

# 2019 TRAINING CALENDAR



## Archery Instructor Training

Meet the Safety Wise standard for Archery Instructor Certification. Leaders, assistant leaders, and interested adults (18 years and older) are welcome. Archery instructors can lead archery for their troop, an encampment, and/or assist in leading an archery workshop. Certification is valid for three years. 8:30 a.m.-5 p.m.; \$40.  
Balboa: 6/22, 10/19  
Escondido: 2/23, 9/21



## Blasting Into Brownies

Explore traditional fun and games along with innovative program options. 6-8:30 p.m.; \$5.  
Balboa: 4/18, 6/6, 10/23  
Escondido: 2/28, 3/26, 5/14, 9/12, 11/6  
Carlsbad: 6/4, 7/16, 10/17  
**Prerequisites:** Getting Started with Your Troop and Intro to Girl Scouts



## Bronze/Silver Award Workshop

Successfully coach girls to earn their Bronze or Silver award, from Journey to final report. 6-8 p.m.; \$5.  
Balboa: 1/30, 5/21, 10/28  
Escondido: 9/25, 11/19  
Carlsbad: 6/27, 10/22



## Conflict Resolution and Prevention

Learn what causes conflict and tips for resolving it. Plus, find out how to manage troop conflict and how to get help when you need it. Free.  
**Online:** Contact [training@sdgirlscouts.org](mailto:training@sdgirlscouts.org) for an invitation.



## Cruising into Cadettes

Gain insight on best practices for working with a middle-school-age troop. 6:30-9 p.m.; \$5.  
Balboa: 4/25, 5/6, 8/13, 9/17  
Escondido: 10/21  
**Prerequisites:** Getting Started with Your Troop and Intro to Girl Scouts



## Diving into Daisies

Find out how to best lead our youngest Girl Scouts. 6-8:30 p.m.; \$5.  
Balboa: 1/16, 3/14, 5/16, 9/23, 10/16  
Escondido: 9/18, 11/21  
Carlsbad: 10/9  
**Prerequisites:** Getting Started with Your Troop and Intro to Girl Scouts

## Large Event and Encampment Director

Learn how to plan and run a successful event or encampment from start to finish. **Required** for directors of events with 50+ participants and all encampment directors. Free.  
**Online:** Contact [training@sdgirlscouts.org](mailto:training@sdgirlscouts.org) for an invitation.



## First Aid/CPR/AED

Girl Scouts San Diego uses certification programs developed by American Safety and Health Institute (ASHI) in compliance with G2015 global guidelines that meet Girl Scouts of the USA standards. Videos deliver consistent content, with a written test and hands-on practice confirming learners have achieved skills needed to help others in need.

We offer Pediatric First Aid/CPR/AED, which is child-centered but includes adult and infant certification. Classes are available for adults and girls 6th grade and up (girls under age 14 will receive a certificate of completion). There are two options for this training:

**Standard Class:** An instructor will guide you through videos, hands-on skills practice, and a written, open-book test. Earn a 2-year certification. Best for beginners. Cost is \$45; duration 5 hours.

Balboa, 9 a.m.-2 p.m.: 1/22, 2/20, 3/15, 4/11, 5/18, 9/4, 10/2  
Balboa, 2:30-7:30 p.m.: 2/10, 3/3, 5/5, 6/9, 8/11, 10/27, 12/8  
Balboa, 5:30-10:30 p.m.: 2/26, 4/30, 5/9, 6/3, 6/11, 7/11, 9/24, 10/24, 11/12

Escondido, 9 a.m.-2 p.m.: 5/23

Escondido, 2:30-7:30 p.m.: 2/24, 4/14, 7/14, 9/22, 11/17

Escondido, 5:30-10:30 p.m.: 1/31, 2/7, 3/19, 6/20, 8/15, 10/8, 12/3

Carlsbad, 9 a.m.-2 p.m.: 4/26, 6/29, 10/19, 12/14

Carlsbad, 2:30-7:30 p.m.: 3/24, 9/8, 11/3

Carlsbad, 5:30-10:30 p.m.: 2/4, 3/7, 4/4, 5/14, 6/13, 7/23, 8/29, 9/19, 10/15

**Blended Class: (coming soon)** Watch videos at home or on your mobile device in advance. Then, attend an instructor-led, hands-on skills session. Complete the written, open-book test and skills demonstration to earn your 2-year certification. Cost is \$45; online class 2-3 hours plus 2.5 hour in-person class.\*

Our classes meet Girl Scout requirements for first aiders who are within 30 minutes of emergency medical services (EMS). Wilderness First Aid or Wilderness First Responder certification is needed for outings more than 30 minutes from EMS.

\* Note for those who need First Aid/CPR/AED for work or other agency compliance: Due to the abbreviated class time, this option may not fulfill time-based requirements. Check with the agency requiring the training.

