



She & Me Camping Adventure



Confirmation Packet

Camp Whispering Oaks – Julian, CA

October 11-13, 2019

May 8-10, 2020 (*Mother's Day Weekend*)

Welcome!

My name is Sam Brasted, aka “Hutton.” I’m excited to meet all of you for a wonderful She & Me weekend at Camp Whispering Oaks! Spending quality time with that special young woman in your life will help her develop courage, confidence and character. I have many wonderful memories from my own childhood that include lots of special women in my life like my mom, grandmothers, aunts and neighbors. I hope that you and your girl form lasting memories during your time with us.

Please read this packet thoroughly, as it contains important information for your time at camp. The more prepared you are, the more fun you and your camper will have! Don’t hesitate to contact me with any questions that you might have.

See you soon!

Sam “Hutton” Brasted

Questions?

For questions about the program, meals, lodging, special accommodations, concerns, etc. contact:

Sam Brasted
sbrasted@sdgirlscouts.org
(619) 610-0818

For questions about registration, payment or any registration changes contact:

Jennifer Ferrer
customercare@sdgirlscouts.org
(619) 610-0821

She & Me Policies and Procedures

Sleeping Arrangements

- You and your camper will be sleeping in cabins with other girls and their she's. Cabins hold 16 people. If you are a light sleeper, we recommend bringing earplugs and/or eye masks.



- You and your camper will be sleeping on bunk beds with mattresses. You'll need to bring your own sleeping bag, pillow and other linens.
- The cabins are winterized with heat. You will have access to flush toilets and warm showers.
- An effort will be made to honor all requests for friends, family and troops to be placed in the same cabins; however, we cannot guarantee any of these placements.

Arrival & Departure

- If you know other girls and their she's who are coming to camp, please try to carpool. There are a limited number of parking spaces available.
- Plan to arrive at camp at between 6:30 and 7:30 p.m. on Friday night. Please back your vehicle into a designated parking space. **Check in at the main lodge as soon as you arrive on property.**
- A mandatory orientation meeting for all girls and adults will take place at 8 p.m. on Friday evening. Be prepared to have girls and adults separate for this meeting.
- All activities will end by noon on Sunday. You are expected to stay for the whole weekend.

Safety Standards

- You are responsible to help us keep your girl safe. Please do not encourage unsafe activities or leave your girl unattended.



Participants & Payment

- Only pre-registered girls and adults may attend the weekend. All participants must be registered Girl Scouts. Fees are due one month before the weekend.



- Refund and transfer requests must be submitted in writing prior to the registration deadline listed on the activity. No refunds or transfers will be issued after the registration deadline has passed unless the event is cancelled by council staff.
- Please call or email registration immediately if you have a cancellation at any time, before or after funds due date. Exact numbers affect cabin placement, meals, supplies and much more.

Communication

- Please do not expect to receive phone calls on the camp phone as there is no receptionist.
- We ask that cell phones are not used in front of other campers while at camp. We understand that you may need to make or take a call, so we ask that you step away from the group to do so.

Important Program Information

- There will be several small blocks plus one full hour of free time on Saturday. This time is unscheduled and gives you and your camper time to do something of your own design. Some folks like to hang out in their cabin, others play on the playground and some go on a short hike.
- S.W.A.P.S. are optional at all of our weekends. Check Pinterest or other online resources for ideas or help defining S.W.A.P.S. We recommend each girl make 10-15 each.
- Girl Scouts are expected to leave a place better than they found it. Each cabin will be assigned different clean up tasks and kapers (chores) to help keep camp clean.
- You have the opportunity to perform a skit or song during campfire on Saturday. You are encouraged to get together with others at the weekend and perform together. Ask the staff if you need suggestions.
- All activities are planned with girls in mind. Please remember this and share your enthusiasm.



What Will We Do?

The following is a sample schedule and is subject to change. The activity blocks on Saturday include activities like arts & crafts, teambuilding or nature activities. The All Camp activity on Sunday is a time when everyone in camp comes together to participate in a game or challenge.

