Join us as we move the annual Volunteer Conference to a virtual platform!

We'll kick off the conference with games, networking, and fun on Friday night. On Saturday and Sunday, get inspired and informed during general and breakout sessions—you'll learn from experts and Girl Scouts San Diego leadership about how to navigate these uncertain times with your girls.

Woven through the weekend are your conference favorites:

- Networking with other volunteers and staff
- Discovering exciting opportunities offered by community partners
- Announcements about Fall and Cookie Programs—including upcoming rewards
- Surprises and fun while we re-connect and re-charge for the year

Early bird pricing ends Sunday, Aug. 9. Find details on pricing, registration details, and out-of-council policies in the price chart on the last page.
___ Be Prepared...Estate Planning for Women ★
Learn about what's important when planning for your family's future! During this interactive session, Estate Planning Attorney Meredith Alcock will address questions you may have, such as: Do I need a will or living trust? How do I plan for my children? How do I get started? Meredith is a member of the law firm of Abbene & Alcock APC, and a former troop leader. Her practice includes estate planning, trust administration, and estate settlement (both trust and probate).

___ Girl Scouts 101 ★ P
Are you a new leader? The proud parent of a new Girl Scout? Then this class is for you! We’ll take you through the basics of Girl Scouts—badges, Journeys, our traditions, and our goals for every girl. You’ll leave with a deeper understanding of what it means to be a Girl Scout.

___ Go for Bronze! DBJ
Calling all Junior leaders: Help your girls earn Girl Scouts’ highest award for Juniors. Discover the steps in the Bronze Award process and learn Take Action project requirements. Hear tips on guiding and mentoring your girls as they choose, develop, and implement projects that make the world a better place.

___ High Adventure CSA
Epic adventures can keep girls engaged and interested as other interests compete for their attention. Join us for an overview of backpacking, canoeing, aquatics, and climbing opportunities. We’ll also explore how best to involve girls in your planning process to organize fun, safe adventures that build confidence and create lasting memories.

___ Painting 101: Summer Sunset ★
Enjoy a relaxing painting session hosted by our community partner ArtBeat San Diego. Experience first-hand art opportunities available for your Girl Scout troop while learning beginner-friendly painting techniques to complete your own summer themed artwork on canvas. Register by Sunday, Aug. 9 to receive materials to paint along during the live session.

___ Latinx Program Ideas ★
Did you know Girl Scouts San Diego has program resources on Latinx culture? Join this interactive session to explore Día de los Muertos, Latin American cultures, and learn about farm workers' rights. You’ll take home some program ideas to help your troop earn our Chicas and Dolores Huerta parches (patches) in chido (cool) way! Register by Sunday, Aug. 9 to receive materials to follow along with a few projects during the live session.

___ Supporting Girls’ Brain Health P ★
Hear from beloved board member and psychologist, Dr. Divya Kakaiya, on ways to support the girls in your troop who may be having a tough time in 2020. In the face of so many changes and uncertainties, it's understandable girls may be facing mental health challenges. Come to this session to learn tools for supporting resiliency and mindfulness in girls.

___ Virtual Games ★
Pick up cool ideas for introducing fun and games to your virtual troop meetups. You’ll explore ways to keep your girls happy, laughing, and engaged!
### Chat with Carol
Join Girl Scouts San Diego CEO Carol Dedrich for an hour of conversation. Bring your thoughts and questions to this unstructured session. Everyone is welcome to take part!

### Entrepreneurship Mindset and More $
Girl Scouting brings out the natural entrepreneur in girls, preparing them to shine in any career. Learn about Girl Scout entrepreneurship and leadership-building opportunities that go beyond the cookie program. Find out about badgerwork and other creative activities that help girls develop an entrepreneurial mindset and the attitudes, skills, and behaviors they need to succeed in life.

### Go for Gold! CSA
Calling all Senior-Ambassador leaders: Help your girls earn the highest award in Girl Scouting. Learn the ins and outs of the Gold Award process and hear about requirements and successful projects. Understand your role and gain tips on supporting girls as they go for—and earn—this prestigious award. It’s the mark of the truly remarkable!

### Group Management Tricks and Tips ☑️
Our fantastic Girl Scout Outreach team invites you to an interactive session on group management! Gain insightful group management tips and tricks—and build program delivery skills—for working with groups of all sizes.

### Growing Global Girl Scouts DBJ
Go global with hands-on, easy ideas for impactful programs, international games, songs, and snacks for Daisy, Brownie, and Junior troops! Learn strategies for encouraging your Girl Scouts to become citizens of the world, gear up to travel, and develop a passion for helping others through global action.

