# Senior Journey Guide

It's Your Story—Tell It!

Mission: Sisterhood

# 1. The Purpose of Mission: Sisterhood

Expand your friendship borders, boost your confidence, and gain new leadership skills in *Mission: Sisterhood.* In this Journey you'll uncover your sisterhood stories and create new ones too. You will choose a sisterhood issue, explore how it affects your community, and take action. Whatever you do, big or small, now or throughout life, it will be stronger with the power of sisterhood backing it.

# 2. Take Action Project

To complete *Mission: Sisterhood*, finish the Journey and do a take action project. This is where you identify your mission, evaluate your surroundings, and find a way to create impact. While building your project, you'll gain a sisterhood of girls here to support and help you as you expand leadership and planning skills.

### **Examples:**

- Write a play about your female community leaders and preform it for your school, city, or fellow Girl Scout troops.
- Host an event where women professionals in your city speak about their work and give advice.
- Work with your city council or newspaper to write a series of articles about women and careers. From STEM leaders to top CEOs the choice is up to you!
- Create a public display showing the history of women and their careers.

### 3. Sisterhood Award

What starts with you can change the world! To earn the optional Sisterhood award you'll go above and beyond to create a strong community of inspired girls.

#### Sisterhood Award:

- 1. Define a sisterhood issue—outline which issue you want to tackle using a series of reflection questions on page 69.
- 2. Develop your mission—what results do you want to see? Define, plan and research before beginning on pages 70-71.
- 3. Make the big decisions—who will you educate, inspire or advocate for? What will you educate and inspire others about? Answer these big questions on page 72.
- 4. Logistics Time!—who will you reach, how will you reach them, and what do you need to achieve this? Page 73-75 is the hub for developing your logistics.
- 5. Creating the Project Timeline—before you start, create a timetable on page 77 which can help you determine your goals and when you hope to achieve them.
- 6. Real Results for Sisterhood—it is time to share your results and the impact it has not only made on others but you as well. Share this process on page 78.
- 7. Real Reflection for Sisterhood—what did you learn, who did you meet, and how might it affect you in the future? Share your thoughts and notes on Page 79.

# 4. Field Trip Ideas

i Time to connect with your community through some group activities!

#### **Examples:**

- Visit your local sports center and see how they create community through exercise.
- Connect with local women's groups to see how they network.
- Visit a local art center and see how artists connect with each other.
- See a play and write a piece for your local newspaper on how theatre bods your city
- · Create a craft which exhibits how sisterhood makes you feel

# 5. Mission: Sisterhood Ending

Once you've explored what sisterhood means to you, completed your take action project (possibly the Sisterhood award too), and have completed the interaction questions in the Journey—you have accomplished *Mission: Sisterhood.* Congratulations! As you move ahead, you'll find many ways to strengthen the values you've discovered and be able to connect with the sisterhood you've created and those who will join in the future.