Girl Scouts San Diego 2023
Day & Sleepaway Summer Camp

Develop Yourself

Girl Scouts
San Diego
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In developing girls of courage, confidence, and character who make the world a better place (our mission), we are committed to providing Girl Scouts with the space, the skills, and the practice to embrace and participate in thoughtful dialogue to understand individuals, their life experiences, and identities. We create safe and inclusive spaces for our members to experience a sense of belonging and to have the opportunity to discover, connect, and take action in our complex world—these are key to the Girl Scout Leadership Experience.

All Girl Scouts San Diego programming, including camp, is open to those who identify as girls and individuals who don't identify with the gender binary. Although our members are referred to as Girl Scouts or girls, we recognize and honor that they may not identify as exclusively female or use she/her pronouns.

We are all learning, and together, we can create space for all Girl Scout members to feel welcome, valued, and seen.
2023 Girl Scout Camp
Registration opens March 1. Register at sdgirlscouts.org/camp.

Grade level
To ensure the best experience for your camper, it is important to register for sessions that are appropriate for her age and Girl Scout level. Grades shown for summer camp sessions indicate the grade the camper will enter in the fall.

Pricing
We are proud to provide camp at competitive prices which allow more girls to get outside and experience the many adventures Girl Scout camps have to offer.

Our three-tiered pricing structure provides families the opportunity to take an active role in creating sustainable camps for years to come. Tiered pricing allows your family to self-select subsidized fees. Each family can confidentially choose the pricing tier that is most appropriate to their needs. All campers will receive the same unforgettable camp programming and experience, regardless of tier selected. A $25 deposit per camp session is required at the time of registration.

How it Works

<table>
<thead>
<tr>
<th>Tier A</th>
<th>Tier B</th>
<th>Tier C</th>
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<tbody>
<tr>
<td>At this tier, you are supporting camp at the rate that most closely reflects the true cost-per-girl for camp, including food, program supplies, insurance, facilities upkeep, and camp staff training and salaries.</td>
<td>This rate is partially subsidized and falls between the fully subsidized rate and the true cost of camp.</td>
<td>Programming costs are subsidized by grants, donations, and Cookie Program proceeds.</td>
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Financial assistance
Thanks to generous donations from friends of Girl Scouts San Diego, we can offer assistance for up to one camp session per camper per year. Assistance is awarded as a percentage of camp fees, based on financial need.

To request aid:
• Create an online account at sdgirlscouts.org/camp or open your existing account.
• Select a camp session and register, making a $25 deposit per camp session at registration.
• Complete the financial assistance form as soon as possible, as funds are limited and awarded on a first-come, first-served basis.
• Within two weeks, you will be notified whether you qualify for assistance and the amount. If not approved, you will have an option to either pay the balance or have your deposit refunded.
• Pay any remaining balance (due three weeks prior to camp session).

Refund and cancellation policy
Cancellations and requests for transfers or refunds must be submitted in writing.

<table>
<thead>
<tr>
<th>Timing</th>
<th>Cancellations</th>
<th>Transfers</th>
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</thead>
<tbody>
<tr>
<td>More than three weeks prior to your camp</td>
<td>Full refund (less $25 deposit)</td>
<td>One courtesy transfer allowed. Additional transfers are permitted, minus the $25 deposit.</td>
</tr>
<tr>
<td>Less than three weeks prior to your camp</td>
<td>No refunds provided.</td>
<td>Transfers may be made, subject to availability and minus the $25 deposit.</td>
</tr>
<tr>
<td>Less than five business days before your camp</td>
<td>No refunds provided.</td>
<td>No transfers available.</td>
</tr>
</tbody>
</table>

Contact us: camp@sdgirlscouts.org | 619-298-8391
Benefits of Outdoor Experiences with Girl Scouts

Outdoor experiences are key to mental and physical well-being for Girl Scouts. The cool touch of water as they dip their toes into a lake. The warm sun on their face as they learn a new skill. The breeze on their arm as they take their first hike. All are part of the Girl Scout outdoor experience.

Girl Scout camps are fun places where girls grow by leaps and bounds. Campers discover new interests, take important time off from school and social pressures, and challenge themselves in a supportive environment.

Campers have a say in the activities their groups will participate in, so no two sessions of camp are the same.

Providing outdoor experiences for your camper starts with you! After registering your girl, you will receive a confirmation email that includes a family packet. This is your go-to resource for planning and preparing for a successful and impactful camp experience.

Percentage of girls who agree with statement

86%
I've learned a lot about the outdoors or nature in Girl Scouts.

84%
I've done outdoor activities in Girl Scouts that I had never done before.

83%
Girl Scouts has taught me how to take care of the environment.

80%
I have done outdoor activities through Girl Scouts that I would not have done otherwise.

68%
Doing outdoor activities in Girl Scouts has helped me overcome at least one fear.
Health and Safety FAQs

We are committed to the well-being and safety of our Girl Scout members, families, staff, and volunteers, and have addressed general questions below that will serve as standard operating procedures across all camp properties and programs. Subject to change.

Will my camper be able to enjoy her favorite activities and traditions?

The hallmarks of our camps remain unchanged. Our fun camp themes, welcoming camp staff, exciting activities, and life-long memories will remain integral to every camp session.

Is my child required to wear a mask while at camp?

Girl Scouts San Diego will follow any local and CDC mandates and guidelines that are in place when camp is in session. Masks are always welcome for additional protection. Masks will not be worn while eating, drinking, and sleeping, or during aquatic activities such as swimming or canoeing.

What are the required health screenings/ procedures prior to arrival?

Prior to arrival at camp, each camper will be asked to complete a health questionnaire (arrival day for sleepaway camp) in addition to health screenings upon arrival. COVID-19 testing is an option that will be considered as summer nears.

Will my camper be in the same group throughout the week?

Yes, each camper will be in small group cohorts (units) that will travel throughout camp enjoying activities together. Co-mingling of units may be limited, depending on guidelines at that time.

How are common camp spaces being disinfected and safe for my child to use?

Following established health and safety guidelines, day and sleepaway camp staff will properly clean and disinfect any communal shared surfaces and equipment. We have added extra hand washing stations throughout our camps and hand sanitizers in each program area. Throughout the day, we will teach and reinforce health hygiene practices, including proper handwashing.

What if my camper becomes sick before camp?

Please keep them at home. If space allows, we will transfer your camper to a later date. Since space is limited, practice social distancing and masking to avoid illness before camp.

I still have some questions; how can I find out more information about my camper’s specific session?

In addition to checking sdgirlscouts.org/camp, you may also reach out to the camp’s director at campdirector@sdgirlscouts.org.
Cookies=Camp

Through the Girl Scout Cookie Program, you can support the camps you love. Camp fees cover only a portion of camp operating costs. Girl Scouts San Diego makes up the difference with council proceeds from the cookie program, providing fun and challenging activities, knowledgeable and supportive staff, healthy food, and safe facilities for your summer adventure!

Earn Camp by Participating in the Cookie Program!

During the Girl Scout Cookie Program (Sunday, Jan. 29-Sunday, March 12), Girl Scouts like you learn five essential life skills: goal setting, money management, people skills, decision making, and business ethics. Use those goal-setting skills to set your sights on a free week of camp!

Girl Scouts who reach 1,000 packages in the cookie program will earn a five-day session at either sleepaway or day camp.

Not participating in a troop? Individually registered members can earn Cookie Buck Program Credits to apply to camp fees.

Get started on earning your camp—the 2023 Girl Scout Cookie Program is happening now!
**Day Camps**

**Balboa Campus**
Located in the northwest corner of Balboa Park, our Balboa Campus serves as Girl Scouts San Diego's headquarters. The property includes cabins and other amenities for camping and activities. Each cabin area has large indoor spaces and covered porches, open outdoor areas, and a campfire ring. The campus also has an amphitheater, Adventure (climbing) Zone, and target sports range that girls will use during programs.

**Escondido**
Located in the heart of Kit Carson Park, the Escondido Program Center includes a large lodge with fireplace, multiple restrooms, air conditioning, shaded porches, archery range, playground, water misters, sports field, and a campfire ring.

**Sleepaway Camps**

**Camp Winacka**
At this traditional camp, living units are tucked among trees that surround a meadow. Counselors sleep in cabins with girls in grades 2-5, and adjacent to cabins with girls in grades 6-12. Each living unit includes a central porch and a campfire ring. Activities center around the lodge, dining hall, swimming pool, lake, and environmental center.

**Facilities at Camp Winacka**
- Flush toilets and hot showers are accessible to all accommodations.
- Enclosed cabins have heat, electricity, and cots, and sleep up to 24 campers.
- Rustic cabins are screened, open-air facilities with built-in bunks and no electricity, and sleep up to eight campers.
- Under-the-stars campers sleep on cots on an outdoor deck attached to a central building that has restrooms and a changing area.

Make sure to note the facilities type symbol in the camp session when choosing the best camp for you.

**Camp Whispering Oaks**
At this modern camp, living units are closely centered around the lodge and play field. Counselors sleep in cabins with campers of all age levels. Counselors sleep in pitch tents adjacent to camper tents. Each cabin cluster has a program area and space for outdoor cooking. Each tent site has a campfire ring. Activities are held at the lodge, challenge course, play field, playground, arts shed, archery range, and on the trail.

