



Outdoor Skills Weekend Fall 2022

Camp Guide

**Tag @sdgirlscouts on
social media!**



Welcome to Outdoor Skills Weekend!

We are excited you're here to experience camp and want you to have a fantastic, enriching weekend.

Our Mission

Girl Scouting builds girls of courage, confidence, and character, who make the world a better place.

Girl Scout Promise

On my honor, I will try:

To serve God* and my country,
To help people at all times,
And to live by the Girl Scout Law.

Girl Scout Law

I will do my best to be
honest and fair,
friendly and helpful,
considerate and caring,
courageous and strong, and
responsible for what I say and do,
and to
respect myself and others,
respect authority,
use resources wisely,
make the world a better place, and
be a sister to every Girl Scout.

**Members may substitute the word God in accordance with their own spiritual beliefs.*

What's Different This Year?

We are so excited to be back in-person at Camp Winacka for Outdoor Skills Weekend! Here's what's different this time:

Meals and group gatherings are back in the Winacka Lodge! This mainstay of Camp Winacka is open again after considerable and much-needed upgrades.

Friday night activities. Once you're settled, make your way to the Winacka Lodge for fun drop-in activities and connecting with friends. If you've brought a Friday night meal, you can enjoy it there too.

Limited parking is available at Camp Winacka with more spaces available at Camp Whispering Oaks. For safety, there is no parking along the main road at Camp Winacka or behind the Winacka Environmental Center or Winacka Lodge.

COVID-19 guidance. Wearing a mask is optional when outdoors. Indoor masking depends on county guidelines at the time of the event. Masks will be recommended indoors if San Diego County is in a "medium" or "high" community level. Updates will be provided during the event, as needed.

Be a sister to every Girl Scout. Check in with each other about masking and close contact comfort levels. Camp is the best place to live and breathe the Girl Scout Promise and Law!

What You Need

Check out the list below to make sure you've brought everything you need. The GSSD Pop-Up Store will be open at the Geico Reception Center for things you may have left behind (and more!). Be sure to label everything with your name.

- Your dinner for Friday night. Pack a meal or stop at a local restaurant in Julian on your way up.
- Completed Adult Health History form printed **(required)**—keep it close in your name badge holder
- Well-fitting high quality mask, hand sanitizer
- Refillable water bottle
- Travel mug*
- Mess kit (plate, bowl, cup, utensils, dunk bag)—only needed if attending cooking sessions
- Sharp pocketknife*
- Flashlight or headlamp
- Camp chair / Sit-upon*—limited seating at some sessions and activities
- Warm sleeping bag—mattresses are provided in all cabins
- Pillow*
- Sheet or extra blanket*
- Layered clothing—check the weather reports beforehand and be prepared
- Jacket or sweatshirt
- Hat for shade/warmth
- Sunglasses
- Bandana
- Gloves*
- Two pairs of closed-toe shoes
- Towel, washcloth, and soap
- Toothpaste, toothbrush, hairbrush, and other toiletries
- Sunscreen, insect repellent
- Any medications you take
- Pajamas
- Flip flops (for shower use only)
- Daypack/fanny pack
- Something to take notes
- Camera, binoculars, or book*
- Small first aid kit
- Rain jacket, poncho, or trash bag
- SWAPS*—50 or so recommended
- Tent, sleeping pad, etc., if you are tenting
- Any items needed for your learning sessions

**optional*

Camp Etiquette

At camp, all Girl Scouts come together to create a warm and welcoming community. This weekend, we hope you'll make new friends, reconnect with old ones, and explore more. Sharing and growing together is what this weekend is all about!

To ensure everyone has a great experience, please respect these basic principles of camp etiquette:

- Leave spaces cleaner than you found them.
- Respect the space and equipment of others.
- Observe quiet time (10 p.m.–6:30 a.m.) and respect others' need for sleep.
- Stay on marked paths and trails—leave no trace.
- Make sure to perform your selected kapers before you leave on Sunday!



Camp Safety

Keep your Adult Health History Form on you at all times in your name badge holder. We will not collect these this year, but should you require medical assistance, we will expect to find the form with you.

Take care of your minor first aid. If you don't have training yet, there's probably someone close by to lend a hand.

A first aider will be on hand for serious injury or illness. Staff with walkie talkies can contact the first aider on your behalf, if needed. First aid kits and call boxes to reach assistance are available in each sleeping unit. All camp buildings also have first aid kits available.

