free.

**Prerequisite:** In-person meeting with adult learning team; email [training@sdgirlscouts.org](mailto:training@sdgirlscouts.org) to schedule.



### Troop Tripping

Make advanced travel a reality through these tips and requirements. This training is required for out of state trips, trips involving air travel, and trips lasting three or more nights. Plan to take this course at least three months prior to your troop's trip.

6-9 p.m.; \$5.

Balboa: 2/27, 9/3

Escondido: 3/10, 9/9

Carlsbad: 2/11



### Wilderness First Aid

Gain a foundation in first aid principles and the skills to respond to emergencies and give care in areas without immediate emergency medical services (EMS) response. This is a 16-hour course. Visit [sdgirlscouts.org/events](http://sdgirlscouts.org/events) for upcoming dates or email [training@sdgirlscouts.org](mailto:training@sdgirlscouts.org) for more information. Camp Winacka (during Outdoor Skills Weekend):

10/2-10/4

**Prerequisite:** current First Aid/CPR/AED, home study

### World Travel 101 for Girl Scouts

This session is open to girls in grades 4-12 and accompanying adults (who are required to attend/register). The World Travel 101 enrichment workshop is designed to help troops prepare for travel—whether to a nearby city or a far-off country.

Participants come together to learn how to pack and stay safe and to be culturally aware. 6-7:30 p.m.; \$5 per participant.

Balboa: 1/21, 3/12, 5/6, 9/16

Escondido: 4/28

## Outdoor Training Classes



### Basic Overnights *First in outdoor training series*

Required for simple encampments and Adventure Weekends, where food and program are provided, plus preparatory overnights in the neighborhood. Free.

**Online:** Access at [sdgirlscouts.org/outdoortraining](http://sdgirlscouts.org/outdoortraining)



### Let's Camp

#### *Second in outdoor training series*

Ready to have a troop cabin camp-out? Learn about outdoor program delivery, property reservations, safety, meal preparation, and building troop skills, teamwork, and memories. Required for independent troop cabin camping. 6-8:30 p.m. unless otherwise noted; \$5.

Balboa: 1/22, 2/26, 4/8, 5/1 (3-5:30 p.m.), 6/2,

7/8, 9/2, 10/16 (3-5:30 p.m.), 12/2

Escondido: 4/29, 5/6, 5/28, 6/9, 9/3, 9/18

(3-5:30 p.m.), 11/5

Carlsbad: 1/9, 3/24, 5/5, 6/24, 10/14

**Prerequisite:** Basic Overnights (online)



### Let's Have a Campfire

#### *Third in outdoor training series*

Trainers will coach you through how to teach girls fire building and extinguishing, safe pocketknife and hatchet use, knots, simple campfire stick cooking, campfire program, and reflective debriefing. This training qualifies you for stick cooking (like s'mores), beach or backyard fires, and campfires held while cabin camping. Required for any fire.

6-9 p.m.; \$10 (includes food and materials)

Balboa: 1/8, 3/4, 5/1, 6/16, 7/23, 9/8, 10/16, 12/8

Escondido: 4/1, 4/15, 6/17, 9/18, 10/15, 11/10

Pre-requisites: Basic Overnights (online) and Let's Camp

## Save the Date!

Volunteer Conference is on Saturday, Aug. 29

Outdoor Skills Weekend is Friday-Sunday, Oct. 2-4

## Registration

For in-person classes: [sdgirlscouts.org/events](http://sdgirlscouts.org/events)

Help: [customercare@sdgirlscouts.org](mailto:customercare@sdgirlscouts.org) or 619-610-0821

Training by request: Arrange a class in your neighborhood!

Contact [training@sdgirlscouts.org](mailto:training@sdgirlscouts.org) for info.

Full course details: [sdgirlscouts.org/training](http://sdgirlscouts.org/training)

**Non-Member:** Some courses may have additional fees

## Locations

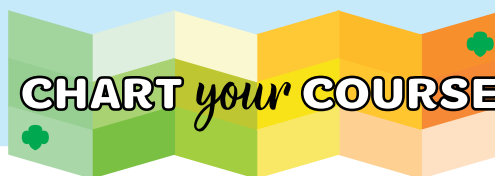
**Balboa:** 1231 Upas St., San Diego, 92103

**Escondido:** 3050 Las Palmas, Escondido, 92025 (inside Kit Carson Park)

**Carlsbad:** 5315 Avenida Encinas, Ste. 100, Carlsbad, 92008



Show your commitment to learning by wearing a "Trained to Lead" patch. Add a charm for each class you attend. Available for purchase in Girl Scouts San Diego shops.