**Facilities at Camp Whispering Oaks**
- Hot showers are accessible to all accommodations.
- Enclosed cabins have heat, electricity, flush toilets, and cots, and sleep up to 14 campers.
- Pitch tent campers sleep in tents at one of our tent sites. Each tent site has a campfire ring and port-a-potties. Tent campers will have access to showers (and have access to flush toilets throughout the day).
Calling all Volunteers

Day camp adult volunteers

When you volunteer for day camps, there is no fee for you, and your children receive reduced camp fees. As a day camp volunteer, you have opportunities to impact girls, develop your own leadership expertise, and gain new skills. Both female and male adults, ages 18 and up, are welcome to apply to volunteer. Look for sessions with "COV" camper fee; choose this for your child's fee if you will volunteer.

Positions/roles

Unit counselor/helper: Guide a group of campers through pre-planned activities with the help of another counselor or a teen mentor.

Program volunteer: Teach a skill, or plan and lead special activities like crafts, gardening, or sports.

Sleepaway camp adult volunteers

While we do not accept parent volunteers for sleepaway camp programs, we appreciate volunteer assistance with office projects prior to the camp season, logistics help during camp, and at bus locations on Mondays and Fridays. Contact campdirector@sdgirlscouts.org for information.

Step-by-Step: Become a Camp Volunteer

1. Register as a Girl Scout member at sdgirlscouts.org/join.
2. Register as a camp volunteer at sdgirlscouts.org/campvolunteers.
   
   If your child is also attending the camp, register her at the child of volunteer (COV) rate specified in descriptions for camps that use volunteers. You must be available for the full camp session to use the COV rate. We will contact you to confirm your volunteer role.

3. Complete a background check and other required paperwork per instructions on the camp volunteer page.
4. Attend a training session. Dates will be provided to registered volunteers.
THINGS TO KNOW

DCA  Day Camp Aide
CIT  Counselor-in-Training
EC   Extended Camp (before and after each camp) is available for campers that are dropped off and picked up at our Balboa Campus only. Cost is included in camp fees.

CAMPS ARE BASED ON GRADE LEVEL

D Daisy (grades K-1)
B Brownie (grades 2-3)
J Junior (grades 4-5)
C Cadette (grades 6-8)
S Senior (grades 9-10)
A Ambassador (grades 11-12)

Eligible for Camp Cookie Reward
See page 8 for more info.
**Day Camp 101**

**Locations**
Girl Scouts Balboa Campus and Escondido Program Center

**Camp staff**
All camp staff members are 18 or older, and selected for their maturity, skills, and enthusiasm. Most were Girl Scout campers as youth, and many return year after year. Staff are trained in CPR, first aid, child development, and activity leadership.

**Extended care**
We provide extended day care at no additional cost for campers who get dropped off and picked up at the Balboa Campus. Drop your camper off as early as 7:30 a.m. and pick her up as late as 6 p.m. Extended care is not available at the Escondido Program Center.

**T-Shirts**
A special day camp t-shirt is included with registration and provided to all campers each week.

**Camp buddies**
Campers may register to be placed with one “buddy” for the week. Enter buddy information during online registration. Because day camp programming is age-specific, we can only accommodate buddy placement for girls within one grade level of each other.

**Confirmations/instructions**
Once you register, you will receive a confirmation email with a link to all required paperwork and information about what to bring (e.g., items like a sack lunch, water, and sunscreen) and what to expect from camp. Your camp director will also send a letter with additional details one week before your session.

**Campers with special needs**
With sufficient notice, we can accommodate most campers with special physical, medical, emotional, social, or dietary needs. Contact campdirector@sdgirlscouts.org two weeks before the beginning of your camp session with specific considerations and fill out the camp health forms in detail.
Step by Step: Become a Day Camp Aide or Counselor-in-Training

1. Register online for camp. Placement is on a first-come, first-served basis.
2. Register online for in-person training. (DCAs/CITs who have completed training previously are assigned an online refresher course in place of training.)
3. Complete in-person training or online refresher course before camp starts.
4. Attend camp-specific training, as assigned. Some day camps include additional training sessions prior to the start of camp. If the camp includes separate trainings, the camp director will set and communicate training dates.

In the following pages you will find the descriptions of this year’s summer camps. Come join in the fun!

Day Camp Aides (DCAs) and Counselors-In-Training (CITs)

DCAs and CITs are campers in grades 7-12 who support younger girls in partnership with adult staff. These teen mentors help lead activities and guide younger campers.

Prerequisite/restrictions: Current training is required for all teen mentors. As DCA/CIT positions are very popular, we limit registration to two sessions per girl. We do not accept buddy requests from DCAs/CITs.

Grades 7-12 (DCAs)

DCAs help campers with crafts, games, and songs, assist unit counselors, and learn about leadership from CITs and Girl Scout staff. Prerequisite/notes: DCA Teen Leadership Training is required for all first-time DCAs. During the training, girls practice leading typical camp activities and learn personal leadership development, what to expect from a day at camp, and tips and tricks to motivate and guide younger girls. If the training is needed, you must register for the training and the session of camp you wish to attend as a DCA.

Grades 9-12 (CITs)

As seasoned older camp leaders, CITs mentor DCAs and younger girls, and take on additional leadership opportunities such as planning or leading activities on your own. Prerequisites: CITs must have held one of the following leadership roles: DCA, leader-in-training (LIT) at Camps Winacka or Whispering Oaks (see page 41), or an equivalent leadership role with three or more hours of training and 20 hours of leadership time working with younger girls. First-time CITs are required to take the CIT Next Level Teen Leadership Training. The session covers skills review from Teen Leadership Training, conflict resolution, and working collaboratively. Topics also include advanced tips and tricks to motivate and guide younger girls, and planning and leading typical camp activities like crafts, songs, games, and ceremonies. If the training is needed, you must register for the training and the session of camp you wish to attend as a CIT.
Adventure Seekers 🏞️ 🌿 🧒

Grades K-1; DCA/CIT: Grades 7-9
Grades 2-3; DCA/CIT: Grades 7-9
Grades 4-6; DCA/CIT Grades 9-12

Do you love the smell of crisp mountain air? How about a warm ocean breeze? Learn, craft, practice outdoor skills, and have adventures with new camp friends. Understand what it means to take care of our planet and participate in awesome outdoor activities.

**Grades K-1:** Discover what recycling means for our Earth; earn the [Eco Learner](#) and [Buddy Camper](#) badges.

**Grades 2-3:** Learn about secret codes and how to become a friend to animals; earn the [Letterboxer](#) and [Eco Friend](#) badges.

**Grades 4-6:** Create your own outdoor trip, make clues to hide, and explore how nature comes to life at night; earn the [Eco badges](#) for your program level, [Geocacher](#) (Junior) and [Night Owl](#) (Cadette).

Balboa Campus; 8:30 a.m.-3 p.m.
July 10-14 (Week 3)

Five days: Camper: Tier A: $385, B: $345, C: $305, DCA/CIT: $210, COV: $200

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Art Aces 🐘 🌿 🧒

Grades K-1; DCA/CIT: Grades 7-9
Grades 2-3; DCA/CIT: Grades 7-9
Grades 4-6; DCA/CIT Grades 9-12

Let your inner artist loose as you explore the fine arts and new ways to create art every day. Discover, learn, and be inspired by the world around you.

**Grades K-1:** Dive into performance art and 2D media exploring dancing, painting, drawing, and collaging; earn the [Clover](#) and [Tula petals](#) and [Outdoor Art Maker](#) badge.

**Grades 2-3:** Try your hand at 2D and 3D media, including printmaking, sculpture, and photography; earn the [Outdoor Art Creator](#) and [Potter](#) badges.

**Grades 4-6:** Explore a sampling of media, including performance art, photography, and design; earn the [Outdoor Art](#) and [Artist](#) badges for your age level.

Balboa Campus; 8:30 a.m.-3 p.m.
July 5-7 (Week 2)

Three days: Camper: Tier A: $230, B: $210, C: $185, DCA/CIT: $130, COV: $120

July 24-28 (Week 5)

Five days: Camper: Tier A: $385, B: $345, C: $305, DCA/CIT: $210, COV: $200

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Register online: sdgirlscouts.org/camp
Backyard Explorers 🌿 📚 ⛔️ 🐦 ⛅️
Grades K-1; DCA/CIT: Grades 7-9  
Grades 2-3; DCA/CIT: Grades 7-9  
Grades 4-6; DCA/CIT Grades 9-12
Explore the exciting environment all around you! Use your nature detective skills to find various animal species, learn how trees grow and rivers flow, and discover what it means to protect the environment. Enjoy spending time with backyard creatures when Critter Encounters comes for a visit, hike around Balboa Park, and build your gardening skills.

**Grades K-1:** Learn about the many gifts nature provides and how you can give back and protect the environment; earn the **Rosie petal** and **Eco Learner badge**.

**Grades 2-3:** Find new ways to protect our natural world and the things living in it—big and small! Earn the **Eco Friend** and **Bugs badges**.

**Grades 4-6:** Experience the world as a naturalist while exploring conservation and uncovering the many benefits flora and fauna provide for us; earn the **Eco** and **Naturalist badges** for your program level.