Attend the safety drill Saturday morning. Learn the emergency info you'll need while on property.

Back your car into your parking spot. Keep your car keys with you at all times. Both of these measures help us to evacuate quickly should the need arise. There is no parking along the main road at Winacka.

If you go off-property for an unscheduled hike, early morning run, or other trip, please check out at the Geico Reception Center so we know where you are (and use the buddy system!). Don't forget to sign back in when you return.

Alcohol is not permitted at camp; please refrain this weekend.

Smoking is only allowed at designated smoking sections; please check with camp hosts to learn about designated smoking areas.

Lost and Found

Please place any unclaimed items in the lost-and-found bin at the Geico Reception Center. All unclaimed items will be held at our Balboa Campus for 30 days and then donated to a local charity.

Meals

Dinner on Saturday will be served in two seatings in the Winacka Lodge and outdoor Winacka Lodge Pavilion. Please attend your assigned seating and enjoy some Me Time when you're not at dinner.

Dinner A

Camp Whispering Oaks
Rocky Ridge
Morningside
Shady Glen
Oak Knoll

Dinner B

Hilltop
Hideaway
Mountain View
Meadow Vista



Things to Do Throughout the Weekend

So you've checked in, now what?

Deposit your gear in your cabin. If you are staying at a rustic Camp Winacka cabin—Hideaway, Hilltop, Morningside, or Rocky Ridge—you can place your gear in the bins near the Geico Reception Center by 8 p.m. for transport to your sleeping quarters. Bring your flashlight or headlamp, jacket, and this Camp Guide for some Friday night fun.

Friday Night Fun (4–8 p.m.)

Around Camp Winacka, you'll find fun drop-in activities:

- **Shopping.** Visit the Girl Scouts San Diego Pop-Up Store at the Geico Reception Center Friday from 4–8 p.m. or Saturday from 8 a.m.–5 p.m. to pick up your favorite GSSD merchandise.
- **Leather stamping and knot tying.** Keep your hands busy with friends new and old in the Winacka Lodge.
- **Learn from legacy leaders.** Come together with seasoned Girl Scouts volunteers to chat about their experiences on all things outdoors with Girl Scouts in the Winacka Lodge.



Saturday and Sunday Group Activities

- **Safety Drill.** We'll meet as a group to review the safety procedures in case of an emergency at camp. This is required for all to attend.
- **Flag Ceremonies.** Flag up and flag down are traditional Girl Scouts flag ceremonies to start and close the day.
- **SWAPS Exchange.** This optional activity will take place at the Winacka Flag Pole after flag down on Saturday, prior to dinner. However, feel free to share throughout the weekend!
- **Campfire Program.** Join us for a warm fire, bright stars, full hearts, and s'mores with this beloved Girl Scout tradition.
- **Lumbercycle Demonstration.** Lumbercycle seeks to divert woody biomass from landfills by milling fallen trees into lumber and reinvesting it back into communities, including at camp! This engaging session will feature sustainability efforts, detail the life cycle of a tree, and even include a live sawmill demonstration.
- **Girl Scouts' Own.** This traditional Girl Scouts ceremony using spoken word, favorite songs, poetry, and more will help us wrap up our time at Outdoor Skills Weekend at Singing Tree. Be sure to stay for carpool drawings for an Apple Alley Bakery gift card.

OSW General Schedule

Friday

4–8 p.m.	Check-in GSSD Pop-Up Store Friday Night Fun Drop-in Activities	Geico Reception Center Geico Reception Center Winacka Lodge
9–10:15 p.m.	Late Night Session: Stargazing	Winacka Helipad

Saturday

5:45–7 a.m.	Sunrise Sessions	See pages 11–12 for specific session locations
7–7:30 a.m.	Flag Up Ceremony & Safety Drill	Winacka Flag Pole
7:30–8:30 a.m.	Breakfast	Winacka Lodge
9–10:15 a.m.	Session A	See pages 11–12 for specific session locations
10:45 a.m.–Noon	Session B	
Noon–12:30 p.m.	Lunch	Winacka Lodge
12:30–1:30 p.m.	Me Time	Anywhere you like
1:30–2:45 p.m.	Session C	See pages 11–12 for specific session locations
3:15–4:30 p.m.	Session D	
5–5:45 p.m.	Flag Down Ceremony & SWAPS	Winacka Flag Pole
5:45–6:45 p.m.	Dinner A (or Me Time)	Winacka Lodge See page 6 to for your dinner seating.
6:45–7:45 p.m.	Dinner B (or Me Time)	
8–9 p.m.	Campfire Program	Winacka Campfire Ring
9–10:15 p.m.	Late Night Sessions	See pages 11–12 for specific session locations

