Catherine Stone of Carmel Valley has earned the Girl Scout Gold Award, the organization’s highest honor awarded to Girls Scouts for demonstrating extraordinary leadership by creating sustainable solutions that address society’s greatest challenges. For her Gold Award project, Catherine led an after-school workshop for girls in kindergarten through third grade focused on the civil, electrical, and aerospace fields.

“Our 2019 honorees embody everything this achievement stands for.”

Catherine’s activities included teaching participants to design, test, and build structurally sound “bridges,” parallel and series circuits, and model planes. She also increased awareness of STEM (science, technology, engineering, and math) career opportunities for girls through publicity and social media efforts.

Catherine joined Girl Scouts in kindergarten as a member of Troop 1045. She went on to earn the Bronze and Silver Awards, the highest honors for Girl Scout Juniors and Cadettes, respectively. She also achieved a first dan black belt in Taekwondo. The Canyon Crest Academy alum is now studying mechanical engineering at University of California, Riverside.

Catherine was among 61 Gold Award winners honored during a recent ceremony at the Hilton La Jolla Torrey Pines. “Gold Award Girl Scouts change the world for the better, and change it for good!” said Girl Scouts San Diego CEO Carol M. Dedrich. “Our 2019 honorees embody everything this achievement stands for.” For information on Girl Scouting opportunities contact Tracy Browns at tbrowns@sdgirls.org, or visit sdgirls.org.

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-Dan G., Brain Balance Parent