

Take the first step in your wilderness adventure! Designed for individuals, our three-step progression safely takes girls and adults out of the campground and into the woods. Wilderness Hiking covers outdoor skills and knowledge and is a prerequisite for the Basic Backpacking course and Advanced Backpacking trips. Spend your morning in the classroom and your afternoon on the trail learning about safety, proper gear and equipment, the Leave No Trace ethic, and building independence in girls. This class lays a strong foundation for more extraordinary adventures.



## UPCOMING CLASSES

### Dec. 5, 2021

Class: Girl Scouts Balboa Campus  
Instructor: Lisa Sanchez  
Location: Mission Trails

### Dec. 18, 2021

Class: Blue Sky Eco Reserve  
Instructors: Anna Iadevaia  
Location: Blue Sky Reserve

### Jan. 9, 2022

Class: Blue Sky Eco Reserve  
Instructors: Anna Iadevaia  
Location: Blue Sky Reserve

**Fees:** Registration fees include course materials and a “10 Essentials” starter kit. Refunds are available only when event is canceled by Girl Scouts San Diego.

**Cost:** \$25/individual

**Meetings:** There is a classroom portion then we move to local trails for a short hike. Total time of course is roughly 8 hours.

**Register at [sdgirlscouts.org/backpacking](https://sdgirlscouts.org/backpacking) at least one month before course.**

Questions: Contact Katherine “Otter” Van Sickle at 619-610-0690 or [kvansickle@sdgirlscouts.org](mailto:kvansickle@sdgirlscouts.org)