### Let's Cook Out

*Fourth in outdoor training series*

Discover several fun methods of outdoor cooking that you can empower your girls to use. You and your new friends will cook a tasty four-course meal to share. You'll be qualified to use many outdoor cooking methods with your girls. Required for outdoor cooking. 9 a.m.-4 p.m.; \$15 (includes food and materials)

Balboa: 3/21, 5/2, 8/1, 10/17

Escondido: 2/22, 4/18, 6/20, 9/19, 11/14

**Prerequisites:** Basic Overnights (online), Let's Camp, and Let's Have a Campfire



### Let's Tent

*Fifth in outdoor training series*

When you and your girls are ready for more rugged experiences, explore troop tent camping. Required for troop tent camping. 5 p.m. Saturday-10 a.m. Sunday; \$10 (includes food and materials).

Balboa: 3/21-3/22, 5/2-5/3, 8/1-8/2, 10/17-10/18

Escondido: 2/22-2/23, 4/18-4/19, 6/20-6/21, 9/19-9/20, 11/14-11/15

**Prerequisites:** Basic Overnights (online), Let's Camp, Let's Have a Campfire, and Let's Cook Out

### Leader-Daughter Let's Cook Out and Let's Tent Training Weekend

*Fourth and fifth in outdoor training series*

This event is open to girls in grades 2-8 and accompanying adult leaders (who are required to attend/register). This course combines our Let's Cook Out and Let's Tent courses and allows your daughter to learn alongside you. 6 p.m. Friday-10 a.m. Sunday; \$30 per participant (includes food and materials).

Balboa: 1/11-1/12, 12/11-12/13

**Prerequisites for adults:** Basic Overnights (online), Let's Camp, and Let's Have A Campfire

### Outdoor Challenge (Test-out)

*Third through fifth in outdoor training series*

The Outdoor Challenge is a way for experienced adults to "test out" of Let's Have a Campfire, Let's Cook Out, and/or Let's Tent. The trainings must be completed in order. The adult taking this challenge must have a strong background in camping with groups, extensive Girl Scout camping experience, or camping experience with comparable youth organizations.

**Prerequisites:** Basic Overnights (online) and Let's Camp

**Online:** Email [training@sdgirlscouts.org](mailto:training@sdgirlscouts.org) for an invitation.

### Outdoor Training Series Super Weekends

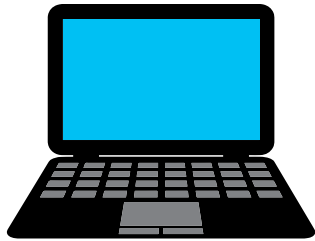
Take your girls outside! These second-through-fifth courses in the outdoor training series will all be taught in one weekend. Introduce girls to the outdoors in progressive steps from a local overnight to rustic camping. Classes must be taken in order. Sign up for Let's Camp, Let's Have a Campfire, Let's Cook Out, and Let's Tent training series in one weekend or separate them out over a longer period of time.

Balboa: 5/1-5/3, 10/16-10/18

Escondido: 9/18-9/20







## Online Training

Learn any time of day—even in your pajamas! You can self-sign up for most online courses. Here's how: Visit [sdgirlscouts.litmos.com/self-signup](https://sdgirlscouts.litmos.com/self-signup). Then enter your name, the email associated with your Girl Scout account, and the code of the course you want to view, then find the link in your inbox to access the course. Note: Keep your training record complete by using your Girl Scout email each time you log in.

View your online training record or browse our course library anytime by visiting [sdgirlscouts.litmos.com](https://sdgirlscouts.litmos.com). Not sure what email to use or need help? Contact [training@sdgirlscouts.org](mailto:training@sdgirlscouts.org).

## Alternate Certificate Upload

Do you have a certification from another organization that you'd like us to recognize (i.e. first aid or aquatic instructor certification, etc.)? Use this upload feature and we'll check it out and include it in your training record. Code: [certified](#).

## Basic Overnights

This first course in the outdoor training series helps you prepare for overnights in the neighborhood, simple encampments, and Adventure Weekends. This course is required before a first overnight. 40 minutes.

