



# From Clash to Compromise!

## My “TAKE ACTION” Plan

The issue I want to deal with is:

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The resource I found today that will help is:

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Because it will help them:

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The meeting date I will implement/play game with my girls is:

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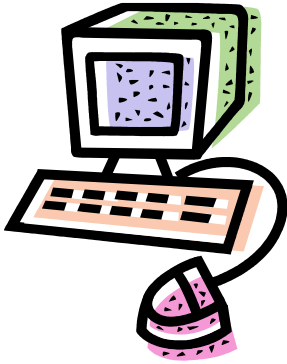
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# RESOURCES THAT CAN HELP YOU

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## Web Resources



[www.cyh.com](http://www.cyh.com) – search for conflict resolution for children or bullying

[www.ehow.com](http://www.ehow.com) for “How to...” on any subject (ie., [www.ehow.com/conflict](http://www.ehow.com/conflict) resolution)

[www.bullyingnoway.com.au](http://www.bullyingnoway.com.au) – great kid-friendly site with lots of resources

[www.teachablemoment.org/elementary/imessages](http://www.teachablemoment.org/elementary/imessages)

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## Girl Scout Program Links



### Brownie Try-It's

- Working It Out
- Girl Scout Ways
- Caring and Sharing

### Jr. Badges

- **Communication**
- **Healthy Relationships**

### Cadettes

- **Journey Book**

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## Trainer Contacts

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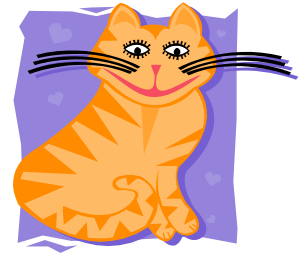
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## *I'M SO MAD!*

*I'm felling really angry  
I want to stomp and scream.  
I never thought she'd break it,  
Not in my wildest drive.  
I don't think I'll forgive her  
For ever and a day  
But I'll take a breath and listen  
To what she's got to say  
I'm felling quite ashamed now  
For shouting out like that  
My sister didn't break it  
The culprit was the cat  
We've come to a solution  
"We'll lock our door" we said  
We shook hand with each other  
The cat went to the shed.*



Author: BH (an adolescent girl)



## **9 STEPS TO CONFLICT RESOLUTION**

1. Identify there is a conflict occurring – bring it to the parties attention & don't ignore it
2. Come down to the child's level to speak to them
3. Have each child take turns recalling the conflict – ask each child to tell you how they are feeling
4. Repeat what the children have said in your own words so they know you understand them
5. Ask about ideas for compromise – let each child say how they would like to see the conflict solved
6. Suspend your own opinion – let them talk it through
7. Recount the conflict and the decided solution the children came up with
8. Take action – let the children put their solution into motion but stay with them to help smooth out any bumps objectively
9. Encourage the use of "I" statements instead of "You" statements

# **PRACTICE MAKES PERFECT!**