Take the first step in your wilderness adventure! Designed for individuals, our three-step progression safely takes Girl Scouts and adults out of the campground and into the woods. Wilderness Hiking covers outdoor skills and knowledge and is a prerequisite for the Basic Backpacking course and Advanced Backpacking trips. Spend your morning in the classroom and your afternoon on the trail learning about safety, proper gear and equipment, the Leave No Trace ethic, and building independence in Girl Scouts. This class lays a strong foundation for more extraordinary adventures.

**UPCOMING CLASSES**

**Class:** Girl Scouts Balboa Campus  
**Hike Location:** Mission Trails  
**Saturday, Oct. 22**  
Instructor: Val  
**Saturday, Nov. 5**  
Instructor: Josie  
**Saturday, Dec. 3**  
Instructor: Lisa  
**Sunday, Dec. 4**  
Instructor: Kevin  
**Saturday, Jan. 7**  
Instructor: Marilyn

**Fees:** Registration fees include course materials and a “10 Essentials” starter kit. Refunds are available only when event is canceled by Girl Scouts San Diego.  
**Cost:** $25/individual  
**Meetings:** There is a classroom portion then we move to local trails for a short hike. Total time of course is roughly 8 hours.

Register at sdgirlscouts.org/backpacking at least one month before course.  
Questions: Contact Sandy Sultz at 619-610-0814 or ssultz@sdgirlscouts.org