Take the first step in your wilderness adventure! Designed for individuals, our three-step progression safely takes girls and adults out of the campground and into the woods. Wilderness Hiking covers outdoor skills and knowledge and is a prerequisite for the Basic Backpacking course and Advanced Backpacking trips. Spend your morning in the classroom and your afternoon on the trail learning about safety, proper gear and equipment, the Leave No Trace ethic, and building independence in girls. This class lays a strong foundation for more extraordinary adventures.

**Fees:** Registration fees include course materials and a “10 Essentials” starter kit. Refunds are available only when event is canceled by Girl Scouts San Diego.

**Cost:** $20/individual

**Meetings:** Classes are 8:30 a.m.–5:30 p.m. starting on council property then moving to local trails for a short hike.

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**UPCOMING CLASSES**

**Jan. 25, 2020**
Class: Girl Scouts’ Balboa Campus
Instructor: Val Ross
Location: Mission Trails

**Jan. 26, 2020**
Class: Girl Scouts' Balboa Campus
Instructor: Val Ross
Location: Mission Trails

**Feb. 28, 2020**
Class: Girl Scouts' Balboa Campus
Instructor: Marilyn Sedlund
Location: Escondido

**March 14, 2020**
Class: Girl Scouts' Balboa Campus
Instructor: Corrine De Round
Location: Mission Trails

**May 17, 2020**
Class: Girl Scouts’ Balboa Campus
Instructors: Kevin Hill and Erika Scarbrough
Location: Mission Hills

Register at sdgirlscouts.org/backpacking at least one month before course.
Questions: Contact Katherine “Otter” Van Sickle at 619-610-0690 or kvansickle@sdgirlscouts.org