

## **Sirl Scouts Get Outdoors**

Girl Scouts prepares *every* girl for a lifetime of leadership, success, and adventure in a safe, no-limits environment designed for and by girls.

## **BECAUSE OF GIRL SCOUTS:**

- **72%** of girls improved an outdoor skill
- **71%** of girls tried an outdoor activity for the first time
- **48%** of girls helped other girls do an outdoor activity
- **29%** of girls overcame a fear of an outdoor activity

## WHEN GIRLS GET OUTSIDE, THEY:



Discover they can better solve problems and overcome challenges



Develop leadership skills, build social bonds, and are happier overall



Become team players and care more about protecting the environment

## Girl Scouts participate in the same outdoor activities as Boy Scouts.

Activity	GS Approved	BSA Approved	Activity	GS Approved	BSA Approved
Camping	5		Sailing		<u>4</u>
Challenge Course / Ropes	×	×	Scuba	<u>\</u>	<u> </u>
Recreational Tree Climbing	P	1	Snow Skiing / Snowboarding	Ł	Ł
Sledding / Toboggans		<b>~~</b>	Tow Sports – Wakeboard Waterskiing	Å	Å
Surfing	×	×	Caving	<u>۶</u>	۲
White Water Rafting			Knife / Tomahawk Throwing	¢/	₹V
Archery			Target Sports		
Bicycling	<u>6</u>	<u>6</u>	Swimming	<u>x</u>	<u>x</u>
Climbing / Rapelling	<b>*</b> 3	<b>*</b> 2	Snorkeling	<u> </u>	<u> </u>
Horseback Riding	Ŕ	Ŕ			
Tethered Hot Air Ballooning	•	•	Laser Tag / Target Paintball	<u>Ř</u>	<b>X</b> -
Ice Skating			Slacklining	<u> </u>	<u> </u>
Kayaking	×	×	Skateboarding	Ţ	ð
Paddle Boarding	2	2	Fencing	<del>گر</del>	<del>گر</del>

When girls spend quality time outdoors, they thrive physically, emotionally, and intellectually. GSUSA's national outdoor program builds girls' abilities, provides adventure, and encourages advocacy across the movement.