Balboa Campus; 9 a.m.-3:30 p.m.  
July 5-7 (Week 2)
Three days: Camper: Tier A: $230, B: $210, C: $185, DCA/CIT: $130, COV: $120

Escondido Program Center; 9 a.m.-3:30 p.m.  
July 31-Aug. 4 (Week 6)
Five days: Camper: Tier A: $385, B: $345, C: $305, DCA/CIT: $210, COV: $200

Beyond the Stars 💫 🚀 ⛍️ 📚 ⛅️
Grades K-6, DCA/CIT: Grades 7-12
Blast off into the unknown with outer space exploration! Be an astronaut for a day as you investigate constellations, rockets, and asteroids. Create your own galaxies and universe. Earn the **Space Science badge** for your program level.

Balboa Campus; 9 a.m.-3:30 p.m.  
July 17-21 (Week 4)
Five days: Camper: Tier A: $385, B: $345, C: $305, DCA/CIT: $210, COV: $200
Camper Sampler 🌞 🌚 🌙 🌑

Grades K-1; DCA/CIT: Grades 7-9
Grades 2-3; DCA/CIT: Grades 7-9
Grades 4-6; DCA/CIT Grades 9-12

Whether it’s your first summer at camp—or your fifth—you’ll spend a fun-filled week sampling all that day camp has to offer! From crafts to cooking, and engineering to animals, each day will showcase a different theme from the day camp universe.

**Grades K-1:** Learn what day camp is all about, from arts and crafts to teambuilding games; earn the Sunny and Vi petals, and Trail Adventure badge.

**Grades 2-3:** Expand on camp traditions and games while partaking in outdoor activities; earn the Senses and Trail Adventure badge.

**Grades 4-5:** Take on bigger challenges, such as hiking around Balboa Park and learning the Leave No Trace Seven Principles; earn the Trail Adventure and Athlete badge for your program level.

Escondido Program Center; 9 a.m.-3:30 p.m.
July 10-14 (Week 3)
Balboa Campus; 8:30 a.m.-3 p.m.
Aug. 7-11 (Week 7)
Five days: Camper: Tier A: $385, B: $345, C: $305, DCA/CIT: $210, COV: $200

Engineer It! 🌞 🌚 🌙 🌑

Grades K-5, DCA/CIT Grades 7-12

Explore the world of engineering and robotics! Let your imagination run wild with instruction by PlayWell TEKnologies and tens of thousands of LEGO® parts! Build engineer-designed projects like trains, helicopters, tree houses, and beam bridges. Design and build as never before and explore your craziest ideas in a supportive environment. Earn the Mechanical Engineering badge for your program level.

Balboa Campus; 8:30 a.m.-3 p.m.
June 26-30 (Week 1)
Five days: Camper: Tier A: $385, B: $345, C: $305, DCA/CIT: $210, COV: $200

Register online: sdgirlscouts.org/camp
Fantastic Friends 🦄 📚
Grades K-1; DCA/CIT: Grades 7-9
Grades 2-3; DCA/CIT: Grades 7-9
Grades 4-6; DCA/CIT Grades 9-12
Dive in and use your imagination in this fantasy camp! Create your own unicorn, discuss your favorite cats, and explore the ocean in search of a mermaid. Share and explore your creativity with all your friends.

**Grades K-1:** Use your imagination to visit far off places; earn the **Clover** and **Gerri petals**.

**Grades 2-3:** Use your imagination to create your own worlds; earn the **Making Friends** and **Girl Scout Way badges**.

**Grades 4-6:** Use your imagination to discover a mystical creature; earn the **Girl Scout Way badges** for your program level, **Social Butterfly** (Junior) and **Science of Happiness** (Cadette) badges.

Balboa Campus; 9 a.m.-3:30 p.m.
Aug. 7-11 (Week 7)
Five days: Camper: Tier A: $385, B: $345, C: $305, DCA/CIT: $210, COV: $200

GSI: Girl Scouts Investigate 🛠 📚
**NEW!**

Grades 4-8; DCA/CIT: Grades 9-12
Young detectives—we need your help to solve a whodunnit by the end of camp. Practice by performing hands-on forensic science demonstrations like extracting DNA and analyzing handwriting and participating in games that build skills in completing detective missions and working with a team. Earn the **Cybersecurity 3: Investigator badge** for your program level.

Balboa Campus; 8:30 a.m.-3 p.m.
June 26-30 (Week 1)
Five days: Camper: Tier A: $385, B: $345, C: $305, DCA/CIT: $210, COV: $200
Enjoy the Journey 💚 J NEW!
Grades 4-8; DCA/CIT: Grades 9-12
Calling all Juniors and Cadettes! Whether you are preparing for the Bronze or Silver Awards, or just want a fun week with fellow Girl Scouts, this is the camp for you. Have fun doing all your favorite camp activities like throw hatchets and tie dye while completing a Journey instead of earning badges. Go ahead and check that off your highest awards to-do list! End the week with a chill pizza party with your new camp friends. Juniors will complete Agent of Change, and Cadettes will complete Breathe.
Balboa Campus; 8:30 a.m.-3 p.m.
July 24-28 (Week 5)
Five days: Camper: Tier A: $385, B: $345, C: $305, DCA/CIT: $210, COV: $200

Let’s Get Primitive 💚 J NEW!
Grades 4-6; DCA/CIT Grades 9-12
Take your cooking to the next level and step out of the kitchen! Prepare for a campout or to tackle Whispering Oaks and Winacka. You’ll plan your menu for the week, pitch a tent, prepare a packing list, and put all your skills to the test with an overnight on Thursday with your new camp friends. Earn the Trail Adventure and Camper badges for your program level.
Balboa Campus; 8:30 a.m.-3 p.m.
July 31-Aug. 4 (Week 6)
Five days: Camper: Tier A: $385, B: $345, C: $305, DCA/CIT: $210, COV: $200

Princess in Training 💚 J B I C NEW!
Grades K-1; DCA/CIT: Grades 7-9
Grades 2-3; DCA/CIT: Grades 7-9
Grades 4-6; DCA/CIT Grades 9-12
Prepare for the ball as you make your own crown and tutu and have a dance lesson from Dance Me Fit. Learn about the friendly forest creatures when camp gets a visit from Critter Encounters and get the fabulous princess treatment you deserve at a spa day!
**Grades K-1:** Groove to new music and learn new dance moves; earn the Marli and Zinni petals.
**Grades 2-3:** Learn how to rock out to new rhymes and routines; earn the Dance and Pets badges.
Balboa Campus; 9 a.m.-3:30 p.m.
July 5-7 (Week 2)
Three days: Camper: Tier A: $230, B: $210, C: $185, DCA/CIT: $130, COV: $120
Rhythm of Me 🎼 DJJC
Grades K-1; DCA/CIT: Grades 7-9
Grades 2-3; DCA/CIT: Grades 7-9
Grades 4-6; DCA/CIT Grades 9-12
Music and dance lovers, unite! Get your groove on at this camp full of upbeat tunes and rocking good times! Practice with introductory dance lessons from Dance Me Fit, make your own musical instrument with San Diego Arts for Learning, and listen to music from around the world.

**Grades K-1:** Groove to new music and learn new dance moves; earn the **Mari** and **Zinni petals**.

**Grades 2-3:** Learn how to rock out to new rhythms and routines; earn the **Dance** and **Fair Play badges**.

**Grades 4-6:** Use your voice to create your own song and dance; earn the **Performance** and **Athlete badges** for your program level.

Balboa Campus; 9 a.m.-3:30 p.m.
Aug. 7-11 (Week 7)
Five days: Camper: Tier A: $385, B: $345, C: $305, DCA/CIT: $210, COV: $200

Spice Up Your Life 🥗 JC
Grades 4-8; DCA/CIT: Grades 9-12
Calling all foodies: Become a top chef over the campfire. Try new recipes and bake the classics with new techniques. Anything you can make in your home kitchen can also be made OUTSIDE; we’ll show you how with daily demos and cooking challenges. Earn the **Cooking badge** for your program level and **Eco Camper** (Junior) or **Primitive Camper** (Cadette) **badge**. Bon appétit!

Balboa Campus; 8:30 a.m.-3 p.m.
July 17-21 (Week 4)
Five days: Camper: Tier A: $385, B: $345, C: $305, DCA/CIT: $210, COV: $200
Time Travelers

Grades K-1; DCA/CIT: Grades 7-9
Grades 2-3; DCA/CIT: Grades 7-9
Grades 4-6; DCA/CIT Grades 9-12

Have you ever wondered what an English Tea would be like? Or a day in the life of a caveperson? Check out these and so much more as we take a journey through the past. Discover what life was like in different historical periods alongside your new camp friends.

**Grades K-1:** Check out how princesses drink tea and make your own flowers; earn the **Rosie** and **Zinni petals**.

**Grades 2-3:** Create your own games and learn about games from the past; earn the **Making Games** and **My Family Story badges**.

**Grades 4-6:** Investigate ancient celebrations, have a Renaissance fair, discover different wardrobes of yesterday and invent your own; earn the **Creative Play badges** for your program level, and **Scribe (Junior)** and **Public Speaker (Cadette)** badges.

