



Outdoor Skills Weekend 2011

Friday, September 30, 5 p.m. – Sunday, October 2, Noon

It's An Adult Encampment!

Join other adults at Camp Winacka for a weekend of skill-building, making new friends, and rejuvenating. Your weekend getaway includes all meals, beautiful surroundings, and a wide range of activities designed to tickle your funny bone, fill your tummy and spark your imagination. This year we kick off the weekend with Girl Scout New Year's Eve Friday night and launch into the 100th Anniversary year.

Outdoor Skills Weekend is an annual tradition that allows you to customize your own adventure. Come alone or bring a buddy, or your troop adults or the whole SU team! Select your favorite activities from our trainers' diverse lineup of workshops. Or you might want to take a timeout ("Me Time") and count butterflies. It's YOUR weekend.

Registration deadline: Friday, September 16

Register online, by fax or mail. Space is limited! Pre-registration is required.

Cost is \$32 (includes meals and lodging).

Confirmation packet will be mailed at least two weeks prior to the event and will include a schedule of sessions, directions, and a suggested packing list.

Carpooling suggested –very limited parking

Featured workshops:

AC Roundtable - Sandy Sultz gathers the Activity Consultants for discussion, information, and networking.

Brownie Outdoor Skills Belt - Gaye Brisson – Make this clever rope belt for your Brownie troop's sample. The belt colorfully displays the girls' mastering of eight different outdoor skills.

Be Prepared! - Heather & Ryan Fryant - Learn about the traditional basic 10 essentials that are advised for wilderness hiking, their uses and how to teach them to your girls.

Leave No Trace Skills - Fran Styles – From Daisy to Ambassador, help the girls learn how to care about the environment around them.

Campfire Program - Cindy Moore - This group will brainstorm and develop the Saturday night campfire program.

Yummies on a Stick - Fran Styles - Practice dowel & stick cooking methods to boost your skills. Yum!

Fire Starters - Ryan Fryant - Your group will be making an assortment of firestarters to take home.

Flower-pounding - Pam Stubbs - Beat the daylight out of flowers with hammers and make a lovely floral art print on fabric ready to frame.

Foil Packet Cooking - Pam Stubbs - Girls love cooking their own meals. Learn tips in this hands-on session of foil packet cooking.

Games to Unite a Troop - and have FUN! -Heather & Ryan Fryant - Learn ways to help an active group focus, a shy group open up, and help facilitate communication.

Geocaching - Karen Haubrich - Engage in the world-wide treasure hunt that uses GPS units, find caches at Winacka.

Lashing - Pat Gifford - Use just the clove hitch, square knot, and cane to make a unique 100th Anniversary bamboo structure to stay at camp.

Pine Needle Basket Weaving - Karen Haubrich - Practice this amazingly beautiful art form that is centuries old.

Scouts' Own - Cindy Moore - Group will develop a lovely Scout's Own ceremony for Sunday morning.

Sing Some Songs - The songleaders are at it again, teaching you songs and filling the forest with music.

Tie-dye a Bandana - Gaye Brisson - Cotton bandana is provided, you may bring an additional 100% cotton item. Learn from a real pro and get striking results. Must be finished by laundering at home.

Winacka Hike - Cindy Moore - Swing along the trail with camp historian and explore the whole camp.



Questions

Program:

Linda Sola, Adult Learning Manager
Laura Scheid, Adult Learning Specialist
Lourdes Grady, Adult Learning Assistant
training@sdgirlscouts.org

Registration:

registration@sdgirlscouts.org

**Lifeguard
certification training
available on this
weekend. Separate
registration required.**

www.sdgirlscouts.org



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Friday, September 30, 5 p.m. – Sunday, October 2, noon

Individual Adult Registration Form

Registration deadline: Friday, Sept. 16 • Cost: \$32 per person

REGISTER

To register by fax: (619) 795-6930
 To register by mail: Girl Scouts, 1231 Upas St., San Diego, CA 92103
 For general information: training@sdgirlscouts.org

PERSONAL INFORMATION

Name _____ # of years as adult Girl Scout _____ Troop # _____
 Mailing Address _____ City _____ Zip _____
 E-mail _____
 Phone (day) (_____) _____ Phone (evening) (_____) _____
 I give my permission to have photographs and/or video taken for publicity purposes.
 Special dietary needs or special accommodations _____

MEALS

Check all meals that you will attend:
 All meals (Bring your own dinner Friday night- light snacks available)
 Saturday ___ Breakfast ___ Lunch ___ Dinner Sunday ___ Breakfast

TRAINING CLASSES

Place a number beside 1st, 2nd and 3rd choice for sessions 1, 2, 3, 4 (capacities are limited)

Session 1 Sat. 9:30-10:45 a.m.	Session 2 Sat. 11 a.m.-12:15 p.m.	Session 3 Sat. 2:30-3:45 p.m.	Session 4 Sat. 4:00-5:15 p.m.	Sunday Sun. 9:30 a.m.-10:45 a.m.
___ Be Prepared!	___ Foil Packet Cooking	___ Campfire Program	___ AC Roundtable	OPEN TO ALL
___ Brownie Belt	___ Lashing	___ Yummies on a Stick	___ Yummies on a Stick	"Me" Time
___ Foil Packet Cooking	___ Leave No Trace	___ Fire Starters	___ Fire Starters	Wide Game
___ Lashing	___ Games to Unite a Troop	___ Flower-pounding	___ Geocaching	Scouts' Own
___ Leave No Trace	___ Geocaching	___ Pine Needle Basketweaving	___ Sing Some Songs	
___ Winacka Hike	___ Scout's Own	___ Tie Dye	___ Tie Dye	

PAYMENT

I am requesting financial assistance. Include 50% of fee with registration.
 Please make checks payable to Girl Scouts.
 If paying by credit card, complete the following: American Express Visa MasterCard Discover

Amount to be charged \$ **32** _____

Credit Card Number _____ Exp. Date _____ Date _____

Print Name _____ Signature _____

SUBMIT

Return completed form and payment FAX 619-795-6930 Attn: Registrar • GSSD cannot confirm receipt of FAX • Do not mail original form once fax is sent	DELIVER/DROP-OFF GSSD Headquarters office Attn: Registrar 1231 Upas Street, San Diego, CA 92103	MAIL Girl Scouts San Diego Attn: Registrar 1231 Upas Street, San Diego, CA 92103
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