



National Native American Heritage Month

A guide to exploring with your girl or troop

About National Native American Heritage Month from nativeamericanheritagemonth.gov

In 1990 President George H. W. Bush approved a joint resolution designating November 1990 “National American Indian Heritage Month.” Similar proclamations, under variants on the name (including “Native American Heritage Month” and “National American Indian and Alaska Native Heritage Month”) have been issued each year since 1994.

Local Museums

[Barona Cultural Center and Museum](#), open Thursday & Friday noon-5 p.m., Saturday 10 a.m.-4 p.m. The Barona Cultural Center & Museum is dedicated to preserving the Native American culture and history of San Diego County. With more than 3,000 artifacts, listening alcoves, photographic displays, and archives, the Museum’s historic treasures unfold many fascinating and inspiring stories of the Kumeyaay/Diegueño experience.

[Museum of Us, Kumeyaay: Native Californians exhibition](#), open Wednesday-Sunday 10 a.m.-5 p.m. The exhibit explores traditional and contemporary Kumeyaay lifeways, featuring the art of pottery and basket making, food procurement, dress and adornment, traditional medicine, games, and ceremonies. Objects and photographs from the museum’s cultural resources highlight the rich cultural heritage and living traditions of the Kumeyaay Peoples.

Online Learning

[PBS Native America Series Preview](#) This four-part series explores the world created by America’s First Peoples, reaching back 15,000 years to reveal massive cities aligned to the stars, unique systems of science and spirituality, and 100 million people connected by social networks spanning two continents. (Preview is appropriate for all program levels. Please review additional videos in the series to determine whether content is appropriate for your girl or troop)

[“Remember” by Poet Laureate Joy Harjo](#). Joy Harjo is 23rd Poet Laureate Consultant in Poetry for 2019-2020. Harjo is the first Native American poet to serve in the position—she is an enrolled member of the Muscogee Creek Nation. Hear Harjo recite her poem and complete the accompanying lesson plan.

Virtual Events from Community Partners

[Kumeyaay Women’s Role, Agency, and Power from the Oral Tradition](#) with the San Diego History Center, Tuesday, Nov. 17 at noon (free). Dr. Theresa Gregor will share her research about the role and agency of Kumeyaay women as told through two Kumeyaay creation stories. Examining these stories, and other such studies, provide a place-based and tribally specific lens to understand indigenous women’s lives, experiences, and identities.

[Nat Talk: e’Muht Mohay – Love of the Land](#) with the San Diego Natural History Museum Wednesday, Nov. 18 at 6 p.m. (\$12 suggested ticket price at checkout) In this talk, Michael Connolly Miskwish will discuss the Kumeyaay relationship with the land and the ecological relationship of traditional Kumeyaay practices. Topics will include traditional agriculture, fire science, hydrological enhancement, and materials science.