Balboa Campus; 9 a.m.-3:30 p.m.
July 31-Aug. 4 (Week 6)
Five days: Camper: Tier A: $385, B: $345, C: $305, DCA/CIT: $210, COV: $200

Under the Sea

Grades K-1; DCA/CIT: Grades 7-9
Grades 2-3; DCA/CIT: Grades 7-9
Grades 4-6; DCA/CIT Grades 9-12

Dive in and explore the deep! Investigate how our oceans work, what marine animals need to survive, and the impact of humans on the world’s largest ecosystem. Enjoy crafts, songs, and games with fellow ocean lovers.

**Grades K-1:** Learn how to help keep the world safe for marine life; earn the **Clover petal** and **Eco Learner badge**.

**Grades 2-3:** Investigate the differences between domesticated and wild animals; earn the **Pets** and **Eco Friend badges**.

**Grades 4-6:** Further investigate human relationships with animals while planning projects to help preserve natural habitats; earn the **Animals** and **Eco badges** for your program level.

Balboa Campus; 9 a.m.-3:30 p.m.
July 24-28 (Week 5)
Five days: Camper: Tier A: $385, B: $345, C: $305, DCA/CIT: $210, COV: $200
Wild Things 🦊 🍁 🍁 🍁
Grades K-1; DCA/CIT: Grades 7-9
Grades 2-3; DCA/CIT: Grades 7-9
Grades 4-6; DCA/CIT Grades 9-12
Get out there where the wild things are! Hang out with some real-life beasties when Critter Encounters stops by and discover how to keep animals safe by protecting their environments.

**Grades K-1:** Create animal art, play silly camp games, and learn how to help keep the world safe for our furry friends; earn the **Rosie petal** and **Eco Learner badge**.

**Grades 2-3:** Conduct messy experiments and investigate the differences between domesticated and wild animals; earn the **Pets** and **Eco Friend badges**.

**Grades 4-6:** Further investigate human relationships with animals while planning projects to help preserve natural habitats; earn the **Animals** and **Eco badges** for your program level.

Balboa Campus; 9 a.m.-3:30 p.m.
June 26-30 (Week 1)
July 17-21 (Week 4)
Five days: Camper: Tier A: $385, B: $345, C: $305, DCA/CIT: $210, COV: $200

Women In Science 🦊 🍁 🍁 🍁
Grades K-6, DCA/CIT Grades 7-12
Who dug up the dinosaurs? And who gets to feed the lions at the zoo? Come learn about all the ways you can contribute to the wide world of science and about the women who pioneered the path before you.

Play-Well TEKnologies will lead you through LEGO® builds to accompany careers you learn about. Explore and create across the sciences!

Earn the **Innovation badge** for your program level.

Balboa Campus; 8:30 a.m.-3 p.m.
July 10-14 (Week 3)
Five days: Camper: Tier A: $385, B: $345, C: $305, DCA/CIT: $210, COV: $200
Technology Goddesses
Grades K-6
Technology Goddesses Camp 2023 will focus on "Technology in Everyday Life" for all program levels (and will satisfy selected badge and Journey requirements). We will concentrate on teamwork, leadership, creativity, and analytical thinking, and include other traditional day camp activities like crafts and outdoors. Learn through age-appropriate activities around deaf education, methods of communication with the deaf and hard of hearing, and artificial intelligence. Overnight for campers entering grades 5-12: Wednesday, July 26.
Escondido Program Center; 8:30 a.m.-3 p.m.
July 24-28 (Week 5)
Five days: Camper: Tier A: $385, B: $345, C: $305, COV: $200
Contact: Volunteer Camp Director Cora Carmody, 760-274-3834 (please call before 8:30 p.m.), wombat@goddesscamp.org

Technology Goddesses
DCA/CITs
Grades 7-12
Help lead Technology Goddesses campers in exploring the world of STEAM as you strengthen your skills and become a more confident leader! Note: DCA/CITs will be assigned to units, the crafts center, or our technology areas, depending on experience. You will also socialize with other DCA/CITs.
Escondido Program Center; 8:30 a.m.-3 p.m.
(DCA/CIT lab, Monday-Thursday, 3-4:30 p.m.)
July 24-28 (Week 5)
DCA/CIT: $210
Contact: Volunteer Camp Director Cora Carmody, 760-274-3834 (please call before 8:30 p.m.), wombat@goddesscamp.org
Offsite Day Camps

Dual check-in will be available at every offsite camp. Drop off your camper at Balboa Campus or the location of the camp.

**Aquatic Adventures**

Grades 4-8; DCA/CITs: Grades 9-12

Take surfing lessons and navigate beautiful Crown Cove with a kayak or stand-up paddle board. Learn nautical skills and splash around with new friends while you swim, play on the beach, sing songs, and make classic camp crafts. Earn the **Athlete badge** for your program level.

Crown Cove Aquatic Center at Silver Strand State Beach, Coronado; 9 a.m.-3:30 p.m.
July 24-28 (Week 5)
Aug. 7-11 (Week 7)

Five days: Camper: Tier A: $465, B: $415, C: $365, DCA/CIT: $240

**H2Oh Yeah!**

Grades 6-8; DCA/CITs: Grades 9-12

Spending the week kayaking, paddleboarding, and pedal boating on the coast of the Agua Hedionda Lagoon. With the help of YMCA staff and lifeguards, you'll gain confidence on the water while Girl Scout staff give you all the tools to prepare for a Thursday night overnight with your new camp friends. Earn the **Athlete badge** for your program level.

Agua Hedionda Lagoon, Carlsbad; 9 a.m.-3:30 p.m.
July 10-14 (Week 3)

Five days: Camper: Tier A: $465, B: $415, C: $365, DCA/CIT: $210

**Living Coast**

Grades 2-6; DCA/CITs: Grades 7-12

Track wildlife on the marsh, explore life under the microscope, hand feed sharks, and meet green sea turtles as you go behind the scenes at the Living Coast Discovery Center. Experience the world the way biologists do as you discover firsthand what it takes to care for eagles, owls, snakes, and marine animals. Earn the **Senses badge** (Brownies) or **Animals badge** (Juniors, Cadettes) for your program level.

Living Coast Discovery Center, Chula Vista; 9 a.m.-3:30 p.m.
July 5-7 (Week 2)

Three days: Camper: Tier A: $280, B: $250, C: $220, DCA/CIT: $145
Horse Camps

Sweetwater Farms, Bonita
Grades 2-6; DCA/CITs: Grades 7-12

Every day at all our horse camps, spend half your time with the ponies and horses—including arena riding instruction and hands-on horse and pony care education—and the rest of the time enjoying crafts, snacks, and activities related to the week’s theme.

Required attire: You must wear long pants and riding boots or boots with a half-inch heel. For safety reasons, sneakers are not allowed.

9 a.m.-3:30 p.m.
Dates specified below
Tier A: $565, B: $525, C: $485, DCA/CIT: $300

Do Si Do, Rodeo
Channel your inner cowgirl as you ride, rope, and connect with the great outdoors. Focus on animal care and the Wild West as you work toward the Creative Play and Performance badges for your program level.

June 26-30 (Week 1)

Giddy Up and Go
Saddle up and discover the ins and outs of the equestrian lifestyle. Hone your technique, practice your skills, and play games as you learn all about horsemanship, riding, and care.

Earn the Animals and Naturalist badges for your program level.

July 17-21 (Week 4)

Painted Ponies
Bring together your love of art and horses in this unique camp. Learn to draw, paint, and sculpt to create the horse or pony of your dreams and other original pieces to remind you of your time on the ranch. Earn the Artist and Naturalist badges for your program level.

July 31-Aug. 4 (Week 6)
Sleepaway Camp

CAMPS ARE BASED ON PROGRAM LEVEL
D Daisy (grades K-1)
B Brownie (grades 2-3)
J Junior (grades 4-5)
C Cadette (grades 6-8)
S Senior (grades 9-10)
A Ambassador (grades 11-12)

Eligible for Camp Cookie Reward
See page 8 for more info.

TEEN LEADERSHIP OPPORTUNITIES
Girls in grades 8-12 can lead younger girls at camp!
See page 41 for details.

FACILITIES
Camp Whispering Oaks (CWO) accommodations:
- Modern cabins
- Pitch tents

Camp Winacka (WIN) accommodations:
- Under-the-stars
- Rustic cabins
- Modern cabins

Contact us: camp@sdgirlscouts.org | 619-298-8391
Sleepaway Camp 101
Basic information about Girl Scout camp

Program
Based on the campers’ interests and age, each group of campers and staff plans its own activities, including hiking, archery, nature exploration, swimming, challenge course, arts and crafts, and sleep outs, with additional activities based on the session theme. Help your camper choose a camp session by looking for activities they already love or have always wanted to try!

Camp staff
All camp staff members are 18 years or older and are selected for their maturity and enthusiasm. Most were Girl Scout campers as youth and many return year after year. Staff are trained in CPR, first aid, child development, and activity leadership.

Camp buddies
Campers may register to be placed with one friend for the week. Enter buddy information during registration. Camper buddies must be registered for the same program.

Confirmations/instructions
Registered campers receive a confirmation email with a packing list, information about what to expect at camp, and a link to all required paperwork.