Sunday

5:45–7 a.m.	Sunrise Sessions	See pages 11–12 for specific session locations
7–8 a.m.	Breakfast	Winacka Lodge
8–9 a.m.	Kapers and Pack Out <i>For rustic cabins—gear must be outside your unit by 8 a.m. for transport to luggage bays.</i>	In your sleeping unit and around Camp Winacka
9–10 a.m.	Lumbercycle Demonstration	Winacka Zone Field
10:15–10:35 a.m.	Girl Scouts' Own Ceremony & Carpool Drawing	Singing Tree
By 11 a.m.	Check Out	Geico Reception Center



Saturday Session Schedule

Sunrise Session 5:45-7 a.m.	Session A 9-10:15 a.m.	Session B 10:45 a.m.-Noon	Session C 1:30-2:45 p.m.	Session D 3:15-4:30 p.m.	Late Night Session 9-10:15 p.m.
Sunrise Fishing Winacka Upper Lake	Archery Fun Winacka Archery Range	Archery Fun Winacka Archery Range	Archery Fun Winacka Archery Range	Archery Fun Winacka Archery Range	Night Hike Winacka Campfire Ring
Sunrise Hike Winacka Lodge Pavilion	Box Oven Blast Hilltop Fire Ring	Brownie Outdoor Journey Winacka Lodge Pavilion	Camp Ceremonies Winacka Campfire Ring	Canoeing Fun Winacka Upper Lake	Stargazing Winacka Helipad
Wildlife Tracking Winacka Lodge Pavilion	Canoeing Fun Winacka Upper Lake	Camp Desserts Hilltop Fire Ring	Canoeing Fun Winacka Upper Lake	Discover gsAdventures Singing Tree	
	Emergency Preparedness: Zombie Style Environmental Center Porch	Canoeing Fun Winacka Upper Lake	Compass Games: Older Girl Scouts Zone Field	Engaging Older Girl Scouts Through the Outdoors Winacka Campfire Ring	
	Hatchet Throwing Fun Winacka Hatchet Range	Compass Games: Younger Girl Scouts Zone Field	Crafty Time Fillers Arts and Crafts Center	Hatchet Throwing Fun Winacka Hatchet Range	
	High Ropes Challenge Meet at Winacka Lodge by 8:10 a.m. to walk over to Camp Whispering Oaks High Ropes Course		Daisy Outdoor Journey Winacka Lodge Pavilion	Slingshot Fun Winacka Slingshot Range	
	Let's Camp Plus! Environmental Center		Foil Packets and Pie Irons Hilltop Fire Ring	Lifetime Member Campy Hour Arts and Crafts Center	
	Nature Journal Making Arts and Crafts Center	Discovery Hike Winacka Lodge	Hatchet Throwing Fun Winacka Hatchet Range		
	Outdoor Team Building Games Zone Field	Hatchet Throwing Fun Winacka Hatchet Range	High Adventure: Badges and Local Opportunities Environmental Center Porch		
	Slingshot Fun Winacka Slingshot Range	Orienteering Geico Reception Center	Slingshot Fun Winacka Slingshot Range		
	STEM in the Outdoors Winacka Lodge Pavilion	Slingshot Fun Winacka Slingshot Range			
	Winacka Walking Tour Winacka Lodge	Take the Challenge Zone Field			

Sunday Session Schedule

Sunrise Session 5:45-7 a.m.	
Sunrise Fishing Winacka Upper Lake	Sunrise Hike Winacka Lodge Pavilion

Time to Head Home

Sleeping Unit Kapers for All Attendees

A "kaper" is camp lingo for a chore or responsibility. All attendees should assist in the clean-up of their sleeping unit as well as adjacent restrooms. Cleaning supplies and equipment are kept in unit closets. Please return any item used to its proper place.

