



Volunteer Conference 2019

GIRL SCOUTS SAN DIEGO

Saturday, Aug. 3

8 a.m.-6 p.m.

San Diego Convention Center, 111 West Harbor Drive, San Diego, CA 92101

Join your fellow volunteers for informational learning sessions! All adults are welcome.

SESSION A

Register online or download printable form at sdgirlscouts.org/vc. Choose one option for Session A.

LEGEND

Audience:

CSA = older girls

P = parent

DBJ = younger girls

Topic:

☑ = adult development

☆ = fun

▲ = girl leadership

🏕 = outdoor

🌐 = travel

💰 = entrepreneur

◆ = General G.S. knowledge

⚡ = STEM

Cookie Program MD \$

Troop leaders, are you interested in keeping your cookie program healthy? Preventative maintenance and continuity of care are the best defense against cookie emergencies. Learn about steps you can take to support your troop and service unit cookie coordinators that will ensure that your troop doesn't need urgent care during the 2020 cookie program.

Get Outside! 🏕

Unsure where to get started on your camping journey? Looking for more ideas to expand on your troop's camping repertoire? This class is for you! Our experts will tell you all about awesome local camping and outdoor opportunities, and help you gauge girl readiness and develop the skills to progress in their outdoor journey.

Girl Led in Practice CSA | ▲

As girls get older, they can assume more responsibility in the troop! That field trip research that needs to be done, price shopping for the best vendor...these are things you can start passing on to your girls. This class will give you hands-on experience with various models of troop governance, as well as strategies for getting girls to step up - so you can step back.

Inclusive Communication P | ☑

Words carry power. Reduce unintended discrimination by incorporating words and phrases that avoid stereotypes or prejudice. Learn best practices for modeling inclusive language for your troop members in this safe, interactive workshop.

Just Junk: Stuffed Stuff ☆

The Just Junk series is BACK—stuffed with simple and adorable projects you can teach to girls of all ages! Join in a hand-on class to learn to make easy stuffed & plush little items to play with, wear, and display, using materials you can probably find in your home! All materials included!

Leveraging Your GS Experience ☑

It's time to claim a little credit for all that you do! Let's face it, sometimes Girl Scouts feels like your job. As leaders, co-leaders, and engaged 4Her helpers, you put in a lot of time and effort to making your troop successful. The skills you develop as a Girl Scout volunteer—in project management, delegation, team building, etc.—are skills you can translate to your professional life.

San Francisco Golden Gate Bridging

(continued in Session B) DBJ | 🌐

Each April, Juniors from across the U.S. travel to San Francisco and bridge to Cadettes across the Golden Gate Bridge. This trip takes about a year to plan and may be your troop's first big travel experience. Begin your adventure at this workshop: Find out about required training and forms, girl planning, where to go and where to stay, budgeting, getting there and getting around. You asked for it: This is the complete, two-hour workshop!

Songs & Ceremonies ☆ | ◆

Get a taste of some of Girl Scouts' favorite traditions! You'll sing all sorts of songs—from upbeat to poignant—and choose which to include in your troop's ceremonies. Together, songs and ceremonies will make for special and poignant memories for your girls.



STEM on a Shoestring DBJ | ⚡

Explore STEM activities and projects that relate to Girls Scouts' STEM badges and journeys. Learn how to lead these activities for your girls, with items you already have, or can find cheaply.

Visit with Community Partners

Join us in the exhibitor's hall for a session to explore our community partners' offerings. Learn about opportunities for your troop that are in line with the Girl Scout Leadership Experience. From badge or journey workshops, to service learning opportunities, to new and unique experiences for your Girl Scout, you'll find it all here.

Volunteer Toolkit Lab ♦

Get a head start setting up your 2019-2020 year plan! You'll have a chance to see what's new in the Volunteer Toolkit (lots!), explore leader-parent communication functionality, and understand the

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A Girl Friends' Guide to Money ☑ | 💰

Barbara Norman, CFP® will entertain you with "tell-all stories." Gain insights for how to talk to your kids about money, manage budgets, navigate investments, and deal with estate planning. This stuff doesn't have to be intimidating. It just needs a woman's perspective for how to get it done.

Agenda subject to change.

Anxiety—Mental Health First Aid P | ☑

This engaging session covers concerns that show up for troop leaders as they deal with mental health issues such as depression, anxiety, self-harm, and ADHD. Board Member Dr. Divya Kakaiya is a seasoned psychologist with over 30 years' experience dealing with girls. She will talk about ways to build emotional resilience in your girls and introduce you to effective resources.