Transportation
Most campers take the camp bus, which stops in Mission Valley and Escondido ($20 each way; $40 roundtrip). Camp staff supervise bus trips to ensure a fun and safe experience. Alternatively, families may drive their campers directly to camp.

Communication
Campers may receive regular U.S. mail. No packages, please. Caregivers may also drop mail off at the bus stop only on Mondays. Camp staff posts daily blogs and photos as a free service. For an additional fee, caregivers can email their campers through an online platform. Campers respond via U.S. mail only.

Accommodations
With sufficient notice, we can accommodate most campers with special physical, medical, emotional, social, or dietary needs. Contact the director (campdirector@sdgirlscouts.org) two weeks in advance of the start of the session with specific considerations and fill out the Camper Health History form in detail.

T-shirts
A special camp-specific t-shirt is included with registration and provided to all campers each week.
Friends in Fairyland  🪄 🦄  
Explore the magical fairylands of Whispering Oaks with your new camp friends. Make your own fairy wings, build houses for the sprites of our enchanted forests, or have a teeny, tiny tea party. Earn the **Outdoor Adventurer badge.**  
Five days Tier A: $695 B: $645 C: $595  
June 26-30 (Session CWO 1)  
July 24-28 (Session CWO 5)  

Leaves, Trees, and Bumblebees  🪄 🦄  
Discover the natural world of Camp Whispering Oaks. During the day, dig into the outdoors by learning how to take care of wild spaces. Later, examine the night sky or roast s’mores over the campfire that you help to build, all while forming friendships. Earn the **Bugs badge.**  
Five days Tier A: $695 B: $645 C: $595  
July 3-7 (Session CWO 2)  

Unicorn Dance Squad  🪄 🦄  
Dancing queens, dress-up fiends, and unicorn lovers: learn a dance routine, make a unicorn craft, and perform for a crowd of campers. Twirl in excitement over s’mores, go for a unicorn scavenger hunt, and have a ball at arts and crafts. Earn the **Dancer badge.**  
Five days Tier A: $695 B: $645 C: $595  
July 10-14 (Session CWO 3)  
July 31-Aug. 4 (Session CWO 6)  

Wildlife Explorers  🪄 🦄  
Discover how to be a good friend to the outdoors! Meet new wildlife friends and explore Whispering Oaks with them. Get crafty making beautiful plant identification markers and help teach your fellow campers about the beauty of camp. Learn how to build a campfire and make s’mores. Earn the **Eco Friend badge.**  
Five days Tier A: $695 B: $645 C: $595  
July 17-21 (Session CWO 4)  
Aug. 7-11 (Session CWO 7)
Awesome Artists! NEW!

Find inspiration in nature and create your own masterpiece! Engage your artistic senses as you design with nature and get a little messy as you complete an art challenge. At the end of the week, display your creations in a camp art gallery show. Earn the Outdoor Art Creator or the Painting badge (Camper choice/interest driven).

Five days Tier A: $695 B: $645 C: $595
July 17-21 (Session CWO 4)
Aug. 7-11 (Session CWO 7)

Discover Mystery NEW!

Do you like solving puzzles? Use your problem-solving skills as you work together as a team to solve a camp mystery. Learn about letterboxing and go on a camp scavenger hunt. Earn the Letterboxer badge.

Five days Tier A: $695 B: $645 C: $595
July 10-14 (Session CWO 3)

Fresh Chefs NEW!

Try your hand at outdoor cooking! Learn about fire and kitchen safety when cooking outside and make a yummy snack every day with your unit. Unleash your creative side and design custom s’mores with a s’mores bar. Earn the Snacks badge.

Five days Tier A: $695 B: $645 C: $595
July 3-7 (Session CWO 2)
July 24-28 (Session CWO 5)

Super Scientists NEW!

Become a scientist as you learn about density and static electricity, try fizzy experiments, make silly putty, and more. When your investigation is complete, try out camp activities like crafts, games, songs, and s’mores. Earn the Home Scientist badge as you explore the world of science.

Five days Tier A: $695 B: $645 C: $595
June 26-30 (Session CWO 1)
July 31-Aug. 4 (Session CWO 6)
Jump Start 🏡🏊
Jump-start your Girl Scout camp experiences by trying a little bit of everything! Enjoy daily pool time, unearth wonderful things in the garden, and visit the camp animals. Earn the Outdoor Adventurer badge.
Five days Tier A: $695 B: $645 C: $595
June 26-30 (Session WIN 1)
July 10-14 (Session WIN 3)
July 24-28 (Session WIN 5)
Aug. 7-11 (Session WIN 7)

Just Keep Swimming 🏡🏊
Stay cool and make a splash! Play water games, learn new strokes, and enjoy extra pool time each day. When you’re not in the water, sample a variety of camp activities and take a picnic out to the lake. Earn the Fair Play badge. Prerequisite: Campers should be comfortable in the water.
Five days Tier A: $695 B: $645 C: $595
July 3-7 (Session WIN 2)
July 17-21 (Session WIN 4)
July 31-Aug. 4 (Session WIN 6)
JUNIORS
Grades 4-5
Counselors sleep in the cabins with Junior campers.

Whispering Oaks

Take Aim
Practice the art of archery as you build your bow and arrow skills each day and learn stretches and other techniques to make you a sharpshooter. When not on the range, climb around on the challenge course, create beautiful targets, and make s’mores around a campfire. Earn the Practice with Purpose badge.
Five days Tier A: $695 B: $645 C: $595
June 26-30 (Session CWO 1)
July 10-14 (Session CWO 3)
July 24-28 (Session CWO 5)

Galaxy Quest
There’s nothing more awesome than camping out under the night sky full of stars and wonder! Stay up late and follow a glow-in-the-dark scavenger hunt, make galaxy slime, and navigate space. Create and name a new universe and defend it from a band of space pirates. Earn the Space Science Investigator badge.
Five days Tier A: $695 B: $645 C: $595
July 3-7 (Session CWO 2)
July 17-21 (Session CWO 4)
July 31-Aug. 4 (Session CWO 6)
Imaginary Land

Explore the imaginary worlds of Whispering Oaks! Create a sketchbook of all the mythical creatures that secretly roam around camp. Discover the worlds they live in and craft fairy wings, unicorn horns, phoenix beaks, or mermaid crowns. Go adventuring into the wilderness and use your skills to move forward in the puzzles put before you on your magical quest. Earn the Animal Habitats badge.

Five days Tier A: $695 B: $645 C: $595
June 26-30 (Session CWO 1)
July 10-14 (Session CWO 3)
Aug. 7-11 (Session CWO 7)

Investigation Station

Put on your experimentation goggles and explore the world of STEAM (science, technology, engineering, arts, and math). Have a grand time all around Whispering Oaks, experimenting with everything from bottle rockets to elephant’s toothpaste with your group of investigators. Try archery, the challenge course, and hiking. Sleep outside and count the stars. Earn the Eco Camper badge.

Five days Tier A: $695 B: $645 C: $595
July 3-7 (Session CWO 2)
July 17-21 (Session CWO 4)
July 24-28 (Session CWO 5)

Outdoor Cooks NEW!

Expand your outdoor cooking skills and try new cooking techniques. Cook a meal, snack, or dessert outside every day. When you’re not cooking up a storm, enjoy your other favorite camp activities like archery, hiking, crafts, and games. Earn the Simple Meals badge.

Five days Tier A: $695 B: $645 C: $595
June 26-30 (Session CWO 1)
Aug. 7-11 (Session CWO 7)

Junior Survivalist NEW!

Build your outdoor survival skills. Challenge yourself and sleep under the stars in a pitch tent for at least one night. Learn how to find your way when you practice orienteering and geocaching, plus, take aim and try archery! Earn the Camper or the Junior Trail Adventure badge (Camper choice/interest driven).

Five days Tier A: $695 B: $645 C: $595
July 10-14 (Session CWO 3)
Aug. 7-11 (Session CWO 7)

Drama Rama NEW!

Stand in the spotlight as you create and perform your own play with your unit. Play drama games and learn how to improve your acting skills. Then, step into a role from the past and take a trip to the Julian Pioneer Museum or the Julian Historical Society. After a long day on the stage, try making an old-fashioned treat to relax. Earn the Playing the Past badge.

Five days Tier A: $695 B: $645 C: $595
July 3-7 (Session CWO 2)
July 24-28 (Session CWO 5)
July 31-Aug. 4 (Session CWO 6)

Make It, Take It NEW!

Explore your creative side and make art to wear. Investigate different methods of jewelry making like metal working, leather stamping, or beading. Try upcycling to create something new, and make original, wearable art! Earn the Jeweler badge.

Five days Tier A: $695 B: $645 C: $595
July 17-21 (Session CWO 4)
July 31-Aug. 4 (Session CWO 6)
Crafty Campers

Get creative in nature! Whether you love painting, drawing, sculpting with clay, or just expressing yourself through art—this is the camp for you. You’ll spend extra time at the Crafty Hut and still enjoy other camp classics like archery, swimming, and nature exploration. Earn the Drawing badge.