Friday	
6:30-7:30 p.m.	Check-In & Move In
8 p.m.	Orientation/Snack
9:30 p.m.	Lights Out

Saturday	
7 a.m.	Wake Up
7:50 a.m.	Flag Ceremony
8 a.m.	Breakfast
9:30 a.m.	Activity #1
11:00 a.m.	Activity #2
12:30 p.m.	Lunch
1:30 p.m.	She & Me Time
2:30 p.m.	Activity #3
4:00 p.m.	Activity #4
5:45 p.m.	Flag Ceremony
6:00 p.m.	Dinner
7:30 p.m.	Campfire
8:45 p.m.	Back to Cabins
9:30 p.m.	Lights Out

Sunday	
7 a.m.	Wake Up and Clean Up
8:50 a.m.	Flag
9 a.m.	Breakfast
10 a.m.	All Camp
10:30 a.m.	S.W.A.P.S. (optional)
10:50 a.m.	Scouts Own & Flag
11:00 a.m.	Check-Out

What Should We Bring?

What you pack for the weekend should be based on the anticipated weather, specifically the forecasted low. Our preferred weather source is the National Oceanic and Atmospheric Administration – you can check the weather at their website www.noaa.gov. When in doubt, plan for colder than you anticipate. We can always find an extra t-shirt, but extra jackets are harder! Please only bring clothes and shoes that can get dirty.

Each girl and adult should bring:

In an overnight bag:

- 2-3 t-shirts
- 2 long sleeve shirts
- 2 pairs of pants
- 3 pairs of socks and underwear
- 1 sweatshirt
- Hat and gloves
- 1 pair pajamas
- 1 warm, waterproof jacket
- Tights or leggings for under jeans
- 2 pairs of sturdy closed-toe shoes
- Towel and personal toiletries
- Sleeping bag and pillow

In a daypack:

- Reusable water bottle
- Poncho for rain
- Flashlight
- Camera
- Insect repellent, sunscreen, chapstick

A Note on Shoes:

Shoes worn at camp must be closed-toe and heel, and must be worn with socks. Crocs, flats, sheepskin boots (Uggs) and canvas shoes (Converse) are not the best choices while at camp. We recommend athletic shoes or hiking boots that are broken in. We want your feet to be happy while you're with us!

Each pair should bring:

- Copies of Health histories (for all girls and adults)
 - Health histories for girls should already be filled out and kept at your troop meeting place. If you don't already have these use the blank form at the end of this packet.
 - If you don't already have health histories, go to www.sdgirlscouts.org/forms and search:
 - Girl Health History and Annual Permission
 - Adult Health History Record
- Medications (if applicable), in original packaging/prescription bottle
- Alarm clock – battery operated (please don't plan on using your cell phone)

Please DO NOT Bring:

iPods, iPads, other electronics, electrical appliances (except for medical reasons)

Anything you don't want broken

Expensive clothes, sports equipment, etc.

Anything prohibited by Safety Activity Checkpoints

What About Cell Phones?

Girls may not bring cellular phones. Adults may bring cell phones, but they may not be used around girls or other campers.

Adults will be asked to "unplug" for the weekend and set a good example for the girls.


Where do we go?

To reach Camp Whispering Oaks:

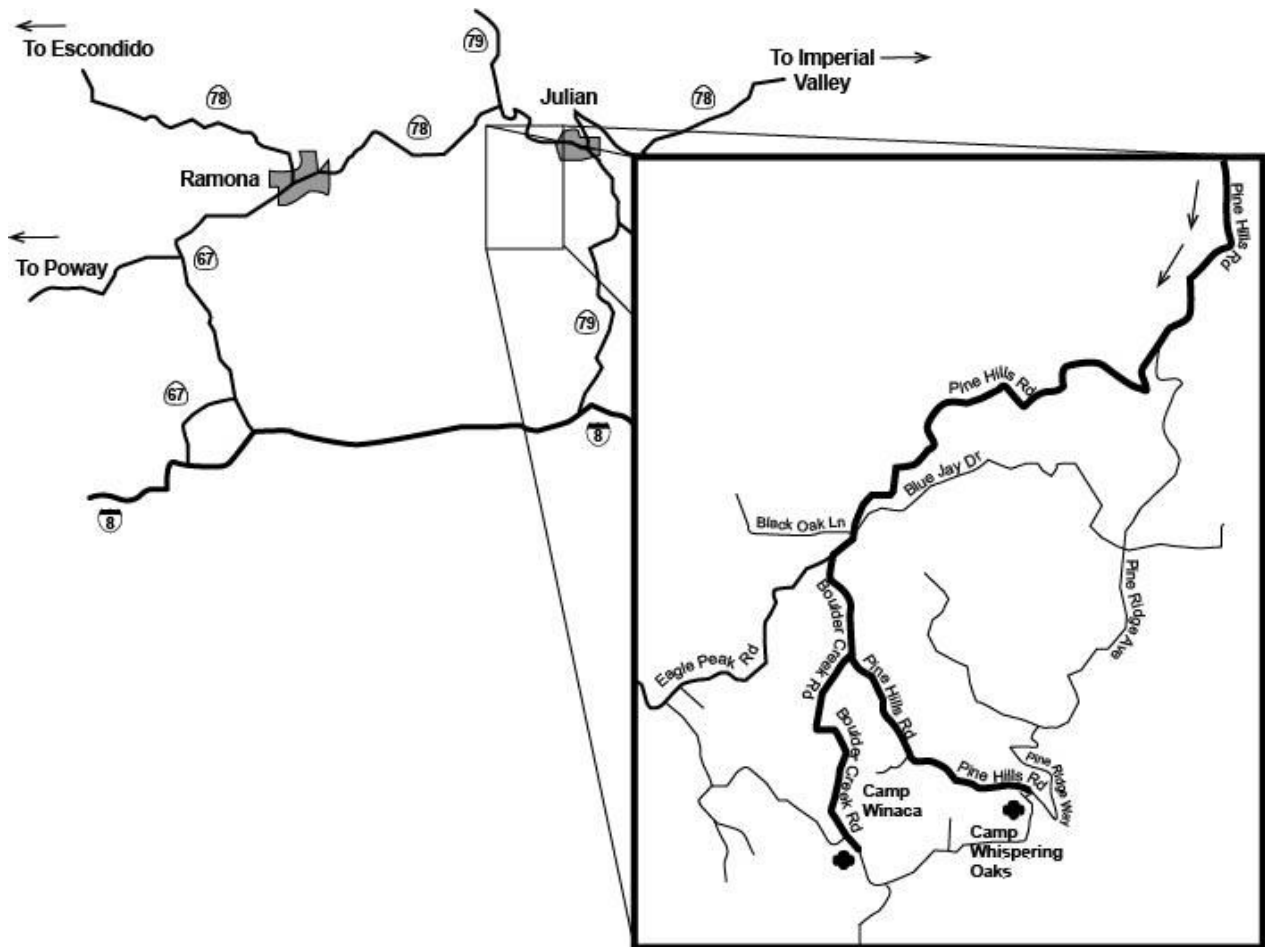
From highway 78/79 take **PINE HILLS RD.** (which is 1 mile west of Julian) Drive 1½ miles; turn **RIGHT** on **EAGLE PEAK RD.** Follow **EAGLE PEAK RD** 1½ miles to the junction with **BOULDER CREEK Rd** and bear left. Stay leftwards and continue onto **PINE HILLS RD.** Continue ½ mile to the entrance to Camp Whispering Oaks on the right.

Address: 4949 Pine Hills Road, Julian, CA (note: GPS directions are often incorrect)

#1 Tip for driving to camp:

When you turn off the 78/79 highway, **SLOW DOWN!** At each intersection there will be a small green sign with this image:  or "Whispering Oaks."

If you *drive slowly* and *keep a look out*, these will guide you to Camp Whispering Oaks.



Internet mapping software and in-car navigation systems often give incorrect or incomplete directions to camp, and send vans full of campers and their adults on harrowing off-road adventures. For your own sake, please use our map and directions to camp! It will take you about 90 minutes to reach camp from the greater San Diego area, accounting for traffic and appropriate speeds.

What Now?

- Pay your balance (if any)
- Complete your annual health history and permission forms
- Prepare your camper for the weekend (what to pack, what your expectations are, what her expectations are, transportation and other trip details)
- Arrange to carpool with anyone you know who will also be attending. Parking is limited!
- Call or email with questions
- Let us know about any dietary needs, special accommodations or cancellations
- Pack your bags
- Get excited for camp!