**Additional dates and locations** can be found online at: [sdgirlscouts.org/events](http://sdgirlscouts.org/events)



## Getting Started with Your Troop

In the comfort of your own home, learn about starting a troop, safety, troop finances, and Girl Scout resources. **Required** for new troop leaders; complete Getting Started with Your Troop 1-3 in your first month. Free. **Also available in Spanish**, by request.  
**Online:** Contact [training@sdgirlscouts.org](mailto:training@sdgirlscouts.org) for an invitation.



### Goin' Green Celebration

New leaders and troop volunteers, we'd like to celebrate you! Join us for a special ceremony where you'll receive your membership pin. You'll also go home with a ton of resources to start your troop experience. This opportunity will build local connections and expand your Girl Scout community. Sessions may be service unit specific but all are welcome to attend. 6:30-7:30 p.m. unless otherwise noted; Free.

Balboa: 2/23 (10-11 a.m.), 3/23 (10-11 a.m.), 4/24, 5/23  
Escondido: 5/21  
Carlsbad: 4/20 (10-11 a.m.)



### Gold Award Online Training

Learn Gold Award basics in just 30 minutes! Jump start your brain so your passions, interests, and ideas begin forming before attending the required GoGold Workshop. Take this mobile-friendly training in your PJs at home, or on the go. Open to girls, parents, and leaders. **Required for girls** to pursue the Gold Award. Free.

**Online:** Access at [sdgirlscouts.org/gold](http://sdgirlscouts.org/gold) use code "gogold"



### GoGold Workshop

Girls get ready to earn your Gold Award—the highest achievement in Girl Scouting! During this workshop, you'll learn to use GoGold Online, the web tool you'll log in to each time you're ready to complete one of the seven steps of the Gold Award. You'll also work with Gold Award committee members as you create an outline of your project proposal and ask questions. **Required for girls** to pursue the Gold Award, this training is designed to be taken less than three months before submitting a proposal. 2-4 p.m. unless otherwise noted; \$5.

Balboa: 2/10, 3/17, 7/21, 10/6  
Escondido: 4/16 (6-8 p.m.), 9/15, 11/3  
Carlsbad: 1/20, 5/5

**Prerequisites:** Silver Award and one Senior/Ambassador level Journey OR two Senior/Ambassador level Journeys. All girls must take the Gold Award Online Training. Register only after April 1 of your 9th grade year.



### Intro to Girl Scouts

Gain tips and best practices for leading a troop of any level. Part of the New Leader Learning Path, this course is **required** for all troop leaders, and strongly recommended for co-leaders. 6-9 p.m. unless otherwise noted; \$5. **Also available in Spanish**, by request.

Balboa: 1/15, 5/7, 9/17, 10/8, 10/26 (10 a.m.-1 p.m.), 12/11  
Escondido: 2/21, 3/12, 6/4, 9/4, 11/14  
Carlsbad: 1/24, 4/2, 9/25

**Prerequisite:** Getting Started with Your Troop Milestones 1-3



### Just for Juniors

Juniors are ready for new adventures and responsibilities! Get comfortable with the amazing new opportunities this level brings. 6-8:30 p.m.; \$5.

Balboa: 3/6, 6/13  
Escondido: 6/19, 10/10  
Carlsbad: 10/29

**Prerequisites:** Getting Started with Your Troop and Intro to Girl Scouts



### Leader-Daughter Training

This event is open to girls in grades K-8 and accompanying adults; each girl attending must be accompanied by a leader registered for this event. Leaders and their daughters can learn useful tools, skills, and strategies to take back to their troop. 6-8 p.m.; themes vary; \$5/each participant.

Balboa: 3/15, 9/27  
Escondido: 4/12, 7/12, 11/15  
Carlsbad: 5/22, 11/5



### Lifeguard Certification

This two-year lifeguarding certification includes first aid, professional-level CPR, and AED in one certificate. This is an in-the-water course. Come prepared to get wet! It's a 30-hour course.

See [sdgirlscouts.org/events](http://sdgirlscouts.org/events) for upcoming dates or contact [training@sdgirlscouts.org](mailto:training@sdgirlscouts.org) for more information.

Camp Winacka (during *Outdoor Skills Weekend*): 10/4-10/6

**Prerequisite:** Rigorous swim test and home study



### San Francisco Bridging Workshop

Make bridging from Juniors to Cadettes with Girl Scouts of Northern California a meaningful, girl-led adventure. Note: required training prior to any advanced domestic or international travel is Troop Tripping training. 6:30-8:30 p.m.; \$5.

Balboa: 8/28, 9/5  
Escondido: 9/24



### Senior/Ambassador Roundtable

Network with other leaders on tips for engaging older girls during this busy and critical stage.

