

## Brownie Journey Guide

Outdoors

### Brownie Outdoor Journey

#### 1. The Purpose of the Outdoor Journey

**i** Explore and learn more about the outdoor world around you. Interact with it in new and fun ways. Grow the skills you already have, and gain new ones as you go outside!

#### 2. Take Action Project

**i** To complete the *Brownie Outdoor Journey*, use Volunteer Tool-Kit (VTK) and finish a take action project. Earn the First Aid, Brownie Cabin Camper, and Brownie Hiker badges. Work with friends or by yourself. Adults are there to help you too.

**NOTE to adults**—This is a project your girl should plan and lead. It doesn't have to be big. It's important she explore her world. What does she see? What does she want to change? How can she take steps to help make those changes?

Now, let's make the world a better place. What did you see when you were outside? What do you want to take action on?

**Examples:**

- Clean up trash along your street for a few days.
- Learn about different places to go for outdoor adventures and share what you discover.
- Look into what you need to bring on a hike. Then design a flyer that shows younger girls what to put in their day bags.

### 3. First Aid, Brownie Cabin Camper, Brownie Hiker, Brownie Bugs, Brownie Outdoor Adventurer, and Brownie Outdoor Art Creator Badges

**i** Earn First Aid, Brownie Cabin Camper, and Brownie Hiker badges to complete this Journey.

You can also earn optional badges: Brownie Bugs, Brownie Outdoor Adventurer, and Brownie Outdoor Art Creator badges. Below are the steps to earning each badge.

- **First Aid:** Find out how to get help from 911, talk to someone who treats injured people, make your own first aid kit, learn how to deal with minor injuries, and know how to prevent and manage outdoor injuries.
- **Brownie Cabin Camper:** Help plan your camping trip, learn about gear, prepare a meal, acquire a new skill, and go camping.
- **Brownie Hiker:** Decide where to go, try out a hiking skill, pick the right gear, pack a snack, and go on your hike!
- **Brownie Bugs:** Draw a bug poster, try a bug craft, see insects in action, explore their homes, and take a bug field trip.
- **Brownie Outdoor Adventurer:** Have fun outdoors in a new way, explore nature, buddy up and play outdoor games, learn a camping skill, and care for the outdoors.
- **Brownie Outdoor Art Creator:** Find art ideas outside, make something, dance or make music outdoors, and design with nature!

### 4. Field Trip Ideas

**i** It's time to check out the world around you.

**NOTE to adults**—Field trips help plant a seed of growth in girls by showing them the wider world, introducing them to new places. You can also take a deeper dive into places your girl already knows and loves.

**Examples:**

- Go on a hike in an area you already know. See if you can discover something new.
- Plan a hike to someplace you haven't been.
- Check out a city park.

### 5. Outdoor Journey Ending

**i** You did it! You completed the *Brownie Outdoor Journey*. You finished a take action project and you finished the required First Aid, Brownie Cabin Camper, and Brownie Hiker badges.

Take time to celebrate and share what you learned with your friends and your family.