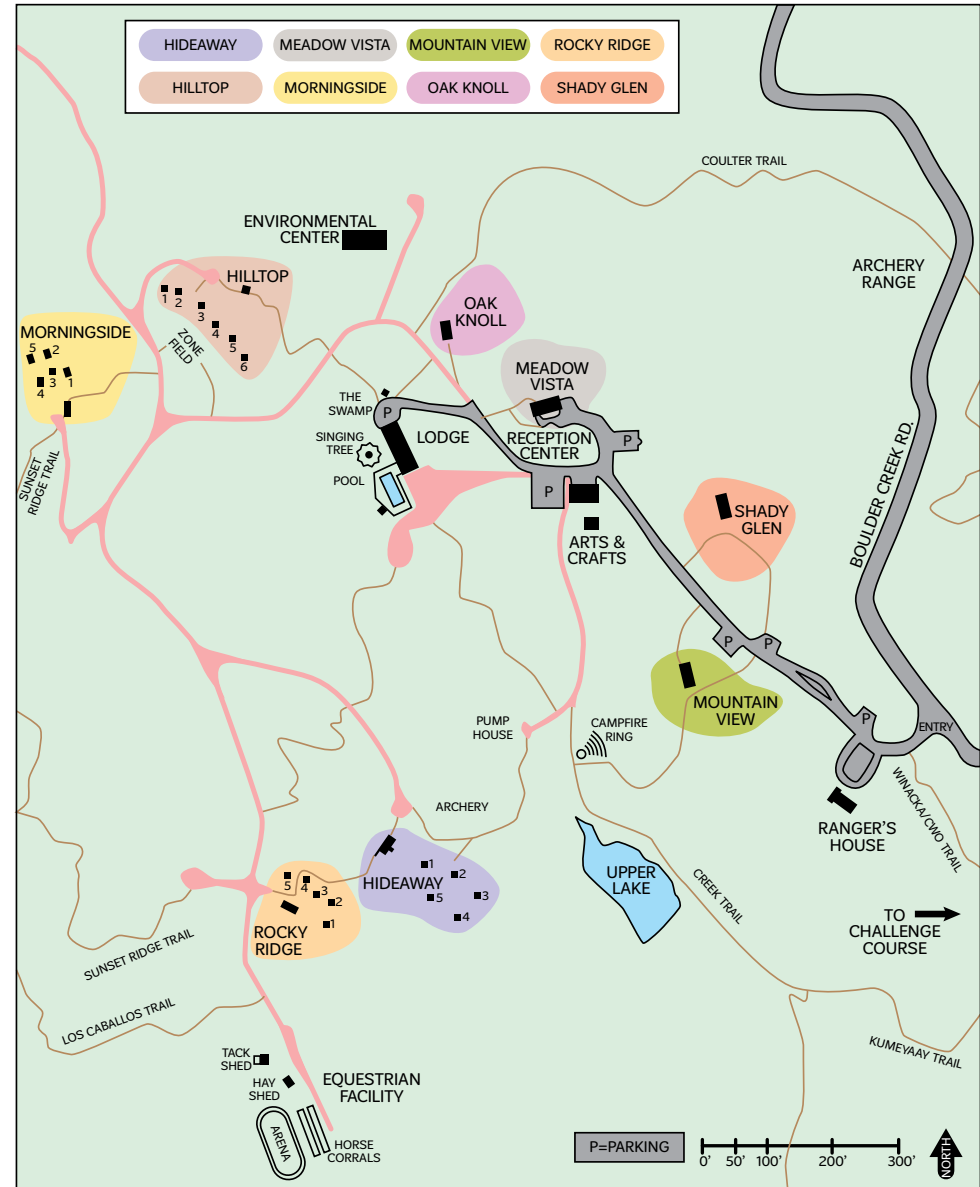
Plan to complete these kapers after Sunday breakfast, before the Lumbercycle Demonstraion and Girl Scouts' Own Ceremony and before you check out:

- Clean and scour all sinks and toilets.
- Empty sanitary napkin receptacles.
- Conduct a trash sweep around unit, including under mattresses and common areas. Bring lost items to the Geico Reception Center.
- Put all trash in outside trash receptacles.
- Sweep floors in cabins, under beds, porches, common areas, and bathrooms.
- Mop bathrooms and the floors in modern units.
- Do a final inspection to ensure everything was done.
- Close all windows and doors.
- Turn off lights and heat (when applicable).

Communal Kapers

In addition to sleeping unit kapers, all attendees are expected to contribute to the smooth running of camp with a communal kaper. You should have signed up for a kaper through SignUpGenius after you registered for Outdoor Skills Weekend. If not, add your name to one of the printed lists in the Geico Reception Center.

Camp Winacka Map



Questions? Need a little extra help?

Your Unit Host, session presenters, and Girl Scouts San Diego staff members are happy to answer any questions you may have.

sdgirlscouts.org