Code: [sleepingbag](#).

## Bronze Award Online Training

Help your Girl Scout Juniors achieve the Bronze Award! This training covers Bronze Award essentials like award steps and requirements. You'll learn the difference between a community service project and a Take Action project, plus lots of tips for Bronze Award success.

30 minutes. Code: [gobronze1](#).

## Ceremonies in Girl Scouting

Learn about traditional Girl Scout ceremonies like investiture, bridging, the flag ceremony, Girl Scouts' Own, and more. Self-paced. Code: [ceremony](#).

## Cookie Program Training (seasonal only)

Troop cookie managers and parents of independently registered girls take this training annually to learn about running the Girl Scout Cookie Program for their troop or girl. See [sdgirlscouts.org/cookies](https://sdgirlscouts.org/cookies) to learn more.

## Conflict Resolution and Prevention

Learn what causes conflict and tips for resolving it. Plus, find out how to manage troop conflict and how to get help when you need it. 20 minutes. Code: [peace4u](#).

## Day Camp Volunteer Orientation

Day camp volunteers take this training to learn about our day camps including traditions, volunteer roles, safety, and what to expect when volunteering. 15 minutes. Code: [campfun](#).

## Fall Product Program Training (seasonal only)

Troop fall managers and parents of IRMs take this training to learn about running the fall product program for their troop or girl. See [sdgirlscouts.org/fall](https://sdgirlscouts.org/fall) to learn more.

## Getting Started with Your Troop

Learn the essentials of Girl Scouting with Girl Scouts San Diego. This training covers important topics for troop leaders: starting a troop, handling troop finances, keeping girls safe, product programs, and where to find resources and support. Troop leaders are automatically assigned this required training. Not a troop leader or need help? Contact [training@sdgirlscouts.org](mailto:training@sdgirlscouts.org).

## Gold Award Online Training

Learn Gold Award basics! Jump start your brain so your passions, interests, and ideas begin forming before submitting a Gold Award proposal. Open to girls, parents, project advisors, and leaders. This course is required for girls who want to earn the Gold Award. By signing in, girls certify that they are at least 13 years old. Visit [sdgirlscouts.org/gold](https://sdgirlscouts.org/gold) for more resources. 30 minutes. Code: [gogold](#).

## Large Event and Encampment Director Training

Learn how to plan and run a successful event or encampment from start to finish. Required for event or encampment directors. 20 minutes. Code: [funevents](#).

## Outdoor Challenge

Do you have a strong background in camping with groups or extensive camping experience with Girl Scouts or a comparable youth group? Take this course to "test out" of outdoor training in the following order: Let's Have a Campfire, Let's Cook Out, and/or Let's Tent. Prerequisites: Basic Overnights (online) and Let's Camp. Self-paced. Code: [outdoors](#).

## Silver Award Online Training

Help your Girl Scout Cadettes achieve the Silver Award! This training covers Silver Award essentials like award steps and requirements. You'll learn the difference between a community service project and a Take Action project, plus lots of tips for Silver Award success. Open to girls, parents, project advisors, and leaders. 30 minutes. Code: [gosilver1](#).

## Tips and Tools for Busy Troop Leaders

Learn tips and tricks for running your Girl Scout meetings and learn about resources to help you manage your troop and mediate conflict. Self-paced. Code: [tips4leaders](#).

## Troop Treasurer Training

Volunteers in the troop treasurer role take this required training to learn about troop finances and best practices for managing and reporting troop funds. 20 minutes. Code: [banking2](#).

## Water Safety Tips for Girl Scout Troops

Cover basic water safety information from the American Red Cross, then review Girl Scout standards for swimming and other aquatic activities. 60 minutes. Code: [safeswim](#).

## Where to Place Badges, Patches, and Insignia

This cute, girl-led video takes the guess-work out of placing badges, patches, and insignia on Girl Scout uniforms. 3 min. Code: [cooluniform](#).

**Help us meet your learning needs!**  
**Email [training@sdgirlscouts.org](mailto:training@sdgirlscouts.org) to arrange any accommodations to enhance your learning experience.**

**Para asistencia en español, comuníquese con nuestro personal de Customer Care (servicio al clientes) a [customercare@sdgirlscouts.org](mailto:customercare@sdgirlscouts.org).**