Five days Tier A: $695 B: $645 C: $595
June 26-30 (Session WIN 1)
July 10-14 (Session WIN 3)
July 24-28 (Session WIN 5)

Magical Creatures

Explore the wondrously imaginary worlds within Winacka. Create a sketchbook of all the magical creatures that secretly roam around camp. Discover the worlds they live in, craft fairy wings, unicorn horns, phoenix beaks, or mermaid crowns. Go adventuring into the wilderness, where you will use your skills to navigate through scavenger hunts or puzzles. Earn the Animal Habitats badge.

Five days Tier A: $695 B: $645 C: $595
July 3-7 (Session WIN 2)
July 17-21 (Session WIN 4)
July 31-Aug. 4 (Session WIN 6)

Farming Friends

Dig in deep, inside and outside the garden fence. Care for the camp critters during the week, discover new wildlife, watch butterflies hatch, or make feeders for the local birds. Spend time in the garden each day, learn about animal tracks, and try catch-and-release fishing. Earn the Gardener badge.

Five days Tier A: $695 B: $645 C: $595
June 26-30 (Session WIN 1)
July 10-14 (Session WIN 3)
July 24-28 (Session WIN 5)
Aug. 7-11 (Session WIN 7)

Make a Splash!

Wade into Winacka! Soak, stroke, and float your way through camp with double pool time every day. Play water games, craft your own boat to race across the pool, or try synchronized swimming. Celebrate the end of the week at a pool party with your new friends. Also participate in traditional camp activities like archery and outdoor skills. Earn the Camper badge.

Prerequisite: Campers should be comfortable in the water
Five days Tier A: $695 B: $645 C: $595
June 26-30 (Session WIN 1)
July 10-14 (Session WIN 3)
July 24-28 (Session WIN 5)
Aug. 7-11 (Session WIN 7)

Horsin’ Around

Develop your riding skills and learn how to care for horses as you groom, halter, and feed them. Grouped by skill level with lessons tailored for your group, spend half the day with the horses and half participating in traditional camp activities. Earn the Horseback Riding badge.

Five days Tier A: $795 B: $745 C: $695
June 26-30 (Session WIN 1)
July 3-7 (Session WIN 2)
July 10-14 (Session WIN 3)
July 17-21 (Session WIN 4)
July 24-28 (Session WIN 5)
July 31-Aug. 4 (Session WIN 6)
Aug. 7-11 (Session WIN 7)
Mess Mania 🎨👍
Don’t be afraid to get your hands dirty during your stay at camp! You’ll throw paint around to make your very own messy work of art, hang out in the mud, and experiment with ooey-gooey slime recipes. Experience other camp classics like archery, swimming, and nature exploration. Earn the Girl Scout Way badge.

Five days Tier A: $695 B: $645 C: $595
July 3-7 (Session WIN 2)
July 17-21 (Session WIN 4)
July 31-Aug. 4 (Session WIN 6)

Outdoor Adventure 🏔️🎵
Camp your way! Work with your team to discover all Winacka has to offer—sampling arts and crafts, aquatics, nature studies, team building, archery, and other adventures. At the end of the week, write a song with your group about all the fun you had and present it at campfire. Earn the Camper badge.

Five days Tier A: $695 B: $645 C: $595
July 3-7 (Session WIN 2)
July 17-21 (Session WIN 4)
July 31-Aug. 4 (Session WIN 6)
Aug. 7-11 (Session WIN 7)
CADETTES
Grades 6-8

Whispering Oaks

Art Punks 🏡🎨
Get to know your inner artist through drawing, painting, and other—some quite unexpected—forms of creative expression! Work with your team on a mural or sculpture for our camp community. End the week by showing off your masterpieces in a camp art gallery. Earn the Outdoor Art Apprentice badge.

Five days Tier A: $695 B: $645 C: $595
June 26-30 (Session CWO 1)
Aug. 7-11 (Session CWO 7)

Babysitting Bonanza 🏡👶
Launch your babysitting career! Test tons of fun children’s games and get experience by planning activities and spending time with younger campers. Charge up your inner caretaker and step away with a handful of new skills! Earn the Babysitter badge.

Five days Tier A: $695 B: $645 C: $595
July 3-7 (Session CWO 2)

Comic Craziness 🏡🎨
With sketchbook and Sharpie in hand, decide what will make your graphic novel great...A gripping storyline? An innovative design? Characters who capture your heart? The world is at your fingertips as you script and illustrate your own comic. Add your comic to our camp library and earn your Comic Artist badge.

Five days Tier A: $695 B: $645 C: $595
July 17-21 (Session CWO 4)

Enigma Puzzlers 🧩🔍
From secret ciphers to computer binary, codes have been used to communicate messages for centuries. Try your hand at semaphore, Morse code, and make your own escape room. You may even write your own linguistic code or language. As with every camp, have a grand time with arts and crafts, archery, and hiking. Earn the Special Agent badge.

Five days Tier A: $695 B: $645 C: $595
July 3-7 (Session CWO 6)
Magical Mayhem 🏹 🧙
You have been accepted to experience the most mystical aspects of Whispering Oaks! Study up on magical history, herbology, charms, spells, and potions. Become a Quidditch pro, make an enchanted cape, and tap into the magic of camp. Earn the Field Day badge.
Five days Tier A: $695 B: $645 C: $595
July 10-14 (Session CWO 3)
Aug. 7-11 (Session CWO 7)

On Belay! 🏹 🧙 NEW!
Challenge your climbing skills as you spend time with your team at the ropes course. Learn teamwork strategies to help your unit achieve success while you tackle the rock wall and have climbing races. Earn the Climbing Adventure badge.
Five days Tier A: $695 B: $645 C: $595
July 24-28 (Session CWO 5)
Aug. 7-11 (Session CWO 7)

The Spotlight’s on You! 🏹 🧙
Dream of being in the limelight? Enjoy making costumes or backgrounds to tell a story? Whether you love dancing or drama, this is the place for you! Create your own costume and stage a group performance at the end of camp. Enjoy hiking, archery, and arts and crafts too! Earn the Public Speaker badge.
Five days Tier A: $695 B: $645 C: $595
July 10-14 (Session CWO 3)
July 24-28 (Session CWO 5)

Starry Nights 🏹 🧙 NEW!
Experience camp after dark! Stay up late and sleep in. Go stargazing, play nighttime games, have a glow stick dance party, and enjoy late night snacks. Earn the Night Owl badge.
Five days Tier A: $695 B: $645 C: $595
July 3-7 (Session CWO 2)
July 17-21 (Session CWO 4)

Wild Survivalist 🏹 🧙
From perfecting your aim at archery to upgrading your knot-tying skills, discover if you have what it takes to survive outdoors! Sleep in a tent, build a basic shelter, collect water, and see how you can use limited resources to start a fire. Earn the Primitive Camper badge.
Five days Tier A: $695 B: $645 C: $595
June 26-30 (Session CWO 1)

Right on Target 🏹 🧙 NEW!
Perfect your skills as you spend the week on the range. Try your hand at archery games and other target sports like hatchet throwing and slingshots. Design your own archery games and end the week with an archery competition with your group. Earn the Archery badge.
Five days Tier A: $695 B: $645 C: $595
June 26-30 (Session CWO 1)
July 31-Aug. 4 (Session CWO 6)

Camp Chefs 🏹 🧙 NEW!
Jump into the world of cooking outside! Expand your outdoor cooking techniques as you plan, prepare, and eat a delicious meal, snack, or dessert every day. Cook meals inspired by world cultures and try different equipment, like Dutch and solar ovens or pie irons. Test out your skills with a Chopped-style competition. Earn the New Cuisines badge.
Five days Tier A: $695 B: $645 C: $595
July 10-14 (Session CWO 3)
July 31-Aug. 4 (Session CWO 6)
My Camp, My Rules 🏕️著作权

Tired of the usual camp rules? It’s time to make your own! Join forces with other campers to establish your own rules for the week. Mandatory mid-day ice cream parties? Extended bedtime? It’s all up to you! Note: Safety comes first at camp; counselors will work with campers to ensure the emotional and physical safety of any new rule. Earn the Finding Common Ground badge.

Five days Tier A: $695 B: $645 C: $595
July 3-7 (Session WIN 2)
July 17-21 (Session WIN 4)
July 31-Aug. 4 (Session WIN 6)

Night Owls 🐦️著作权

Glow for it! Stay up late and shine a light on new aspects of Winacka at night. Soak up the stars through a telescope, peer into the weird quirks of nocturnal nature, and plan your own after-dark glow party extravaganza. Sleep in, then join the daytime camp activities. Earn the Night Owl badge.

Five days Tier A: $695 B: $645 C: $595
June 26-30 (Session WIN 1)
July 10-14 (Session WIN 3)
July 24-28 (Session WIN 5)
Aug. 7-11 (Session WIN 7)

Seize the Day 🦅️著作权

Can’t pick just one favorite? Create the ultimate camp wish list with your counselors and cabin mates, then put it into action for maximum fun. In between checking items off the awesome to-do list, sample fun activities like axe throwing, fishing, and daily archery time. Earn the Archery badge.