### Just Junk: Felted Fun ★
Learn to make fun projects using felt—from storyboards for Daisies to coffee cup cozies and taco-shaped cord keepers for older girls! Make all sorts of items with “junk” you can find around your house or pick up on the tightest of budgets. You’ll also pick up some sewing basics (though not all the projects require it) and instructions for additional projects you can try on your own. Register by Sunday, Aug. 9 to receive materials to follow along with a few projects during the live session.

### Leveraging Your Girl Scout Experience ☑️
Learn new ways to apply your Girl Scouting experience in your professional world! Let’s face it, sometimes Girl Scouts feels like your job. As leaders, co-leaders, and engaged 4Her Helpers, you put in a lot of time and effort into making your troop successful. The skills you develop as a Girl Scout volunteer—in project management, delegation, team building, and more—are skills you can translate to your professional life.

### Managing Conflict, the Girl Scout Way ☑️
Effective conflict management is an essential skill for every leader and volunteer. When paired with positive intentions, conflict can be a force for building a positive Girl Scout troop culture and safe space for G.I.R.L.s to thrive. Learn techniques and strategies you can implement in your troop to help prevent conflict and effectively address it when it arises.

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**Pre-order with registration for BIG savings!**

Order with registration and save 20%

- VC T-Shirt $16.33 ($15.16 + tax): Sizes ladies XS through 4X
___ An Attitude of Gratitude ✪
Girl Scout volunteers shape girls of courage, confidence, and character each day and in many different ways. Let’s shower these world changers with appreciation! Join us for this hands-on opportunity to learn how to develop a culture of gratitude. Our experts will share the many ways you can praise the Girl Scout sisters in your life, whether they be in your troop, service unit, or wider community.

___ Civic Engagement Badges ▲
Learn about the newly released civic engagement badges from GSUSA—there’s one for each program level. You’ll hear from experts on how best to connect your girls to their local, state, and federal governments to meet badge requirements.

___ Dance Me Fit Class with Michele ✩
No experience needed! Get motivated with an easy, fun dance fitness workout for all ages and all abilities. Learn different culturally inspired dance-fitness routines, including Bollywood, hip hop, Latin, and pop. Whether you have two left feet or love to get your jam on, this class is sure to put a smile on your face.

___ Leading Virtual Troop Meetings ✨
Learn tips for hosting fun and engaging virtual meetings that don’t feel like school! Explore strategies and activity ideas for keeping your troop active and excited to be Girl Scouts. We’ll also review online safety and platform options before digging into the benefits and challenges of online programming.

___ Leave No Trace Games 🍃
Join our council’s fabulous camp directors for fun and engaging games that will empower you to teach your troop the importance of “leave no trace” concepts. They’ll be drawing on resources from Leave No Trace, a center for outdoor ethics that provides research, education, and initiatives so every person who ventures outside can protect and enjoy our world responsibly.

___ Thinking Critically about Online Communication ✓
Learn about best practices in online communication and how to apply them to connecting with your troop, your service unit, and Girl Scouts everywhere. We’ll discuss how to live by the Girl Scout Promise and Law virtually and how to post, email, and share information most effectively with real world examples.

___ Volunteer Toolkit 101 ✪ | P
Discover how Volunteer Toolkit can make leading a breeze! This essential, easy-to-use e-toolkit will let you get organized for your troop year—anytime, anywhere. Besides being a resource for badges and Journeys, you can use VTK to communicate with troop parents and maintain attendance rosters. Log in before the session starts so you can follow along at home.

___ Wellness in the Digital Age 🏡
Technology has its benefits, yet can cause adults and children to feel distracted, overwhelmed, and isolated. Technology use is also correlated to attention disorders, anxiety, depression, suicide, and physical ailments linked to sedentary lifestyles. Learn how to create wellness in the digital age. Understand the “attention economy,” technology’s roles in our lives, and the impact of its overuse. Gain tips and techniques for creating technology boundaries, connecting to your values, living intentionally, and finding time in nature.

___ World Centres and Destinations 🛫
Get your passport ready for future travel opportunities! This session provides an overview of the exciting Destinations Travel Program for individual Girl Scouts and an overview of the Girl Scout programs offered at the five International WAGGGS World Centres. We’ll cover Girl Scout Destination program opportunities, application tips, program timeline, fundraising, and expert advice from several (current or former) Destination participants.
___ Fall Product and Cookie Programs  $
Join the Product Program team for conversations about training, family engagement, girl programming, and volunteer opportunities. Plus, get a sneak peek at what’s new and exciting for the 2020-2021 product seasons. We’ll help ensure your troop and families are set up for success for the 2021 product programs!