Co-op Troop Insights P | ☑ | ♦

A co-op troop benefits from a number of adults collaboratively leading a troop. Learn from a panel of co-op troop leaders on developing a culture that embraces the co-op model! You'll hear insights on effectively organizing volunteer roles, getting a handle on training requirements, and determining how best to share the load.

Developing Leaders ☑ | ▲

Girl leadership doesn't just happen. As a leader, you have to meet girls where they are and lay the groundwork for them to grow into planning, organizing, and leading. In this session, you'll dive into case studies that explore girl-leadership at different ages and have a chance to discuss your own challenges with group.

Fun with Cricut ☆ | ♦

Join this session for ideas on unique and creative ways to use your cricut! We'll explore troop crafts you can do as a group, as well as gift ideas for the volunteers and helpers that make your troop or service unit run smoothly. You'll also leave with a better understanding of GSSD's branding guidelines—so you'll know how to make sure your gear looks neat and professional!

Girl Scouts 101 P | ♦

Are you a new leader? The proud parent of a new Girl Scout? Then this class is for you! We'll take you through the basics of Girl Scouts—badges, journeys, our traditions, and our goal for every girl. You'll leave with a deeper understanding of what it means to be a Girl Scout.

Resources tab a little better. The toolkit has new features for every troop—if you haven't checked it out in a while, it's time to take another look! Bring your own smartphone or internet-ready device if you want to follow along.

Youth Leadership CSA | ▲ | ☑

"Girl Led." What does this really mean? If your older Girl Scouts aren't planning and running your troop and service unit meetings or large events, then join Blue Sky's Robin Evans and his youth leadership team to learn how to develop practical leadership skills in your girls. This class will change your older girl program and will give you the foundational leadership tools to take back to your service unit and troop. We will help you develop the leaders of tomorrow and arm them with the experience and confidence to conquer anything they set their minds to.

Go for Bronze! DBJ | ▲

Calling all Junior leaders: Help your girls go for the highest award for Girl Scout Juniors! Discover the steps to the Bronze Award process and Take Action project standards. Hear tips on guiding and mentoring your girls as they develop and implement projects that make the world a better place.

Have you Found the Root Cause? CSA | ▲

Take Action awards ask girls to identify the root cause of an issue they would like to help address. If you struggle with finding the root cause, this session is for you! Karen Henken, USD Professor of Practice, Social Innovation and Entrepreneurship, will walk you through scenarios designed to help girls distinguish a root cause from a presenting problem, and ensure that you are thinking about your audience when designing your project.

High Adventure Experiences CSA | 🌳

Epic adventures can keep girls engaged and interested as other interests compete for their attention. Join us for an overview of backpacking, canoeing, aquatics, climbing...and what the new outdoor badges mean for girls! You'll get an overview of involving girls in your planning process to organize fun, safe adventures that build confidence and create lasting memories.

Play with Clay ☆ | ♦

Get hands on! In this session you'll try your hand at simple air dry clay projects (that meet badge requirements!) that you can take back to your troop. In addition to taking home your own creation, you'll leave with additional project ideas to try later—suitable for indoor and outdoor meetings.

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(continued from Session A) DBJ | 🌐

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Volunteer Toolkit Lab

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SESSION C

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Constructive Conflicts P | ☑

Conflict doesn't have to be negative—it can be a productive vehicle for change! Come to this session to learn how to address conflict in all its forms. You'll walk away from this session with several strategies you can deploy when tough situations arise.

Girl Led in Practice DBJ | ▲

Find out what girl-led means at all age levels. This is a progression, and it can sometimes be a little confusing to figure out how our youngest members can participate. This session will give you hands-on experience with techniques and tools for involving your young ones in the decision-making process.

Go for Silver! CSA | ▲

Calling all Cadette leaders: Help your girls go for the second highest award in Girl Scouts! Learn the ins and outs of the Silver Award process and Take Action project standards, and hear tips on guiding and mentoring your girls as they develop and implement projects that make the world a better place.

Growing Global Girl Scouts 🍀

World Thinking Day is just one day, but global action and cultural awareness matter all year long! Sample cool tools and activities to connect your girls to issues that affect girls and women around the world. Learn how your troop or service unit might earn a subsidy to help run an impactful Thinking Day or other event that raises awareness on these topics.

Next Level \$ Earning 💰

Does your troop have big plans you're unsure how to fund? Maybe you're the parent of an IRM and want a little guidance on what options are available to your girl? We'll help you understand the options available to each group! For those who want to pursue money-earning projects, we'll give you an overview of the approval process.