Five days Tier A: $695 B: $645 C: $595
June 26-30 (Session WIN 1)
July 10-14 (Session WIN 3)
July 24-28 (Session WIN 5)
Aug. 7-11 (Session WIN 7)

Shore to Summit 🏕️著作权

Discover outdoor adventure in canoeing, hiking, and bouldering. Find a new passion for high-action sports in the Winacka wilderness. Tackle team building challenges, try catch-and-release fishing, and venture out for an overnight at a scenic point on camp. Earn the Trailblazing badge.

Five days Tier A: $695 B: $645 C: $595
July 3-7 (Session WIN 2)
July 17-21 (Session WIN 4)
July 31-Aug. 4 (Session WIN 6)
Take the Reins 🐴
Develop your riding skills and learn how to care for horses, including grooming, haltering, and feeding them. You'll be grouped by skill level with lessons tailored for your group. Spend half the day with the horses and half out and about camp. Earn the Animal Helpers badge.

Five days Tier A: $795 B: $745 C: $695

- June 26-30 (Session WIN 1)
- July 3-7 (Session WIN 2)
- July 10-14 (Session WIN 3)
- July 17-21 (Session WIN 4)
- July 24-28 (Session WIN 5)
- July 31-Aug. 4 (Session WIN 6)
- Aug. 7-11 (Session WIN 7)

Joy Society 🌟
Your mission: spread as much joy as possible during your week at camp! Sharpen your skills in hilarity, and delight as you and your team plan secret surprises. Will you charm the Brownies with an unexpected tea party? Amuse the lunchtime crowd with a flash mob? Dazzle another cabin with sneaky decorations? In between missions, try your camp favorites, like archery, high ropes, and swimming. Earn the Science of Happiness badge.

Five days Tier A: $695 B: $645 C: $595

- June 26-30 (Session WIN 1)
- July 10-14 (Session WIN 3)
- July 24-28 (Session WIN 5)
- July 24-28 (Session WIN 5)
- July 31-Aug. 4 (Session WIN 6)
- Aug. 7-11 (Session WIN 7)

Art Apprentice 🎨🌟 NEW!
Enjoy inspiration from the natural beauty of Winacka and spark your creativity en plein air! Observe the great outdoors and create nature-themed art, taking your cue from colors, patterns, landscapes, and wildlife. You'll explore, get to know the sights and sounds of camp, and make art to take with you. Try camp favorites like archery, high ropes, and swimming, too. Earn the Outdoor Art Apprentice badge.

Five days Tier A: $695 B: $645 C: $595

- July 3-7 (Session WIN 2)
- July 31-Aug. 4 (Session WIN 6)

Trail Trekker 🌱🌟 NEW!
Hit the trails and savor incredible views! At camp, you'll discover your important role in nature and find an environmental issue to explore, like stewardship or sustainability. You will learn how to conserve, preserve, and protect, and then share your knowledge with others. Also enjoy camp classics like archery, high ropes, and swimming. Earn the Eco Trekker badge.

Five days Tier A: $695 B: $645 C: $595

- July 17-21 (Session WIN 4)
- Aug. 7-11 (Session WIN 7)
TEENS
Grades 9-12

Whispering Oaks

Mural Mania 🏆
Got a passion for art? Want to make a difference in the community? Work with a creative team to plan and paint a permanent mural at camp. While the paint dries, get inspiration for your work from natural places at camp and join in activities everyone will enjoy.

Five days Tier A: $695 B: $645 C: $595
June 26-30 (Session CWO 1)
July 17-21 (Session CWO 4)

Courageous Climbers 🧗‍♂️
NEW!
Spend your week up on the ropes course! Build your teamwork skills on the low ropes and challenge yourself on the high ropes. Tackle the rock wall, then head off site for an outdoor climbing adventure.

Five days Tier A: $695 B: $645 C: $595
July 10-14 (Session CWO 3)

Register online: sdgirlscouts.org/camp
Take Action!  🏡  🌿  NEW!

Are you passionate about making a change in our environment? Find out what it takes to be an eco-advocate. Pick an issue that you are passionate about and create a campaign to educate camp and your community. Participate in a service project to better the environment at camp or in our community.

Five days Tier A: $695 B: $645 C: $595
July 31-Aug. 4 (Session CWO 6)

Sew What?  🏡  🌿  NEW!

Come and explore your crafty side. Design and sew your own pillowcase and pajama pants. Then, have a fun sleepover in the lodge where you model your creations! Try upcycling a thrifted fashion look by adding your own embellishments.

Five days Tier A: $695 B: $645 C: $595
July 3-7 (Session CWO 2)
July 24-28 (Session CWO 5)

Master Chefs  🍴  🌿  NEW!

Challenge your outdoor cooking skills in this delicious camp. Try new cooking techniques as you plan and prepare a meal, snack, or dessert every day. Get adventurous as you try recipes from other cultures. Spend some time in the camp garden and use fresh ingredients in your creations.

Five days Tier A: $695 B: $645 C: $595
July 3-7 (Session CWO 2)
July 17-21 (Session CWO 4)
Aug. 7-11 (Session CWO 7)

Star Gazers  🌝  🌿  NEW!

Stay up late and explore camp at night! Use telescopes to discover the night sky and explore worlds beyond the Earth. Learn about the stars, Dark Sky communities, and what makes the town of Julian so cool. Have late night snacks and a galaxy party.

Five days Tier A: $695 B: $645 C: $595
June 26-30 (Session CWO 1)
July 24-28 (Session CWO 5)
Climb On 🏔️
Grades 9-12
Spring into action to hit all the outdoor greats. Stop by the lake to try catch-and-release fishing and paddle a canoe. On top of that, enjoy extra time at the high ropes challenge course every day, achieving your goal on the rock wall, climbing the giant’s ladder with your camp buddies, or testing your bravery by leaping from the power pole. Conquer a whole new level of adventurous feats and sample all your camp favorites, too!
Five days Tier A: $695 B: $645 C: $595
June 26-30 (Session WIN 1)
July 17-21 (Session WIN 4)

Surviving Winacka 🏔️
Grades 9-12
Learn how to survive and thrive in the wilds of Winacka. Attempt fire without matches, locate and purify water, identify plants, learn to canoe, and sleep in a shelter you build. Navigate by map and compass... then put your skills to the test in the ultimate canoeing trip at Lake Cuyamaca. You’ll sample camp activities like axe throwing, archery, and high ropes, too!
12 days Tier A: $1,095 B: $1,045 C: $995
July 3-14 (Session WIN 2B)

Take Five 🏔️
Grades 9-12
Relax and take five—camp days that is! Give yourself time to slow down and goof off. Mosey down to the meadow for sunrise yoga, get lost in the stars at the nature center, or sleep late in anticipation of brunch. Whether you lounge by the lake with watercolors or linger by the campfire to share stories with friends, you’re sure to feel refreshed by your easy-paced stay at Winacka.
Five days Tier A: $695 B: $645 C: $595
June 26-30 (Session WIN 1)
Aug. 7-11 (Session WIN 7)

Wish You Were Here 🏔️
Grades 9-12
Dabble widely in this extra-long session with plenty of time to discover Winacka. Camp longer, explore further, and stay up later. Double your time at the high ropes course, try canoeing, and venture out for an overnight retreat with just your group. Top it all off with a special trip into Julian for apple pie and ice cream.
12 days Tier A: $1,095 B: $1,045 C: $995
July 24-Aug. 4 (Session WIN 5B)
TEEN LEADERSHIP

Grades 8-12

Teens: Take the lead at Whispering Oaks and Winacka!

Our Leader-in-Training (LIT) and Counselor-in-Training (CIT) programs help you grow as a leader while gaining insight into the fundamentals of community living, effective communication, hands-on program design, and working with—and mentoring—younger campers.

During your session, you will live with the other leadership campers—your companions for teambuilding activities, skill-building workshops, and plenty of traditional camp fun. Spend part of each day with a younger unit of campers (typically in grades 2-5), putting everything you learn into action. Carefully designed with progression in mind, the LIT and CIT programs let you practice personal leadership in a safe and supportive environment, giving you the foundation to lead anywhere.

Leader-in-Training (LIT)

Grades 8-10

Practice leading songs, games, and crafts, and gain practical tips for working with groups. Also explore your favorite camp activities, like team building challenges and archery. While not a prerequisite for counselor-in-training, this program is a great start for your leadership journey at camp and beyond.

Five days Tier A: $695 B: $645 C: $595

Whispering Oaks
July 17-21 (Session CWO 4)
Aug. 7-11 (Session CWO 7)

Winacka
July 17-21 (Session WIN 4)
Aug. 7-11 (Session WIN 7)

Counselor-in-Training 1 (CIT 1)

Ages 15 and 16

Take the first step toward becoming a camp counselor: learn to identify your talents, understand your leadership style, and polish your teaching skills. Experience the challenges and rewards of guiding younger campers as you lead them in songs and games and assist counselors. Spend half your time working directly with campers to practice what you have learned.

12 days Tier A: $1,095 B: $1,045 C: $995

Whispering Oaks
July 3-14 (Session CWO 2B)
July 24-Aug. 4 (Session CWO 5B)

Winacka
July 24-Aug. 4 (Session WIN 5B)

Counselor-in-Training 2 (CIT 2)

Ages 16 and 17

Continue to develop your leadership skills, spending half your time working directly with campers. Plan and lead programs of your own design as you help make the camp magic happen. Get experience in supervision, group management, and program planning. Gain insight into the responsibilities of managing the camp community as you dive deeper into your leadership journey.