___ Fun with STEM  ▲
Learn how to lead STEM activities for girls of all ages! We’ll explore activities and projects that relate to Girl Scouts’ STEM badges and Journeys, focusing in on ones you can do with supplies you already have or can find easily and cheaply.

___ Go for Silver!  CSA
Calling all Cadette leaders: Help your girls earn Girl Scouts’ highest award for Cadettes. Learn the ins and outs of the Silver Award process and Take Action project requirements. Hear tips on guiding and mentoring your girls as they choose, develop, and implement projects that make the world a better place.

___ Growing Global Girl Scouts  CSA  🌍
World Thinking Day is just one day, however global action and cultural awareness matter all year long! Sample cool tools and activities to connect your girls to issues that affect girls and women around the world. You’ll learn strategies for encouraging your Girl Scouts to be citizens of the world, get them ready to travel, and develop a passion for helping others through Global Action!

___ Healthy Brains  ☮
Hear from beloved board member and psychologist, Dr. Divya Kakaiya, on ways to keep your brain healthy and thriving. This year has brought a lot of changes and big news stories, and it’s important for everyone to take a moment to take stock of how they’re feeling. Learn strategies for developing habits that will help you thrive in the face of uncertain times.

___ Leading Troops in Uncertain Times  🌍
A lot has changed these past few months. Planning for next year, in the face of ever-changing safety recommendations and uncertainties, can seem like a daunting task. Connect with other leaders for a discussion about the challenges of planning, reimagining events and programs, and troop communication during COVID-19.

___ The Great Kaper Chart  ✉✉
Kapers are Girl Scout lingo for chores. Learn ways to make sure kapers are fair to all girls and don’t feel too much like work—and why it’s important that girls do their share for meetings, camp meals, or events. Plus, we’ll guide you through making your own kaper chart. Register by Sunday, Aug. 9 to receive materials to build your very own kaper chart during the live session.

___ Understanding and Supporting Transgender Youth  DBJ  |  CSA  |  ☮
Co-led by one of the country’s leading authorities on transgender and non-binary youth, along with a longtime Girl Scout leader, this session provides tools and resources for understanding gender diversity issues. Learn how to support, respect, and empower all youth. Topics range from understanding gender identity and state laws to incorporating best practices that create safe and inclusive environments. Participants will also have the opportunity to ask questions and receive feedback from these experienced presenters.

GSSD Early Bird All-Access pass includes patch in welcome kit.
Available for purchase after Aug. 10, while supplies last.
No refunds.
**Registration Information and Session Overview**

Friday, Aug. 28, 5:30-8 p.m. evening kickoff  
Saturday, Aug. 29, 8 a.m.-2 p.m. networking and conference sessions  
Sunday, Aug. 30, 9 a.m.-2 p.m. networking and conference sessions

Register online at sdgirlscouts.org/vc or call Customer Care at 619-610-0821.

### PRICES (financial assistance available for GSSD members)

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For general information email: training@sdgirlscouts.org

### SESSIONS

**Session A**
- Be Prepared...Estate Planning for Women  
- Girl Scouts 101  
- Go for Bronze! DBJ  
- High Adventure CSA  
- Painting 101: Summer Sunset  
- Latina Program Ideas  
- Supporting Girls' Brain Health  
- Virtual Games

**Session B**
- Chat with Carol  
- Entrepreneurship Mindset and More  
- Go for Gold! CSA  
- Group Management Tricks and Tips  
- Growing Global Girl Scouts DBJ  
- Just Junk: Felted Fun  
- Leveraging Your Girl Scout Experience  
- Managing Conflict, the Girl Scout Way

**Session C**
- An Attitude of Gratitude  
- Civic Engagement Badges  
- Dance Me Fit Class with Michele  
- Leading Virtual Troop Meetings  
- Leave No Trace Games  
- Thinking Critically about Online Communication  
- Volunteer Toolkit 101  
- Wellness in the Digital Age  
- World Centres and Destinations

**Session D**
- Fall Product and Cookie Programs  
- Fun with STEM  
- Go for Silver! CSA  
- Growing Global Girl Scouts  
- Healthy Brains  
- Leading Troops in Uncertain Times  
- The Great Kaper Chart  
- Understanding and Supporting Transgender Youth DBJ, CSA

### LEGEND/Audience
- CSA = older girls  
- P = parent  
- DBJ = younger girls

### Topic
- # = adult development  
- $ = entrepreneur  
- ◆ = fun  
- ♥ = general G.S. knowledge  
- ▲ = programing  
- ♦ = outdoor  
- ♛ = parent  
- ♠ = travel  
- ♦ = supporting virtual troops