6:30-8:30 p.m.; \$5.

Balboa: 4/23, 5/2, 10/22



**Prerequisites:** Getting Started with Your Troop and Intro to Girl Scouts

### Training of Trainers

Help wanted: Are you flexible, enthusiastic, a positive communicator, fun, dynamic, encouraging, and a proud adult Girl Scout? Join the training team and make the world a better place. 9 a.m.-5 p.m.

**Prerequisite:** In-person meeting with adult learning team; contact [training@sdgirlscouts.org](mailto:training@sdgirlscouts.org) to schedule.

Escondido: 4/13



### Troop Tripping

Make advanced travel a reality through these tips and requirements. This training is **required** for out of state trips, trips involving air travel, and trips lasting three or more nights. Plan to take this course at least three months prior to your troop's trip. 6-9 p.m.; \$5.

Balboa: 2/28, 9/4

Escondido: 9/11

Carlsbad: 2/12, 3/12



### Water Safety Tips for Girl Scout Troops

Cover basic water safety information from the American Red Cross, then review Girl Scout standards for swimming and other aquatic activities. Free.

**Online:** Contact [training@sdgirlscouts.org](mailto:training@sdgirlscouts.org) for an invitation.



### Wilderness First Aid

Gain a foundation in first aid principles and the skills to respond to emergencies and give care in areas without immediate emergency medical services (EMS) response. This is a 16-hour course. See [sdgirlscouts.org/events](http://sdgirlscouts.org/events) for upcoming dates or contact [training@sdgirlscouts.org](mailto:training@sdgirlscouts.org) for more information.

Camp Winacka (during *Outdoor Skills Weekend*): 10/4-10/6

**Prerequisites:** current First Aid/CPR/AED and home study

### World Travel 101 for Girl Scouts

This event is open to girls in grades 4-12 and accompanying adults; girls attending must be accompanied by an adult registered for this event. The World Travel 101 enrichment workshop is designed to help troops prepare for travel—whether to a nearby city or a far-off country. Participants come together to learn how to pack and stay safe and to be culturally aware. 6-8 p.m. unless otherwise noted; \$5 each.

Balboa: 2/7 (4:30-6:30 p.m.), 5/15  
Escondido: 4/8



### Basic Overnights

*1st in outdoor training series*

**Required** for simple encampments, Adventure Weekends, and preparatory overnights in the neighborhood. Free.

**Online:** Access at [sdgirlscouts.org/outdoortraining](http://sdgirlscouts.org/outdoortraining)



### Let's Camp

*2nd in outdoor training series*

Ready to have a troop cabin camp-out? Learn about outdoor program delivery; property reservations; safety; meal preparation; and building troop skills, teamwork, and memories.

**Required** for independent troop cabin camping.

6-8:30 p.m. unless otherwise noted; \$5.  
Balboa: 2/27, 4/17, 5/17 (3-5:30 p.m.), 6/4, 7/10, 9/4, 10/18 (3-5:30 p.m.), 11/13

Escondido: 2/5, 2/22 (3-5:30 p.m.), 3/20, 5/1, 5/30, 6/18, 9/5, 9/20 (3-5:30 p.m.), 10/30

Carlsbad: 1/23, 2/7, 3/26, 5/7, 6/5, 10/23

**Prerequisite:** Basic Overnights (online)



### Let's Have a Campfire

*3rd in outdoor training series*

Trainers will coach you through fire building and extinguishing, safe pocketknife and hatchet use, knots, simple campfire stick cooking, campfire program, and reflective debriefing. This training qualifies you for stick cooking (like s'mores), beach or backyard fires, and campfires held while cabin camping. **Required** for any fire. 6-9 p.m.;

\$10 (includes food and materials)

Balboa: 1/29, 3/6, 4/23, 5/17, 6/11, 7/17, 8/7, 10/10, 10/18, 11/21, 12/4

Escondido: 2/13, 2/22, 4/4, 5/8, 6/6, 6/27, 9/10, 9/20, 11/5

**Prerequisites:** Basic Overnights (online) and Let's Camp



### Let's Cook Out

*4th in outdoor training series*

Discover several fun methods of outdoor cooking that you can empower your girls to use. You and your new friends will cook a tasty four-course meal to share. You'll be qualified to use many outdoor cooking methods with your girls. **Required** for outdoor cooking. 9 a.m.-4 p.m.; \$15 (includes food and materials)

Balboa: 3/16, 5/18, 8/17, 10/19

Escondido: 2/23, 4/13, 6/22, 9/21, 11/16

**Prerequisites:** Basic Overnights (online), Let's Camp, and Let's Have A Campfire



### Let's Tent

*5th in outdoor training series*

When you and your girls are ready for more rugged experiences, explore troop tent camping.