Prerequisite: Successful completion of CIT 1 (or camp director approval)

12 days Tier A: $1,095 B: $1,045 C: $995

Winacka
July 3-14 (Session WIN 2B)

Contact us: camp@sdgirlscouts.org | 619-298-8391
Get Your Camp Swag!

As you gear up for the 2023 camp season, stop by the Girl Scouts San Diego Balboa Campus Store for this year's memorabilia and swag.

Items may change slightly due to availability issues.
Contact: store@sdgirlscouts.org
*Sales tax included.

A Special Thank You to our Outdoor Program Partners and Donors for their Support!

Albert W. & Mildred Hubbard Non-Endowment Fund at San Diego Foundation

Booz Allen | Foundation

Qualcomm

Rotary Club of San Diego Foundation

SDGE

Solvenergy
## Day Camp at a Glance

<table>
<thead>
<tr>
<th>WEEK 1</th>
<th>WEEK 2</th>
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<tbody>
<tr>
<td>June 26-30</td>
<td>July 5-7</td>
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### LEADERSHIP CENTER - BALBOA

<table>
<thead>
<tr>
<th>Extended Care</th>
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### BALBOA CAMPUS

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<thead>
<tr>
<th>Engineer It!</th>
<th>Backyard Explorers</th>
<th>Wild Things</th>
<th>Under The Sea</th>
<th>Fantastic Friends</th>
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<tbody>
<tr>
<td>Grades K-6, DCA/CIT 7-12</td>
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<td>Women in Science</td>
<td>Beyond the Stars</td>
<td>Time Travelers</td>
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<td>GSI: Girl Scout Investigators</td>
<td>Art Aces</td>
<td>Adventure Seekers</td>
<td>Spice Up Your Life!</td>
<td>Let's Get Primitive</td>
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<td>Grades 4-8, DCA/CIT 9-12</td>
<td>Grades K-6, DCA/CIT 7-12</td>
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<td>Adventure Seekers</td>
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<td>Enjoy the Journey!</td>
<td>Camper Sampler</td>
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### ESCONDIDO PROGRAM CENTER

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<tr>
<th>Camper Sampler</th>
<th>Technology Goddesses</th>
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### OFFSITE

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<thead>
<tr>
<th>Do Si Do Rodeo</th>
<th>Living Coast</th>
<th>H2Oh Yeah!</th>
<th>Giddy Up and Go</th>
<th>Aquatic Adventure</th>
<th>Painted Ponies</th>
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<tr>
<td>Grades 2-6, DCA/CIT 7-12</td>
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Contact us: camp@sdgirlscouts.org | 619-298-8391
# Sleepaway Camp at a Glance: Whispering Oaks

## SESSION 1
- **June 26-30**
- 5 days

## SESSION 2
- **July 3-7**
- 5 days

## SESSION 3
- **July 10-14**
- 5 days

## SESSION 4
- **July 17-21**
- 5 days

## SESSION 5
- **July 24-28**
- 5 days

## SESSION 6
- **July 31-Aug. 4**
- 5 days

## SESSION 7
- **Aug. 7-11**
- 5 days

### BROWNIES (GRADES 2-3)
- Friends in Fairyland: Modern cabins
- Leaves, Trees, and Bumblebees: Modern cabins
- Unicorn Dance Squad: Modern cabins
- Wildlife Explorers: Modern cabins
- Friends in Fairyland: Modern cabins
- Unicorn Dance Squad: Modern cabins
- Wildlife Explorers: Modern cabins

### JUNIORS (GRADES 4-5)
- Take Aim: Modern Cabins
- Galaxy Quest: Modern Cabins
- Imaginary Land: Modern Cabins
- Galaxy Quest: Modern Cabins
- Jr. Travelers: Modern Cabins
- Take Aim: Modern Cabins

### CADETTES (GRADES 6-8)
- Art Punks: Modern cabins
- Babysitting Bonanza: Modern cabins
- Magical Mayhem: Modern cabins
- Comic Craziness: Modern cabins
- The Spotlight’s on You!: Modern cabins
- Camp Chefs: Modern cabins
- Right on Target: Modern cabins
- Starry Nights: Modern cabins
- The Spotlight’s on You!: Modern cabins
- On Target: Modern cabins

### TEENS (GRADES 9-12)
- Mural Mania: Grades 9-12
- Star Gazers: Grades 9-12
- Sew What?: Grades 9-12
- Master Chefs: Grades 9-12
- Courageous Climbers: Grades 9-12
- Master Chefs: Grades 9-12
- Star Gazers: Grades 9-12
- Take Action!: Grades 9-12

### TEEN LEADERSHIP (GRADES 8-12)
- 12 DAYS: Counselor-in-Training 1
- Ages 15 and up
- Pitch Tents

- Leader-in-Training
- Grades 8-10
- Pitch Tents

- 12 DAYS: Counselor-in-Training 1
- Ages 15 and up
- Pitch Tents

- Leader-in-Training
- Grades 8-10
- Pitch Tents

All sleepaway camp sessions are eligible for financial aid.
Sleepaway Camp at a Glance: Winacka

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**BROWNIES (GRADES 2-3)**
- Jump Start Modern cabins
- Just Keep Swimming Modern cabins
- Jump Start Modern cabins
- Just Keep Swimming Modern cabins
- Jump Start Modern cabins
- Just Keep Swimming Modern cabins
- Jump Start Modern cabins

**JUNIORS (GRADES 4-5)**
- Crafty Campers Under-the-stars
- Outdoor Adventure Under-the-stars
- Crafty Campers Under-the-stars
- Outdoor Adventure Under-the-stars
- Crafty Campers Under-the-stars
- Outdoor Adventure Under-the-stars
- Crafty Campers Under-the-stars
- Outdoor Adventure Under-the-stars
- Mess Mania Rustic cabins
- Farming Friends Rustic cabins
- Mess Mania Rustic cabins
- Farming Friends Rustic cabins
- Mess Mania Rustic cabins
- Farming Friends Rustic cabins
- Mess Mania Rustic cabins
- Farming Friends Rustic cabins
- Make a Splash! Rustic cabins
- Make a Splash! Rustic cabins
- Make a Splash! Rustic cabins
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- Make a Splash! Rustic cabins
- Make a Splash! Rustic cabins
- Make a Splash! Rustic cabins
- Make a Splash! Rustic cabins
- Horsin' Around Rustic cabins
- Horsin' Around Rustic cabins
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- Horsin' Around Rustic cabins
- Horsin' Around Rustic cabins
- Horsin' Around Rustic cabins
- Horsin' Around Rustic cabins

**CADETTES (GRADES 6-8)**
- The Joy Society Rustic cabins
- Art Apprentice Rustic cabins
- The Joy Society Rustic cabins
- Trail Trekker Rustic cabins
- The Joy Society Rustic cabins
- Art Apprentice Rustic cabins
- The Joy Society Rustic cabins
- Trail Trekker Rustic cabins
- My Camp, My Rules Modern cabins
- Shore to Summit Rustic cabins
- My Camp, My Rules Modern cabins
- Shore to Summit Rustic cabins
- My Camp, My Rules Modern cabins
- Shore to Summit Rustic cabins
- Night Owls Modern cabins
- Night Owls Modern cabins
- Night Owls Modern cabins

**TEENS (GRADES 8-12)**
- Take Five Grades 9-12 Rustic cabins
- Climb On Grades 9-12 Rustic cabins
- 12 DAYS: Surviving Winacka Grades 9-12 Rustic cabins
- Climb On Grades 9-12 Rustic cabins
- 12 DAYS: Wish You Were Here Grades 9-12 Rustic cabins
- Take Five Grades 9-12 Rustic cabins

**TEEN LEADERSHIP (GRADES 8-12)**
- 12 DAYS: Counselor-in-Training 2 Ages 16 and 17 Rustic cabins
- Leader-in-Training Grades 8-10 Rustic cabins
- 12 DAYS: Counselor-in-Training 1 Ages 15 and 16 Rustic cabins
- Leader-in-Training Grades 8-10 Rustic cabins

All sleepaway camp sessions are eligible for financial aid.

Contact us: camp@sdgirlscouts.org | 619-298-8391
Questions
General and registration:
camp@sdgirls.org
Program questions:
campdirector@sdgirls.org

Accreditation
All Girl Scouts San Diego camps are accredited by the American Camp Association (ACA). This national organization, which focuses on program quality and health and safety issues, requires camp managers to meet rigorous standards. Girl Scouts San Diego is proud to meet these important criteria. Find out more at the ACA site for parents: acacamps.org.

Campers, see you this summer!
Camp registration begins Wednesday, March 1. Girls are encouraged to celebrate by wearing camp shirts to school!

Sleepaway camp open houses
In-person tour dates:
Sunday, April 23, 1-4 p.m.
Sunday, May 21, 1-4 p.m.

Bring the whole family to meet staff and take walking tours of Camp Winacka and Whispering Oaks.

For details and to RSVP, email campdirector@sdgirls.org.

Contact information
Register online: sdgirls.org/camp
Phone: 619-298-8391
Fax: 619-795-6930