Next Level Encampments 🍀 | ☆

This session goes beyond the Encampment and Event Director training—and gets into the nuts and bolts that help you to pull-off a smooth, successful encampment. You'll also take back some ideas on incorporating girl leadership into the planning and execution of the event.

Older Girl Opportunities CSA | 🌐 | ▲

When girls make it to Cadettes, a whole other world of Girl Scouting opens up to them! Learn about Destinations—the individual travel opportunities for girls 11 and older. You'll also get a peek at the Girl Advisory Board, Global Arms of Advocacy, and other leadership opportunities girls can get involved in.

Outdoors for Little Ones DBJ | 🌳

Getting younger girls outdoors doesn't have to be intimidating! Join us in this session to discuss what "outdoors" means for our youngest Girl Scouts. We'll also head out side for a bit to learn (read: play!) some games you can take back to your troop. You'll leave comfortable and ready to get outside.

STEM on a Shoestring CSA | 🚀

Explore STEM activities and projects that relate to Girls Scouts' STEM badges and journeys. Learn how to lead these activities for your girls, with items you already have, or can find cheaply.

Team Building CSA | ▲

As girls get older in Girl Scouts, cliques, bullying, and other forms of relational aggression can sometimes crop-up. In this session you'll experience some team-building games and strategies to help your troop effectively manage behaviors and sustain a healthy troop dynamic.

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Explore Letterboxing DBJ | ☆

Fun for all ages, this session is perfect for those curious about the Brownie Letterboxer badge! In letterboxing, girls use clues to find secret letterboxes hidden by others that have special items and stamps inside. Join us in this session for an overview of getting started with this unique combination of hiking and scavenger hunting!

Fall Product Program Vendor Spotlight 💰

The Fall Product Program (formerly the Fall Sale) is easy to take part in and benefits your troop! Sample the full product lineup and join our vendor partners, Ashdon Farms and QSP, as they review successes and improvement areas from the 2018 season, and unveil enhancements to the 2019 UNIFY online ordering system for girls and customers. This session is for everyone—Fall Product Program rookies or seasoned pros.

Go for Gold! CSA | ▲

Calling all Senior-Ambassador leaders: Learn the ins and outs of the Gold Award process, hear about successful projects and come to understand project standards. Understand your role and gain tips on how to support your girls as they go for—and earn—the highest award in Girl Scouting.

Group Behavior Techniques DBJ | ☑

Learn the secrets behind effective group management! We will share the best games, activities, and strategies for working with large groups of young girls.

Journey in a Weekend 🍀

Learn how to embark on a Girl Scout Journey in the course of a single weekend—and still include the essential elements to make it a fun and impactful experience that fits award standards. Discover how to empower girls to come up with a meaningful Take Action Project during their Journey Weekend, so they can later execute it with intention and leadership. Get a jump start on planning with specific tools and advice from a successful leader.

Outdoor STEM 🌳 | ⚡

Join us for a hands-on exploration of all things STEM! We'll take a look at projects you can conduct outdoors so you can get down and science-y on your next camping trip.

Play It Safe! Self-Defense ☆

Go “Chihuahua Crazy!” Play It Safe Self-Defense teaches verbal and physical defense techniques, with topics including bully defense, overcoming friendship drama, appropriate touch, and stranger awareness and defense. Empower yourself to coach Daisies-Ambassadors in these areas.

Agenda subject to change.

Raising Resilient Girls in Your Troop P | ☑ | ▲

Understand the iGeneration and how to bring mindful use of technology with your girls. Board Member Dr. Divya Kakaiya will address issues that are emerging with social media, and age-appropriate use of technology, while understanding the brain. Gather Dr. K's useful tips on setting limits and ways to cultivate the resilient, mindful self.

SWAPS Sampler ☆ | 🍀

Looking for easy SWAPS that won't drain troop resources? Look no further! This class will introduce you to ten easy SWAP ideas—CHART your COURSE and hopefully inspire you to get creative with the bits and bobs already floating around your house.

Traveling with Girl Scouts CSA | 🌍

Get your Girl Scout passports ready—a world of exciting travel opportunities await! In this session, you'll get an overview of global travel opportunities for older girls. We'll take a close look at the Destinations Travel Program, as well as other Girl Scout-related troop travel trips like Juliette Low's home in Savannah, GA, WAGGGS World Centers, and the G.I.R.L. 2020 conference. You'll leave this session with tips and tricks on global travel, application advice, and fundraising tips.

Volunteer Toolkit - Multi-Level Troop Special 🍀

Running a multi-level troop can be a tough job—meeting different emotional needs, lining up badge requirements, and juggling different award requirements. Learn how VTK can help! We'll share some tips and tricks for getting VTK to do the heavy work for you!