**Required** for troop tent camping.

5 p.m. Saturday-10 a.m. Sunday; \$10 (includes food and materials).

Balboa: 3/16-3/17, 5/18-5/19, 8/17-8/18, 10/19-10/20  
Escondido: 2/23-2/24, 4/13-4/14, 6/22-6/23, 9/21-9/22, 11/16-11/17

**Prerequisites:** Basic Overnights (online), Let's Camp, Let's Have A Campfire, and Let's Cook Out

### Leader-Daughter Let's Cook Out and Let's Tent Training Weekend

*4th-5th in outdoor training series*

This event is open to girls in grades 2-8 and accompanying adults; each girl attending must be accompanied by a leader registered for this event. This course combines our Let's Cook Out and Let's Tent courses and allows your daughter to learn alongside you. 6 p.m. Friday-10 a.m. Sunday; \$30 each (includes food and materials).

Balboa: 1/11-1/13, 12/13-12/15

**Prerequisites for adults:** Basic Overnights (online), Let's Camp, and Let's Have A Campfire

### Outdoor Challenge (Test-out)

*3rd-5th in outdoor training series*

The Outdoor challenge is a way for experienced adults to "test out" of Let's Have a Campfire, Let's Cook Out, and/or Let's Tent. They must be done in order. The adult taking this challenge must have a strong background in camping with groups; extensive Girl Scout camping experience; or camping experience with comparable youth organizations.

**Prerequisites:** Basic Overnights (online) and Let's Camp

**Online:** Contact [training@sdgirlscouts.org](mailto:training@sdgirlscouts.org) for an invitation.

### Outdoor Training Series Super Weekends

Take your girls outside! The 2nd-5th courses in the outdoor training series will all be taught in one weekend. Introduce girls to the outdoors in progressive steps from a local overnight to rustic camping. Classes must be taken in order. Sign-up for Let's Camp, Let's Have A Campfire, Let's Cook Out, and Let's Tent Training series in one weekend or separate them out over a longer period of time.

Balboa: 5/17-5/19, 10/18-10/20

Escondido: 2/22-2/24, 9/20-9/22

## Registration

**For in-person classes:** [sdgirlscouts.org/events](http://sdgirlscouts.org/events)

**Help:** [customercare@sdgirlscouts.org](mailto:customercare@sdgirlscouts.org) or 619-610-0821

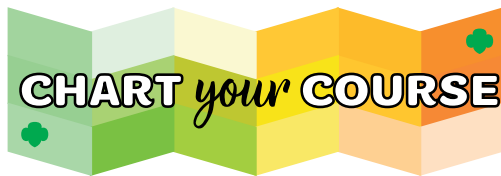
**Training by request:** Arrange a class in your neighborhood!

Contact [training@sdgirlscouts.org](mailto:training@sdgirlscouts.org) for info.

**Full course details:** [sdgirlscouts.org/training](http://sdgirlscouts.org/training)

**Non-Member:** Some courses may have additional fees

Show your commitment to learning by wearing a “Trained to Lead” patch. Add a charm for each class you attend. Available for purchase in Girl Scouts San Diego shops.



## Online trainings

Learn in your pajamas, any time of day, in our interactive online learning portal! Access your dashboard at [sdgirlscouts.litmos.com](http://sdgirlscouts.litmos.com). First-time visitors need an invitation; contact [training@sdgirlscouts.org](mailto:training@sdgirlscouts.org) with your course request. Come back often to choose from a library of enrichment topics.

### Find online courses and fun outdoor videos:

- Alternate Certification Upload
- Basic Overnights
- Bronze and Silver Award Training
- Ceremonies in Girl Scouting\*
- Conflict Resolution and Prevention\*
- Empezando su tropa (1-3)
- Fun Outdoor Videos!\*
- Getting Started With Your Troop (1-3\*, 4\*, 6\*)
- Gold Award Online Training
- Outdoor Challenge (Test-Out)
- Tips and Tools for Busy Volunteers Workbook\*
- Water Safety Tips for Girl Scout Troops
- Where to Place Badges, Patches, and Insignia\*

\* Part of the New Leader Learning Path

To view log on to your dashboard at [sdgirlscouts.litmos.com](http://sdgirlscouts.litmos.com).

Check out our other online resources at [sdgirlscouts.org/digital](http://sdgirlscouts.org/digital).

Need an invitation?  
Contact [training@sdgirlscouts.org](mailto:training@sdgirlscouts.org).



Balboa Campus: 1231 Upas St., San Diego, CA 92103 | 619-298-8391

Escondido Program Center: 3050 Las Palmas (inside Kit Carson Park), Escondido, CA 92025

Carlsbad: 5315 Avenida Encinas, Suite 100, Carlsbad, CA 92008