

HIKE of the MONTH



Poway Lake Loop—Easy ■

Recommended Level: Brownies-Adults

Dates: Feb.-March

Cost: Free (self-guided, family hike)

Please note that this is a self-guided, family hike (not a troop event.) Please wear masks on the trail if you encounter other people, and follow proper COVID-19 protocols.

Length: 2.8 miles

Difficulty: Easy-Brownie through Adult

Elevation Gain/Loss: 465'

Driving directions: 14644 Lake Poway Rd, Poway. From Hwy. 15: Take exit 24: Rancho Bernardo Rd. and head east (right), it becomes Espola Rd. Turn left on Lake Poway Rd. This will take you directly to the parking lot.

Parking: Park in Lake Poway parking lot. \$10 for non-Poway residents on Saturday and Sunday. Free Monday-Friday.

General Route:

This trail starts behind the general store/fish cleaning station. It is a lovely loop around the edge of Poway Lake. There is a bit of up and down on the trail and it can get really warm on a hot day.

Map: [Explore Lake Poway Loop Trail | AllTrails](#)

Bring: [10 +2 Essentials](#) (link to our WHC handbook)

See specifics on reverse



HIKING LEVELS

■ Easy (all levels of hikers) ■ Moderate (intermediate) ■ Strenuous (experienced only)

Specifics: Turn by turn

- From the parking lot: go north and start trail behind the store.
- Follow along the lake for a short while.
- Turn left (north) and hike up a short hill and then you head down to below the dam.
- Ascend back up the hill and you will head right (west).
- Once you go over the ridge you will have a beautiful view of the lake.
- Down the trail a bit are several tables and benches. This is a great place to have some water and a snack.
- Continue to follow the trail (ups and downs) around the lake.

Key Risks:

- Possibly weather (heat/cold/wind)
- Mountain bikes, specifically on the Laguna side of Sunrise Highway
- Rattlesnakes

Be safe! Have fun! Share your pictures!

- Send us a picture: [GSSD Backpacking](#)
- Post a picture on the [GSSD Trail Buddies Facebook Page](#)
(completion of Wilderness Hiking is a requirement to join this private group. We encourage you to join GSSD Trail Buddies to stay connected to the GSSD hiking and backpacking program, and learn about upcoming hikes, classes, and trips.)

